# 25

SPRING/ SUMMER CATALOG





Cactus at night, from Urban Trails: Tucson by Sirena Rana



Mountaineers Books is an independent nonprofit publisher



**MOUNTAINEERS BOOKS** is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



# CONTENTS

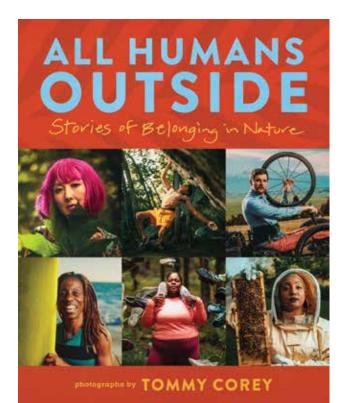
NEW FOR SPRING/SUMMER	4
PREVIOUSLY PUBLISHED	
Braided River (conservation)	22
Skipstone (lifestyle)	
Climbing	
Cycling	
Family Adventures	
Fitness & Health	35
Gifts	
Nature	
Outdoor Education	43
Photography	
Stories	45
Survival	57
Trail Guides	59
Hiking	59
International Guidebooks	64
Runs, Scrambles, & Walks	64
Multi-Activity Adventures	65
Appalachian Trail Conservancy	66
Colorado Mountain Club	68
Green Trails Maps	70
Water Sports	74
Northern Forest Canoe Trail Maps	
Winter Sports	
INDEX	

**BRAIDED RIVER** features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations. **SKIPSTONE** is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

#### ALL HUMANS OUTSIDE

Stories of Belonging in Nature

**TOMMY COREY** 



368 pages | 7½ x 9¼ | \$39.95 | hardcover | 275 color photos ISBN 978-1-68051-706-4 | Nature/Photography/Diversity Rights: World

#### ABOUT THE AUTHOR

TOMMY COREY is an LGTBQ+ Mexican-American photographer whose creative endeavors focus on diversity, inclusion, and accessibility in the outdoors. His work has been featured by *Outside*, GearJunkie, PetaPixel, This Is Range, the Pacific Crest Trail Association, and many outdoor nonprofits. His thru-hike of the Pacific Crest Trail led to a wholehearted



devotion to the outdoors. Corey is based in Redding, California.

ONLINE:

tommycorey.com O@tommycoreyphoto

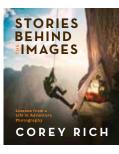
An extraordinary celebration of diversity and belonging in the outdoors

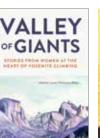
- Full-color photography and profiles of 101 unique individuals from hikers to climbers, beekeepers to park rangers
- 250-plus portrait and action photos feature a wide range of ages, ethnicities, body sizes, sexualities, gender identities, and physical abilities
- Profiles and first-person accounts describe life-changing connections with nature

Featuring the elevated, intimate art of photographer Tommy Corey, *All Humans Outside* is a reflective look at the varied ways people's lives are forever changed by nature through sustainability and conservation work, outdoor sports and recreation, community building, and more. Corey traveled across the United States and conducted more than two hundred interviews to chronicle these diverse experiences, sharing them through documentary-style photography and both first-person and third-person stories.

Subjects include backcountry horse rider Gillian Larson, Triple Crowner and sponsored athlete Jack Jones, self-described "seminomadic van-dwelling grandma" Pacific Crest Trail hiker Karen DeSousa, Filipinx immigrant and park ranger Francis Eymard Mendoza, adaptive athlete Annijke Wade, New York Hunters of Color ambassador Brandon Dale, bestselling author and runner Mirna Valerio, and many more.

All Humans Outside is a stunning collection of stories in which everyone can find inspiration.







# KAM REDLAWSK

I WAS ABANDONED AT BIRTH IN DAEGU, South Korea, and adopted by a white family in Michigan. I had a regular working-class Midwest upbringing. I played more "tomboy" types of sports with my big brothers and soccer for about thirteen years. In high school, Ibegan to notice things were different about me physically.

While playing soccer my junior year of high school, nothing happened when I went to kick the ball. Even though I thought "kick," I physically couldn't—there was a disconnect between my body and mind. I suspected something was wrong as this lack of control persisted, and thus began the journey of learning that I had an extremely rare muscle-wasting disorder; GNE wrooathy.

I worked to be my own best advocate to find out what was going on while I was traversing the diagnosis process. It took me about five years and five different diagnoses to find some semblance of what was happening to me. As my disease progressed, I started using a cane first, then braces as my legs weakened. It was frustrating because my body was wasting away, but I still had no answers. Every time I would find an explanation, I would eventually learn my diagnosis was incorrect and then I would have to start all over again. The hardest part was doing it all allone because no one believed me.

Disability is incredibly diverse. Society tends to clump all disabled people under one umbrella when, really, everyone has different conditions, diseases, and parameters around their situation. My disease is progressive, so I am constantly forced to adapt to a moving target—and adapt to loss. Every week, every month, every year, something changes, and I lose something. I'm not just losing parts of my physicality; I'm losing things that I loved and used to do, things that I equated with my identity. That's been one of the most difficult aspects of having a progressive condition.

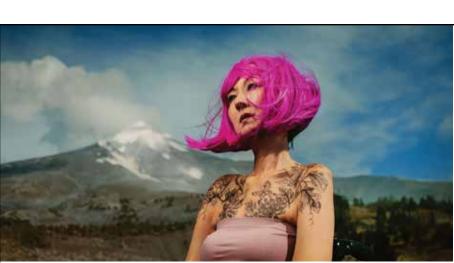
My condition has also forced me to look at aspects of my life beyond my physicality. For that, I'm really grateful, because it's pushed me to live my

#### BEHIND THE SCENES

I met Kam when we made a film together about her disability and how it brings her in closer comnection to nature. It was our first time meeting in person, and we spent an entire week down in Joshua Tree filming together. I am embarrassed to admit this, but I never had

I am embarrassed to admit this, but I never had a friend with her level of disability before, so I was nervous. Would I offend her? Would I act weird? Would I be able to tell her story in a way that she would be proud of?

I am so grateful that we became friends after that film. She's taught me a lot and opened up a world of possibilities when it comes to who I can connect with. If I had never met Kam, I don't know if you'd be holding this book.



life knowing that it's progressive and I do have time, but one day, I won't have any mobility left. That really gave me a focus and purpose. My life isn't over, but I know these things I can do will be over one day—so I'm going to live.

I have been living with this disease for more than twenty years, and it still hurts me to talk about it. Even though I've lived with it half of my life,

The more people see us, the more they will think of us and realize we are more alike than not.

I could've seen more

hearing it out loud makes it feel real. I'm not remembering something that has happened; I'm experiencing something that is happening *now*. My disability has never stopped my relationship with

 
 we are not.
 nature. I never had any role models or ever saw any disabled people represented out in nature. J just knew that I loved road trips and being outside. It would be nice to do so much more when I'm out in nature. I wish that national parks or recreation areas would think of disabled people when they create trails—making them flatter or paved sow can traverse the space with ease. At the end of a road trip, when I'm looking in the rearrive mirror, there's inherent sorrow because I wish



I think most nondisabled people think disabled folks don't want to come out of our houses or do things outdoors. But the reason you don't see us is because places are inaccessible. What people don't see is that we are human and normal just like everyone else—we have the same passions, the same curiosities, the same heartaches and struggles. The more people see us, the more they will think of us and realize we are more alike than not. That's why stories like mine are so important.

Disability is such a harrowing experience for people to imagine, because imagination is just empathy in creative motion. To imagine what life is really like for a disabled person requires empathy, which provokes changechanging minds, laws, accessibility, and structures so that they include all people. For access to nature to be truly inclusive, it's essential to represent the spectrum of the human condition that exists.

## **NEW SERIES: CAMPFIRE STORIES GUIDES**

#### Ignite a sense of wonder and discover a deeper appreciation of place through storytelling

- Curated story collections explore the rich and diverse legacies of America's beloved natural places
- Local recommendations for outdoor exploration, select cultural activities, camping options, gateway towns, and more
- "How to Visit Well" and "Community Resources" sections offer tips on sustainable travel while highlighting cultural, Indigenous, and conservation organizations

Expanding on the bestselling *Campfire* Stories volumes, which feature shareable tales from our national parks, this new series from Ilyssa and Dave Kyu immerses readers in the storytelling endemic to America's beloved natural spaces, offering unique tours through diverse histories, lore, and landscapes.

Part story collection and part travel companion, each eyecatching volume begins with an anthology of "campfire stories"—from classic passages to original poetry, historical excerpts to fresh perspectives, treasured folk songs to local myths. Through the magic of storytelling, readers are deeply drawn into each distinctive terrain. These tales are then followed by a mini-guide: community-sourced recommendations for outdoor activities, cultural landmarks, and historical points of interest that will enrich the reader's experience, as well as tips on how to best travel lightly and respectfully through these scenic and varied public lands. CAMPFIRE STORIES A CAMPFIRE STORIES A CAMPANE A COMPANION COMPANION

# CAMPFIRE STORIES: THE ADIRONDACKS

TALES & TRAVEL COMPANION

#### ILYSSA KYU AND DAVE KYU

192 pages | 4½ x 6½ | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-748-4 ebook 978-1-68051-749-1 | Outdoors/Public Lands/Stories Rights: World

Contributors include Robin Wall Kimmerer, Joseph Bruchac, Bill McKibben, Alan Steinberg, June Frankland Baker, Henry Abbott, William H. H. Murray, and Matt Dallos.

#### ABOUT THE EDITORS

ILYSSA KYU is a design researcher focused on storytelling and creative solutions at the intersection of nature, design, and inclusion and the founder of Amble, a sabbatical program for creative professionals to take time away with purpose in support of nature conservancies. DAVE KYU is a socially engaged artist, writer, and arts administrator. Born in Seoul, South Korea and raised in the United States, he



explores the creative tensions of identity, community, and public space in his work. They live with their two daughters outside of Philadelphia and are always seeking adventure and connection in the outdoors.

ONLINE:

campfirestories.com @@campfirestoriesbook

## AVAILABLE IN APRIL



# CAMPFIRE STORIES: CAPE COD

TALES & TRAVEL COMPANION

#### ILYSSA KYU AND DAVE KYU

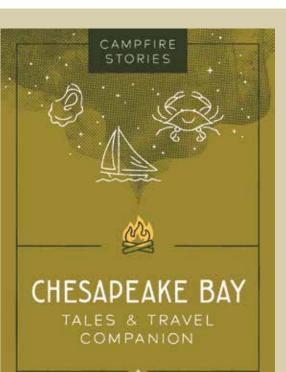
 192 pages | 4½ x 6½ | \$18.95 | paperback

 1 full-color map | ISBN 978-1-68051-750-7

 ebook 978-1-68051-751-4 | Outdoors/Public Lands/Stories

 Rights: World

Contributors include Michael Cunningham, David Gessner, Elizabeth Bradfield, Mark Doty, Henry Beston, Mary Oliver, and Clare Leighton.



edited by ILYSSA KYU & DAVE KYU

# CAMPFIRE STORIES: CHESAPEAKE BAY

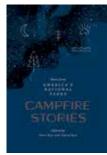
TALES & TRAVEL COMPANION

#### ILYSSA KYU AND DAVE KYU

192 pages | 4½ x 6½ | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-752-1 ebook 978-1-68051-753-8 | Outdoors/Public Lands/Stories Rights: World

Contributors include Tiya Miles, Annie Marhefka, Gilbert Byron, Tom Wisner, James Michener, Audrey Scharmen, Makshya Tolbert, and RagghiRain.

#### THE CAMPFIRE STORIES COLLECTION









#### **Coming September 2025:**

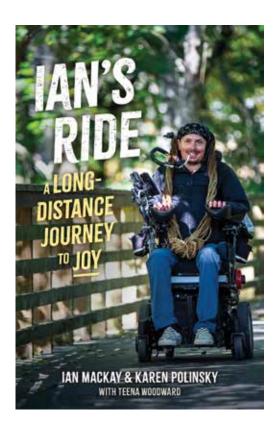
The Redwood Coast The San Juan Islands Santa Fe & Taos

# AVAILABLE IN APRIL

#### IAN'S RIDE

A Long-Distance Journey to Joy

#### IAN MACKAY AND KAREN POLINSKY WITH TEENA WOODWARD



208 pages | 5½ x 8½ | \$21.95 | paperback | 8-page color insert ISBN 978-1-68051-742-2 | ebook 978-1-68051-743-9 Memoir/Outdoors/Disability | Rights: World

# Inspiring story about living with disability and the transformative power of the outdoors

- An intimate look at the life, challenges, and successes of a C2 quadriplegic
- Ian holds the world record for the greatest distance traveled in a motorized wheelchair in 24 hours, as featured in Sports Illustrated
- Rooted in the Pacific Northwest, with the Olympic Peninsula's Discovery Trail as a key setting

While studying as a biology undergrad at UC Santa Cruz, Ian Mackay crashed his bike into a tree on campus. Paralyzed from the shoulders down, Mackay adapted to his new life with the help of his dedicated family, particularly his mother, Teena Woodward, and a group of quirky friends. After years of despair, and against all odds, he became an inspiring leader, an innovator with Apple, and a world-record-breaking athlete. In this intimate memoir based on more than one hundred hours of interviews, journal entries, and more, writer Karen Polinsky recounts with Ian his accident and determined recovery, in which he discovered the healing power of nature and community.

*Ian's Ride* is both a personal journey and an adventure quest for nature lovers, endurance athletes, and anyone struggling with a life-changing loss or diagnosis. This deeply moving true story examines how we exist in our bodies, adapt to and overcome adversity, and above all what makes our hearts tick.

#### ABOUT THE AUTHOR

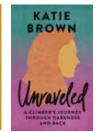
IAN MACKAY, a C2 quadriplegic, is an environmentalist and endurance athlete and executive director of Ian's Ride, which aims to increase accessibility to the outdoors. Mackay is an ambassador for the Rails-to-Trails Conservancy and a proud board member of The Here and Now Project. He lives in Port Angeles, Washington. ONLINE: iansride.com ©@ians\_ride

A former journalist and high school teacher, KAREN POLINSKY is a novelist and playwright. She has written more than a dozen fully produced scripts, including two plays featured in the PDX Fertile Ground Festival, and the recent dance drama *Heart of Stone*. Polinsky lives in Portland, Oregon.





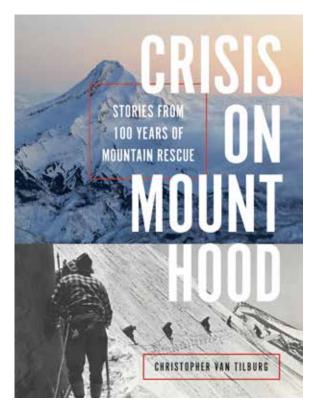




## CRISIS ON MOUNT HOOD

Stories from a Hundred Years of Mountain Rescue

#### CHRISTOPHER VAN TILBURG



240 pages | 6 x 8 | \$24.95 | paperback | 8-page color insert 1 map | ISBN 978-1-68051-714-9 | ebook 978-1-68051-715-6 Nonfiction/Adventure/Pacific Northwest **Rights: World English Language** 

Gripping true stories of life-or-death mountain rescues with the Hood River Crag Rats—America's oldest search and rescue team.

- Each chapter begins with the author's riveting stories of rescue missions on Mount Hood
- Covers a century of Crag Rats history and profiles inspiring rescue volunteers, from teacher Lisa Rust to 68-year-old Brian Hukari
- Explores how overcrowding, climate change, and technology have increased search and rescue calls

In Crisis on Mount Hood, author and emergency room doctor Christopher Van Tilburg looks at the history of America's oldest all-volunteer mountain rescue team, the Hood River Crag Rats, and his own three-decade commitment to search and rescue. Centered on Oregon's iconic 11,249-foot-high Mount Hood, considered by many to be the world's most-climbed glaciated peak, this dramatic narrative leads readers through a century of life-and-death challenges.

Covering the past, present, and future of Mount Hood, Van Tilburg highlights the titans of mountain rescue, the ways that outdoor recreation has changed over time, the challenging effects of climate change, and, most of all, the unwavering passion of search and rescue volunteers.

#### ABOUT THE AUTHOR

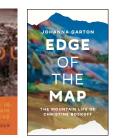
CHRISTOPHER VAN TILBURG, grew up in the Pacific Northwest and first climbed Mount Hood in 1994. He is an author and physician practicing emergency, wilderness, occupational, and travel medicine, as well as a medical director for four regional search and rescue teams, a past chair of Mountain Rescue Association's Medical Committee, and a USA delegate to the International



Commission for Alpine Rescue. Van Tilburg serves as the Hood River County public health officer and as medical examiner for five Oregon counties. For over twenty-five years he has volunteered for the Hood River Crag Rats mountain rescue team. Van Tilburg lives in Hood River, Oregon.

ONLINE: christophervantilburg.com

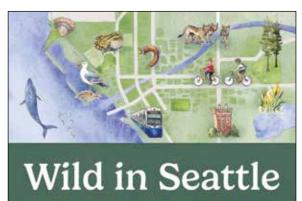




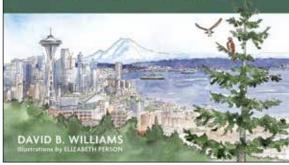
## WILD IN SEATTLE

Stories at the Crossroads of People and Nature

#### DAVID B. WILLIAMS, ILLUSTRATIONS BY ELIZABETH PERSON



STORIES AT THE CROSSROADS OF PEOPLE AND NATURE



224 pages | 6 x 8 | \$22.95 | paperback | 49 color illustrations ISBN 978-1-68051-765-1 | ebook 978-1-68051-766-8 Natural History/Seattle | Rights: World

#### ABOUT THE AUTHOR

DAVID B. WILLIAMS is an historian, naturalist, and tour guide whose award-winning books include Homewaters: A Human and Natural History of Puget Sound and Too High and Too Steep: Reshaping Seattle's Topography. He publishes a free weekly Substack newsletter, "Street Smart Naturalist."



ONLINE: geologywriter.com

ELIZABETH PERSON is known for her unique map illustrations, informational art, and Northwest themes. She works primarily in ink and watercolor from her studio in Everett, WA where she also manages an online store and commissions.

ONLINE: elizabethperson.com @@elizabeth\_person

An entertaining and history-packed exploration of Seattle's familiar yet often overlooked natural, urban, and geological wonders

- More than 40 essays dive into the geology, animals, plants, and architecture that shape Seattle
- Fully illustrated by celebrated local artist Elizabeth Person
- Fun and fascinating sidebars explore regional vocabulary, scientific terms, and Indigenous language phrases

For award-winning natural history writer David B. Williams, to be connected to a place you need to pause and look deeply at it. Wild in Seattle is Williams' delightful journey of discovery in this city where not only is nature all around, it's also written in the stones of the urban landscape. Explore the geologic history of glaciers, tsunamis, earthquakes, and volcanoes as well as the ways humans shape the Seattle topography. From backyards to downtown, watch for coyotes, crows, seals, otters, owls, and so much more wildlife who also call the region home. Look up at the buildings to find terra cotta eagles, stone that traveled over millions of years from Asia to the San Juan Islands, and clues to the horses who used to power the city's transportation network. Wrap your arms around a giant Douglas-fir, appreciate the unsung yet remarkable skunk cabbage, stop and listen to the spring chorus of frogs.

Williams' lively essays woven with Elizabeth Person's engaging illustrations will fire up the curiosity of both residents and visitors alike, inspiring all to take a fresh look at the Emerald City.

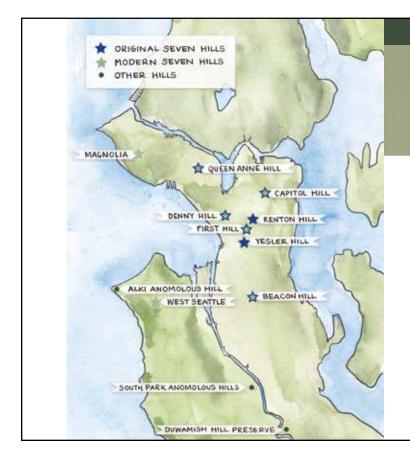
#### ALSO OF INTEREST





DISCOVERING

A LOCAL'S GUIDE



# **Of Eagles and Terra-Cotta**

Downtown Seattle is a good place to go birding. I have seen pelicans, ravens, and ducks, including several sets of tracks. None are living or produced by an animal; all are adornments on buildings, except the tracks, which some whimsical builder embedded in the sidewalk. I have also counted more than 120 eagles (and close to 300 lions, the most abundant architectural animal). The most formidable are several scowling atop the Camlin Hotel at 1619 Ninth Avenue. I have also seen two that carried the sun, many that are abstract, one that looks guilty, and several seemingly ready to soar. Whenever I am in doubt as to the bird species being depicted, if the image includes a beak and talons, I assume it's an eagle, as these features seem, to me, to be the essence of eagleness.

Nearly all of the urban eagles are molded terra-cotta, a building material that was widely used in the city between the 1890s and 1930s. The reasons were severalfold. It was cheaper and lighter than stone, easier to fashion into any desired shape, and fireproof. Plus, clay, its main ingredient, was easy to obtain, primarily by quarrying the city's hillsides of beds deposited during the previous Ice Age. These clay layers, as well as forty-million-year-old clay deposits found east of Lake Washington, are also why so many buildings and roads in King County were built with brick.

#### DUWAMISH

The name refers to people of the inside place, or those who lived along what have been named the Duwamish, Cedar, and Black Rivers. As with other words from Lushootseed, the Native language of Puget Sound, the English version approximates the original word, dx<sup>w</sup>daw?abš. *Absh*, or *ish*, means "people." Today, the Duwamish continue their social, cultural, and economic life through their Longhouse and Cultural Center, near the mouth of the river.

the Blakeley Formation, which most likely used to form a sea stack, possibly connected to land by a tombolo. (Dang, how often does a geogeek get to write *tombolo* and *turbidity* in the same sentence? Clearly not often enough!) At low tide, you can also see the Blakeley as it continues south of Alki Point, part of the reason for good tide pooling in this area.

The Blakeley also forms the two hills west of the Duwamish River in the South Park neighborhood. Unlike the rest of the Duwamish River valley and its relatively flat land, which consists of young (post–Ice Age) horizontal river deposits (which also means this area is highly susceptible to flooding), the hummocks rise to 110 feet. Another idiosyncrasy is that unlike many of the Seattle hills, which tend to be steepest on the east and west sides due to glacial carving, the higher of the two South Park tors drops precipitously on the north. For those parties interested in this abrupt ascent, two stairways (85 and 114 steps) climb the west hill.

The most accessible and tantalizing mound—Duwamish Hill Preserve rises on the banks of the Duwamish. Protected and planned by a public and private partnership, the preserve has a short trail with steps to the summit and many interpretive signs. I have also read that the knoll provided a vantage

23

OF EAGLES AND TERRA-COTTA

The most aquiliferous building was built in 1925 for the Fraternal Order of Eagles as their Aerie No. 1. (The organization started in Seattle in 1898 as the "Seattle Order of Good Things.") The building at 700 Union Street features thirty-three eagles, including a full-bodied, three-dimensional eagle made out of terra-cotta, cast at a cost of \$2,100 (around \$36,500 today) and described in a City of Seattle landmarks report as "an unprecedented achievement at the time." In addition, an eagle with spread wings sits atop a flagpole on the roof; I once saw a gull sitting on the ersatz eagle.

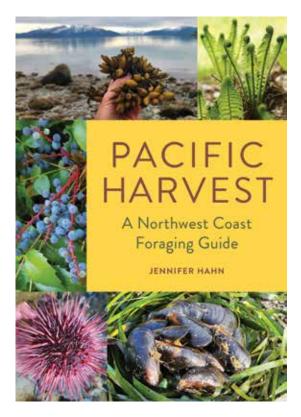


# SKIPSTONE

# PACIFIC HARVEST

A Northwest Coast Foraging Guide

#### JENNIFER HAHN



368 pages | 6 x 8½ | \$26.95 | paperback | 175 color photos ISBN 978-1-68051-668-5 | ebook 978-1-68051-669-2 Food/Foraging/Nature | Rights: North American

#### <u>ABOUT THE AUTHOR</u>

JENNIFER HAHN is an author, scientist, teacher, culinary explorer, and wilderness guide. She teaches sustainable wild food harvesting at Fairhaven College of Interdisciplinary Studies at Western Washington University and leads seaweed workshops for the North Cascade Institute, Salish Sea tribes, and First Nations. Her first book Spirited Waters: Soloing South through the Inside



Passage won the Barbara Savage Miles from Nowhere award. A naturalist and guide in Southeast Alaska and the Inside Passage, Hahn lives in Bellingham, Washington.

ONLINE: pacificfeast.net

# Discover the Pacific Coast's tastiest wild delicacies from the beach, field, and forest!

- Highlights 70-plus edible species including seaweeds, beach vegetables, shellfish, mushrooms, berries, trees, ferns, and wild and weedy greens
- Includes more than 60 recipes, plus tips for enjoying this natural abundance
- Key sections describe sustainable harvesting practices

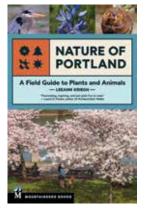
Pacific Harvest, written by expert forager and guide Jennifer Hahn, introduces both novice and more experienced foragers to the Pacific Coast's ample and diverse edible species. Recognizing your local edible berries, flowers, greens, roots, tree parts, mushrooms, seaweeds, beach vegetables, and shellfish is a passport to a comforting sense of place. Hahn shares immersive descriptions of her foraging adventures as well as full-color photos to make identifying these species easy and enjoyable. Each featured food listing includes common names, taxonomy, primary location, description, harvesting details, and culinary tips for transition from the wild to the kitchen table. Select listings call out notable nutrition and wellness benefits, along with contemporary research on conservation status.

This coastal foraging guide highlights authentic Indigenous harvesting practices including profiles of Indigenous leaders in the traditional foods movement. Hahn emphasizes a sustainable approach to foraging, reminding readers what other beings also depend on these plants and animals as food and shelter sources.

Pacific Harvest incluides dozens of recipes featuring foraged foods, ranging from no-fuss delights like Salal Berry Scones and Kelp-Wrapped Salmon to comfort foods like Fiddlehead Quiche and Horse Clam Stir-Fry.



## AVAILABLE IN MAY



#### NATURE OF PORTLAND

A Field Guide to Plants and Animals

LEEANN KRIEGH

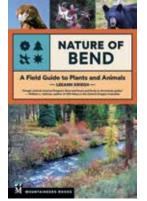
320 pages | 5½ x 8½ | \$22.95 | paperback | 900+ color photos 40 illustrations | ISBN 978-1-68051-791-0 | ebook 978-1-68051-792-7 Guidebook/Northwest/Field Guide | Rights: World

# Hyper-local field guide to Portland, Oregon's plants and animals

- Highlights when and where to see more than 350 species
- Full of local natural history, ecology, stories, and facts
- 10 "treasure hunts" in the city, from Powell Butte to Fernhill Wetlands

Learn what's buzzing and blooming with this one-of-a-kind guide to Portland-area plants and animals. LeeAnn Kriegh's fresh, funny take is full of inspiration about where to go, what to look for, and how to enjoy the nature right under your nose. Listings include common and scientific names; key details like size, bloom time, and months seen; natural history and ecology tidbits; what to look for when identifying species, and exactly where to find it. Full-color photographs help readers identify more than 350 birds, wildflowers, trees, and animals.

Sidebars with quotes, facts, and tips expand readers' appreciation of Portland's local natural history and ecology—from where to find the best cherry trees and birding experiences, to the sex lives of dragonflies and much more.



NATURE OF BEND

A Field Guide to Plants and Animals

LEEANN KRIEGH

304 pages | 5½ x 8½ | \$22.95 | paperback | 600+ color photos 40 illustrations | ISBN 978-1-68051-789-7 | ebook 978-1-68051-790-3 Guidebook/Northwest/Field Guide | Rights: World

# Approachable, easy-to-use field guide to the plants and animals of Central Oregon

- Features more than 350 plants and animals
- Includes a dozen scavenger hunts across Central Oregon
- Detailed descriptions of where to look for every species on trails and in local parks

The Nature of Bend is a field guide like no other. Funny, informative, and filled with local flavor, it's the one nature guide that both locals and visitors need to find, identify, and learn all about Central Oregon's plants and animals. Listings include common and scientific names; key details like size, bloom time, and months seen; natural history and ecology tidbits; what to look for when identifying species, and exactly where to find it. Full-color photographs help readers identify more than 350 birds, wildflowers, trees, and animals while humorous sidebars and local stories educate and entertain. Fun facts will pique readers' interest and encourage them to dive deeper.

#### ABOUT THE AUTHOR



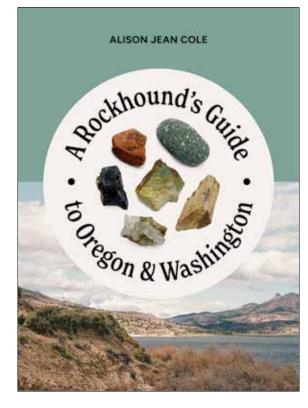
LEEANN KRIEGH was raised on the west side of the Cascades, picking strawberries, catching crawdads, and helping woolly bears cross the road. She earned her bachelor's and master's degrees in English and has written for *The Oregonian*, along with many magazines, businesses, and nonprofits. She's the author of two nature guides, and after fifteen years on Sauvie Island, now lives in Bend, OR.

ONLINE: natureofbooks.com



## A ROCKHOUND'S GUIDE TO OREGON & WASHINGTON

#### ALISON JEAN COLE



256 pages | 5½ x 7½ | \$24.95 | paperback | 140 color photos 61 maps | ISBN 978-1-68051-699-9 | ebook 978-1-68051-700-2 Guidebook/Washington/Oregon/Nature | Rights: World

#### ABOUT THE AUTHOR

ALISON JEAN COLE is a geology enthusiast and artist. Frequently traveling all over the western states in search of material to use in her lapidary craft, she leads rockhounding expeditions, runs a geology festival in Utah, and is a proud member of the Mount Hood Rock Club. She is the author of *Beautiful Rocks & How to Find Them*, and publishes THUNDEREGG, a zine that focuses on the changing face of rockhounding culture. She lives in Portland, OR.



ONLINE: alisonjeancole.com O@alisonjeancole

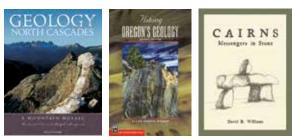
# An authoritative, colorful guide to the best rockhounding sites in Washington and Oregon

- Features 60 outstanding rockhounding sites
- Emphasizes rockhounding basics, sustainable collecting, and Leave No Trace principles
- Includes must-know instructions for beginner rockhounds
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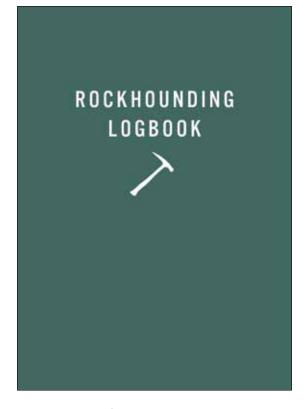
The Pacific Northwest's geologic history is rich with glacier and volcanic activity, the collision of ocean crust with the continent, and epic floods leaving behind a treasure trove for rockhounds. Alison Jean Cole has carefully selected 60 top sites and guides readers to such finds as agates and jaspers in Washington's Cascades and Oregon's Blue Mountains, petrified wood and leaf fossils in the Owyhee Uplands, or jades and marbles in the North Cascades and southeastern Oregon.

A Rockhound's Guide to Oregon & Washington emphasizes that rockhounding is about quality not quantity. Readers will find thorough explanations of federal and state collecting rules, rockhounding ethics, as well a framework for a tread-lightly ethos. A section on tools and preparedness guides the beginning collector, and a glossary of terms is a helpful resource for all budding geologists.

In addition to detailed information on where exactly to begin a rock hunt, every location features an overview of the area's geologic history and age, what types of rocks are worth finding there, needed tools, land manager, and collection limits. Clear driving directions with GPS coordinates, road quality and trip safety information, best season to go, and an informative map round out each description.



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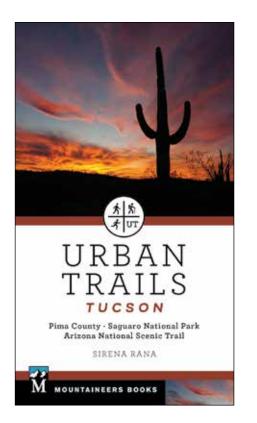
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Pima County \* Saguaro National Park \* Arizona National Scenic Trail

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Surrounded by five mountain ranges, with high points ranging from roughly 4,700 to 9,400 feet, the growing metro region of Tucson, Arizona, has a dramatic mountain view in every direction. Within the city limits lies a spectacular abundance of accessible nature, including a wide variety of trails: pedestrian paths, singletrack trails, mountain parks, and river walks.

*Urban Trails*: Tucson covers 47 hikes, in the city limits and Pima County Parks, on the Arizona National Scenic Trail, throughout Saguaro National Park, in Madera and Texas Canyons, and so much more. Author Sirena Rana shares tips and tricks for recreating safely in the desert environment and covers plants, animals, history, archaeology, geology, and the Indigenous people of the region, as the Tucson basin is one of the longest continually inhabited areas in the United States. Sidebars sprinkled throughout offer local information, including a glossary of trail terms, Tucson's rich gastronomic history, Southeastern Arizona's status as a hot spot for birding, the local annual rodeo, and the famous Gem and Mineral Show.

#### ABOUT THE AUTHOR

SIRENA RANA is an advocate for the outdoors and wildlife and founder of Trails Inspire, which provides consulting services dedicated to promoting the outdoors as a place of personal health, economic development, and tourism through public speaking, freelance writing, photography, trail design and community engagement. She has worked as the Gateway Community Liaison for the

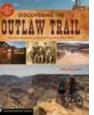


Arizona Trail Association and as a rafting guide in the Grand Canyon. The author of Best Day Hikes on the Arizona National Scenic Trail, Rana has helped to build, maintain, and promote the 800-mile Arizona Trail (AZT), a trail she has completed twice. Rana lives in Tucson.

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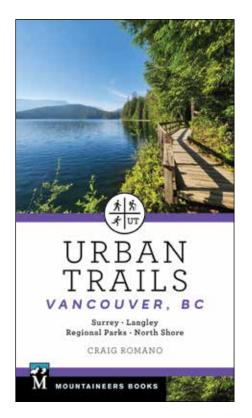




## URBAN TRAILS: VANCOUVER, BC

Surrey \* Langley \* Regional Parks \* North Shore

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#### ABOUT THE AUTHOR

CRAIG ROMANO is a prolific and awardwinning author, an ardent conservationist, and a Northwest trails and hiking expert. He hikes, runs ultra-marathons, paddles, and bikes and has written for more than two dozen publications including Northwest Travel and Life, Washington Trails, Seattle Met, Backpacker, and AMC Outdoors. He provides weekly content for Hikeoftheweek.com and is



co-host of the Washington State Hiking podcast. He lives in Skagit County, Washington, but he is most frequently out hiking or trail running somewhere, often accompanied by his wife, Heather, and son, Giovanni.

ONLINE: craigromano.com O @craig.romano

#### Perfect guide for both visitors and residents of British Columbia's sparkling destination city!

- Features 55 trails, most with public transit options to trailhead
- Includes trail distance, high point, estimated time, amenities, and more
- Sidebars on area history, nature, tips, and sights

In this region rich with natural beauty, Urban Trails: Vancouver, BC spotlights 55 trails, parks, preserves and greenbelts within Vancouver and across the 21 municipalities of the greater Vancouver area. Some destinations take readers to old-growth forests, lakeshores, coastal beaches, riverfronts, and wildliferich wetlands while others uncover accessible trails and peaceful corners right within urban centers. Whether readers are looking for a spot to walk with the kids, take a midafternoon trail run, or enjoy a weekend adventure, Craig Romano has found the perfect spot. Locals may discover—and gain a fresh appreciation for parks and preserves that reveal a new corner of their city to them while visitors can energize their explorations with a little fitness and outdoor recreation.

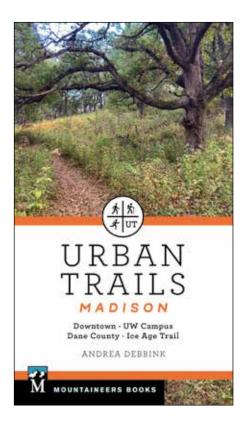
Detailed descriptions and maps feature routes in central Vancouver, West Vancouver, North Vancouver, Burnaby, New Westminster, Port Moody, Coquitlam, Port Coquitlam, Pitt Meadows, Maple Ridge, Richmond, Delta, Surrey, White Rock, Langley, Bowen Island, as well as Point Roberts, Washington. Throughout, Romano offers tips on avoiding crowds, finding trails that are accessible for wheelchairs and strollers, and ways to extend the adventure with extra destinations.



#### URBAN TRAILS: MADISON

Downtown \* UW Campus \* Dane County \* Ice Age Trail

#### ANDREA DEBBINK



224 pages | 4 x 7 | \$18.95 | paperback | 50 color photos 41 maps | ISBN 978-1-68051-727-9 | ebook 978-1-68051-728-6 Guidebook/Hiking/Wisconsin | Rights: World

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- Features 40 trails, with maps, detailed route descriptions, and friendly tips to get the most out of every excursion
- Author is a Madison local and expert naturalist
- Includes notes and information about winter hiking, trail accessibility, and local flora and fauna

Madison, often considered Wisconsin's premier city, embodies the lush lakefronts, forests, and grasslands that make Wisconsin famous. Urban Trails: Madison dives into the area's numerous natural areas, many of them accessible by public transit, with explorations ranging from lakeshore walks to trails winding through prairie and wetlands preserves, plus multiple segments of the Ice Age National Scenic Trail. Readers will discover easy opportunities for solitude and a nature fix right in their own backyard with this handy guide that reveals many underappreciated gems.

Local author Andrea Debbink highlights the best and most accessible trails in the city for walking, hiking, or running, offering additional suggestions for biking, wintertime walks, or snowshoeing. Portable, colorful, and authentic, this guidebook will inspire residents and visitors alike to explore Madison's beautiful trails.

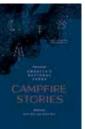
#### ABOUT THE AUTHOR

ANDREA DEBBINK is the author of more than a dozen books for children and adults, including *The Wild World Handbook* series and *Thrive Where You're Planted*, a guided nature journal for city dwellers. As a suburban-born kid in the Midwest, Andrea grew up exploring the natural wonders that often hide in ordinary places, and she still has a soft spot for city habitats and wildlife.



Now as an author and naturalist, she writes about the themes of environmental stewardship, citizen science, and outdoor exploration. Andrea hikes, paddles, and writes in Madison, Wisconsin with her family.

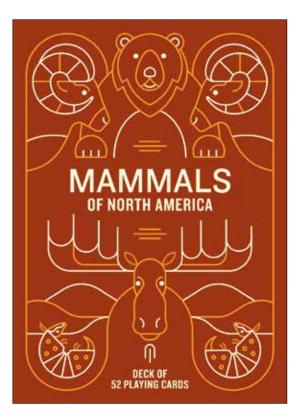
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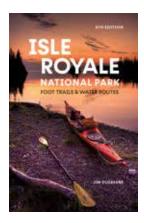
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#### ABOUT THE AUTHOR



JIM DUFRESNE was formerly the award-winning outdoors and sports editor for the *Juneau Empire* in Juneau, Alaska, before returning to Michigan, home of his alma mater. There he began his guidebook career, publishing more than 20 titles including Backpacking in Michigan, 50 Hikes in Michigan, and 12 Classic Trout Streams in Michigan, as well as contributing to MichiganTrailMaps.com. He lives in Clarkston, MI.





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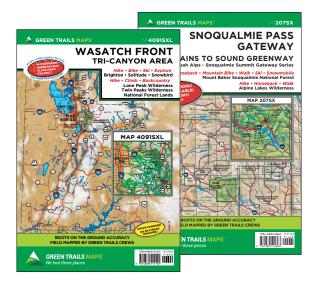
New material details guidance on using GPS and other satellite-based navigational products, updates the types and availability of topographical maps, and notes changes in magnetic declination. The authors, seasoned navigators with decades of experience teaching and mountaineering, continue to refine material for clarity, accuracy, and to address suggestions from readers.

#### ABOUT THE AUTHORS



Both BOB BURNS and MIKE BURNS have climbed, scrambled, and hiked extensively and have been teaching outdoor skills—navigation, climbing, or section hiking—for decades. They are longtime contributors to Mountaineering: The Freedom of the Hills and Mike has also written numerous articles for The Mountaineer and Climbing magazines. They both live in Seattle.

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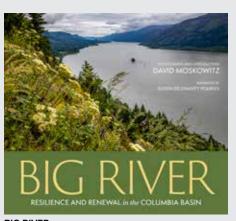
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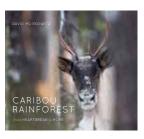
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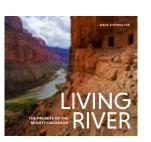
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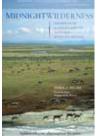
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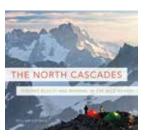
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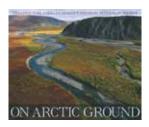


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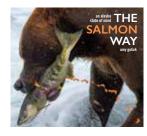
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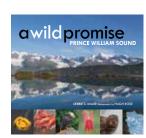


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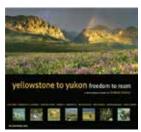
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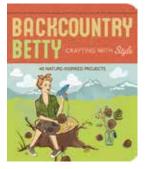


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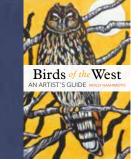
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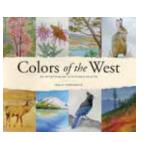
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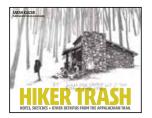
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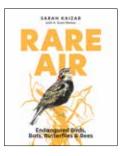


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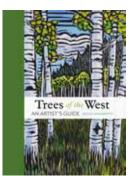


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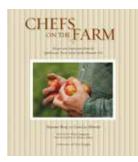
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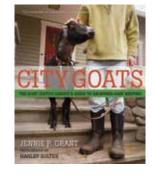
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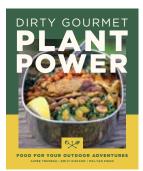
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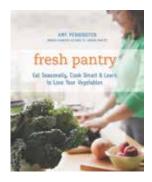
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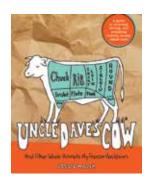


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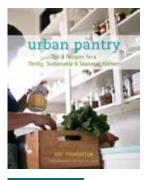


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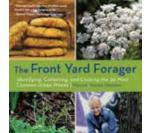


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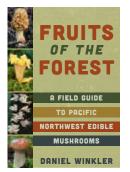


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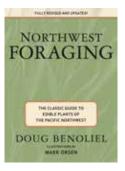
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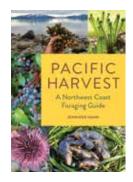
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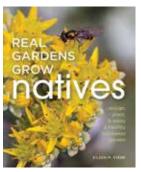
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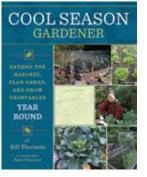


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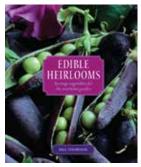
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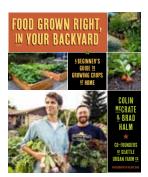
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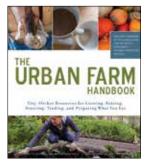
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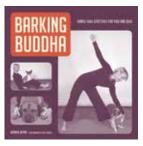
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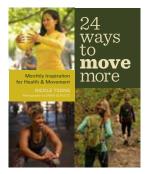
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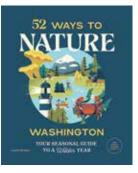
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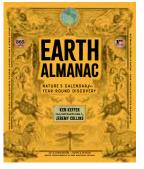


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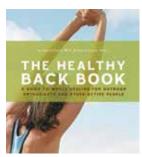
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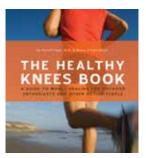
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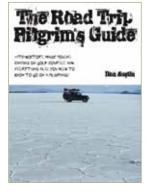
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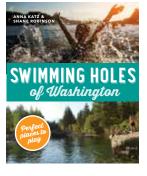
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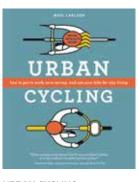
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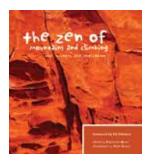
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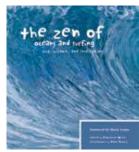


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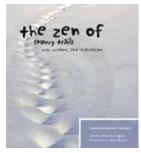


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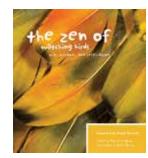
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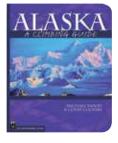
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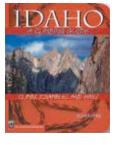
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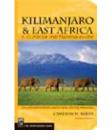
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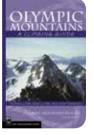


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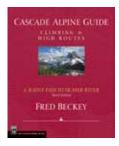
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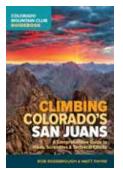
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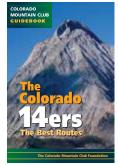
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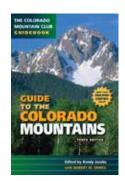
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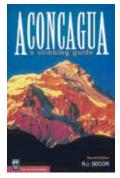


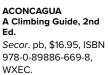
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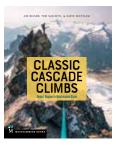
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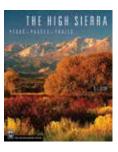
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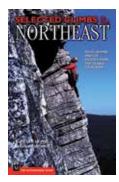


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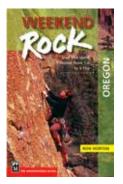


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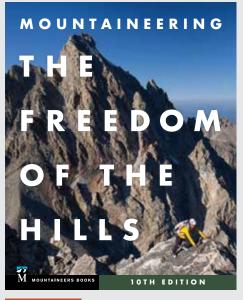


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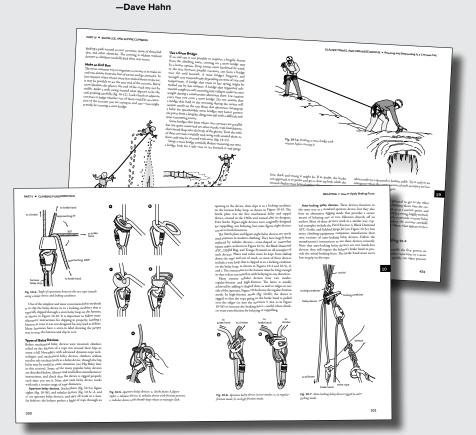
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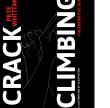
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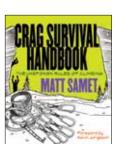
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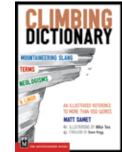




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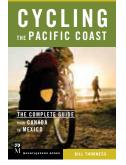
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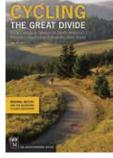
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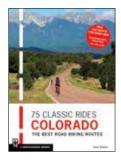


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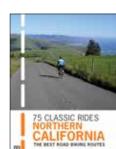


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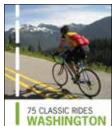


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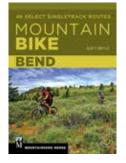


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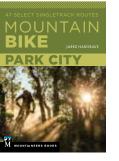
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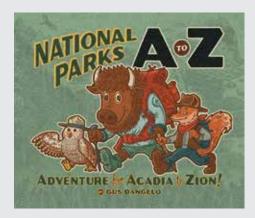


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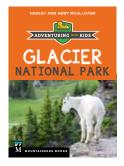


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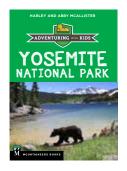
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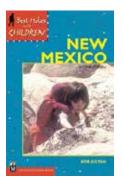


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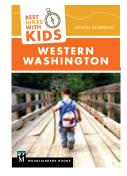
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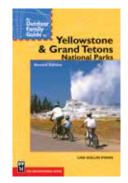


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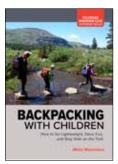
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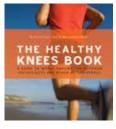
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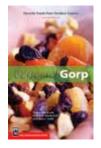


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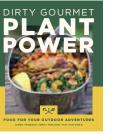
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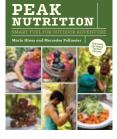
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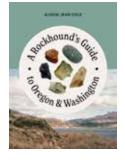


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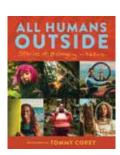
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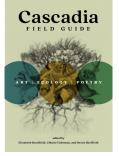
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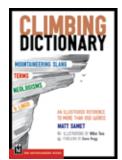
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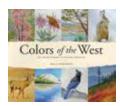
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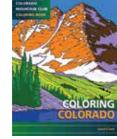
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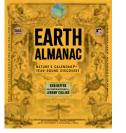
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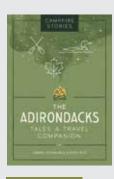


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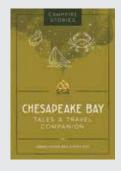
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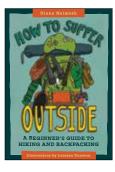


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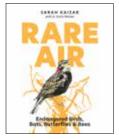
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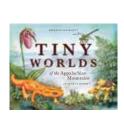
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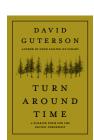
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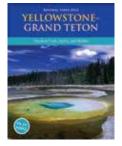


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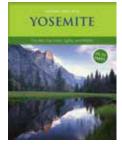
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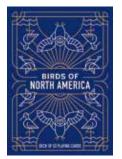
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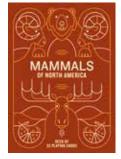
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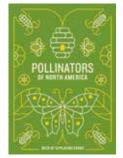


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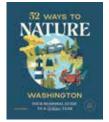
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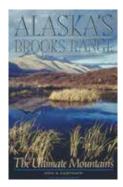
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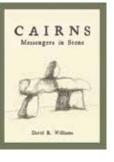
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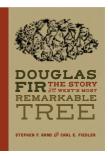
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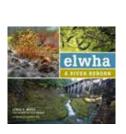
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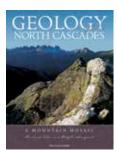
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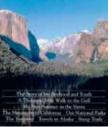


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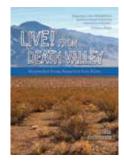


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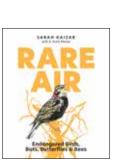
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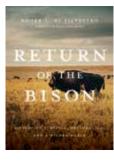
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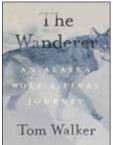


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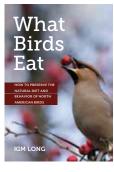
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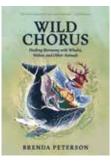
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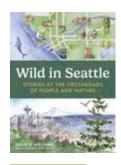
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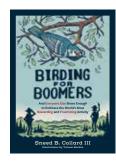


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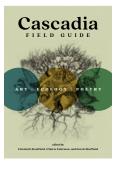


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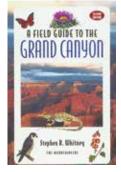
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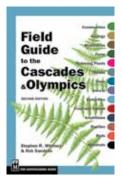
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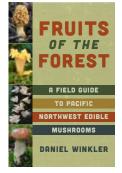


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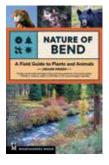
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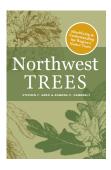
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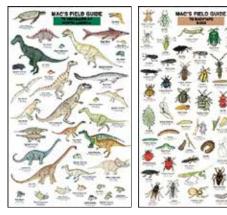
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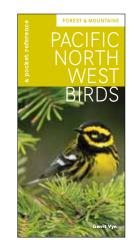
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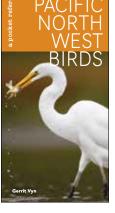


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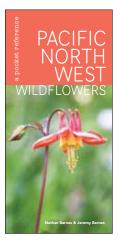


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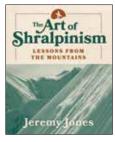
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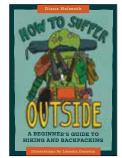
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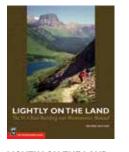
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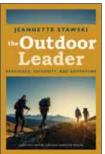
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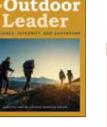
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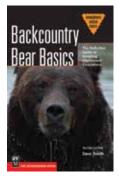


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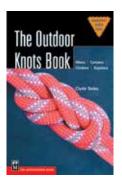
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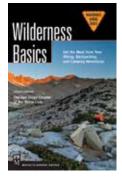
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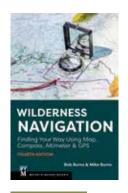
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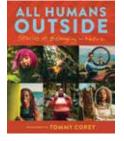


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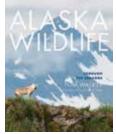


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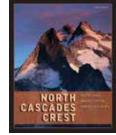
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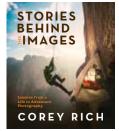
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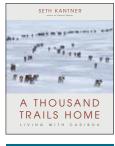
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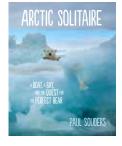
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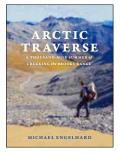
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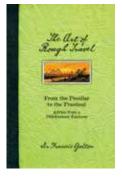


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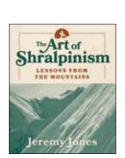
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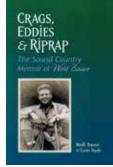
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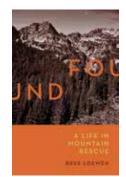
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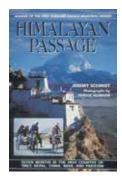
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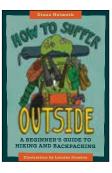


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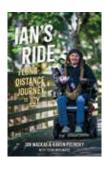


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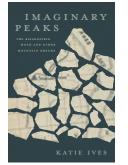
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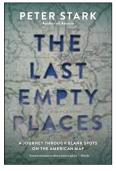
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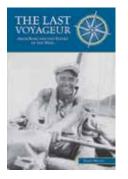


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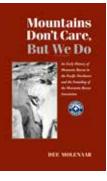


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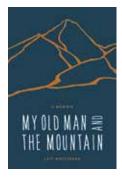
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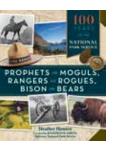


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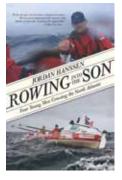
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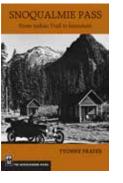
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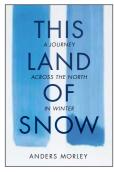
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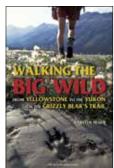
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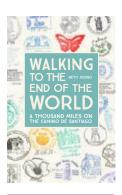


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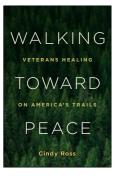


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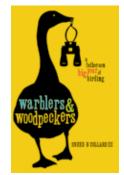
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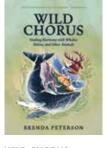
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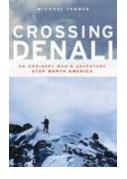
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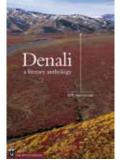
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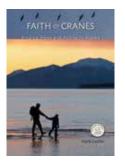
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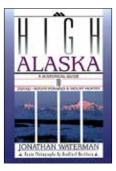


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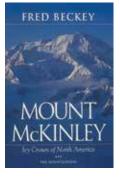
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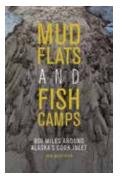
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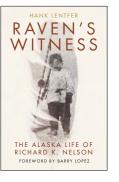
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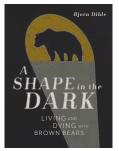
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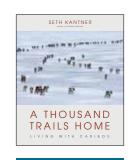
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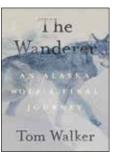


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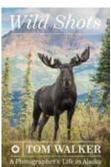


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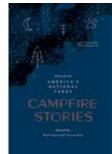


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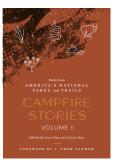
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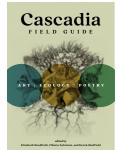
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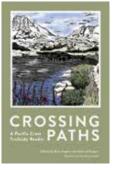
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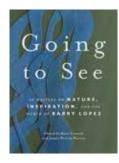
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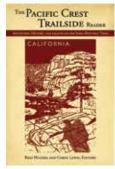
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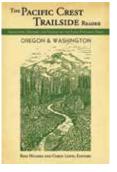
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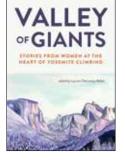
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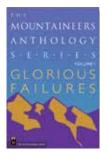
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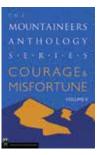
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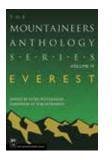
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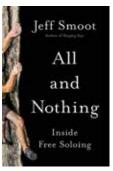
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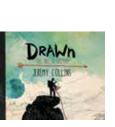
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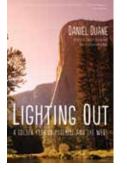
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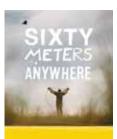
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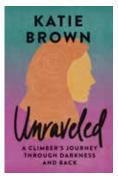


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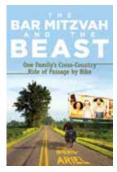
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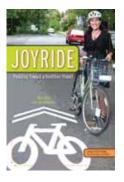
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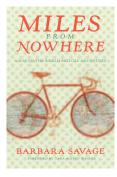
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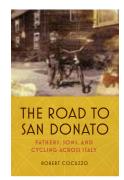
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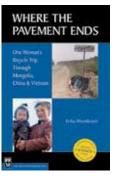
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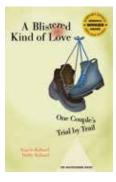
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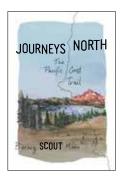
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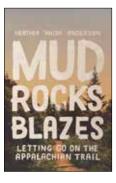


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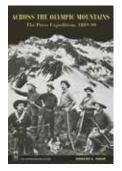
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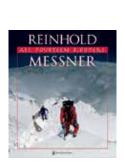
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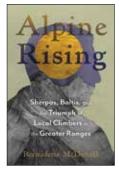
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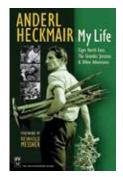
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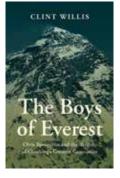


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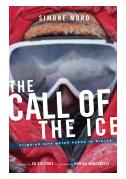
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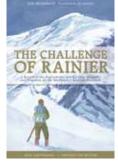
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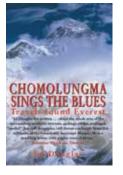
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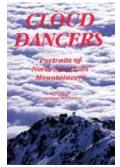
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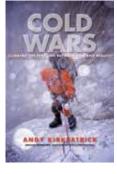
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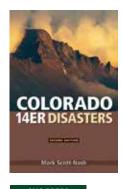
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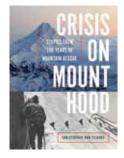
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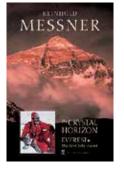


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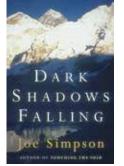
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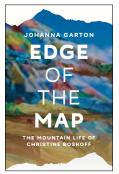


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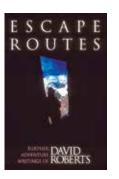
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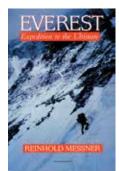
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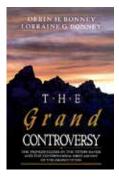


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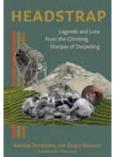


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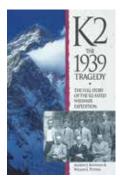


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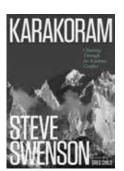
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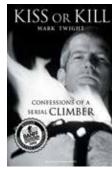
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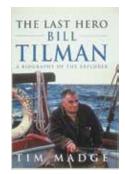
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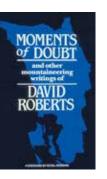


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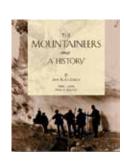
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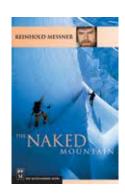


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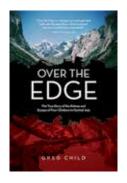


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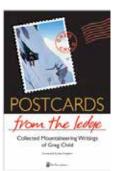


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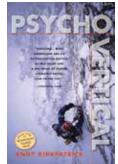


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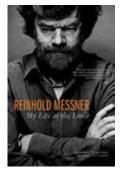


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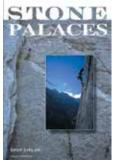


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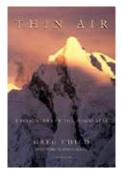
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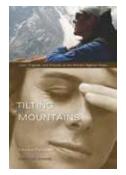
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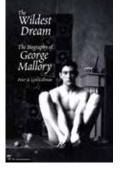
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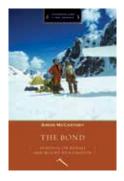
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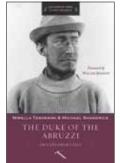
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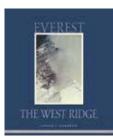
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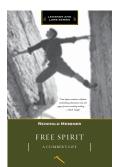


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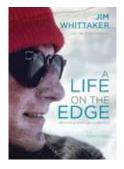
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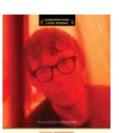
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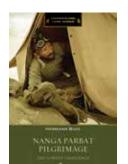
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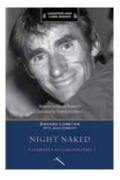


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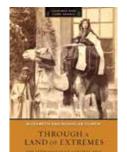
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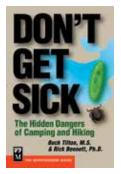
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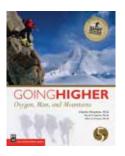


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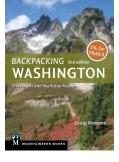
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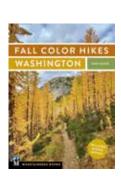
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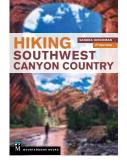
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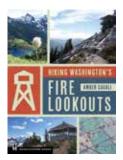
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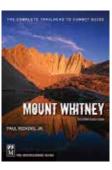
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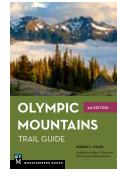


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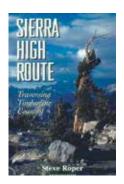
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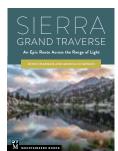
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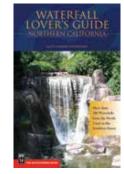
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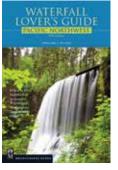
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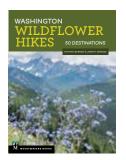
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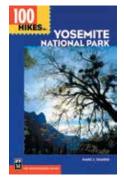
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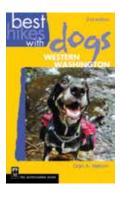
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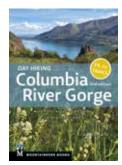
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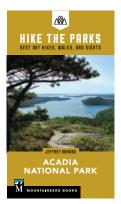
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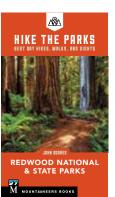


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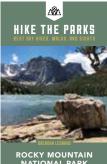


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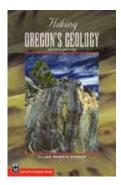
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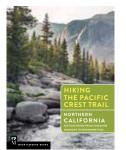
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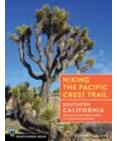
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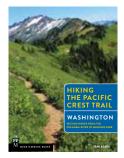
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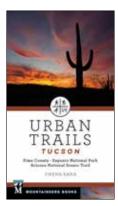


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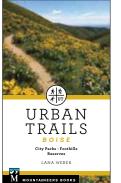
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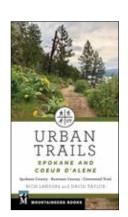
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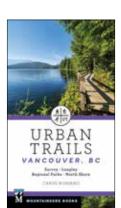
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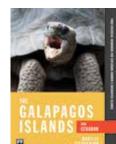
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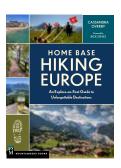


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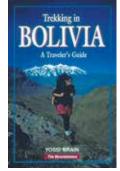


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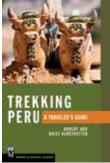
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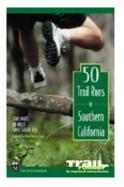


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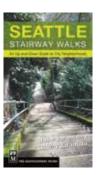


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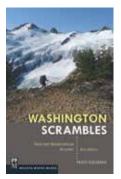
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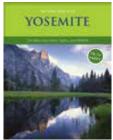
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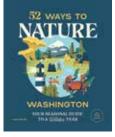
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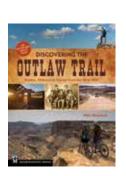
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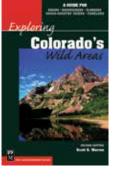
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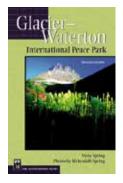
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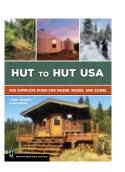
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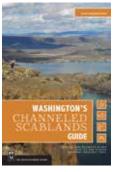
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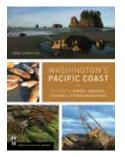
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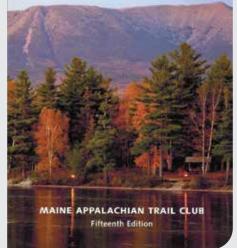
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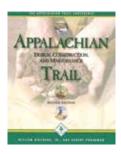


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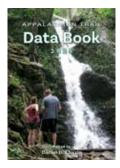
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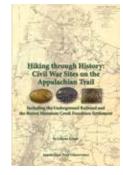
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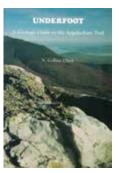


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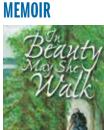
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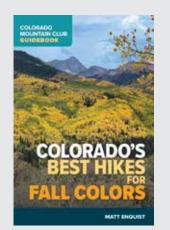
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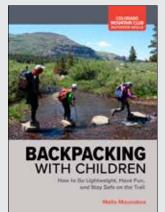


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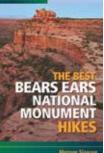
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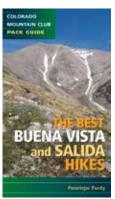
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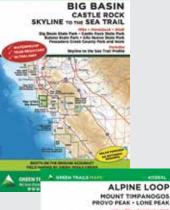
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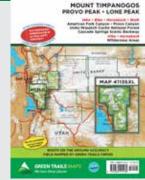
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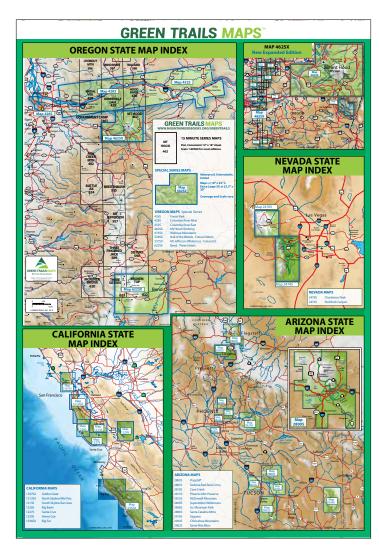
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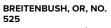
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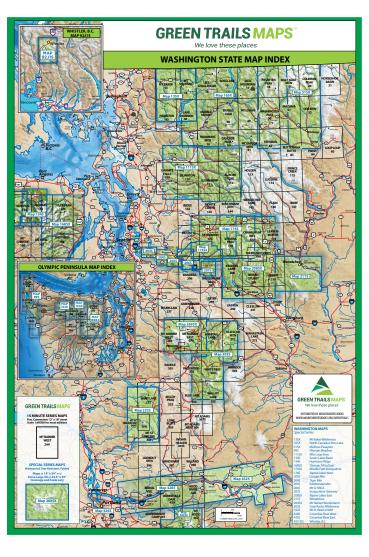
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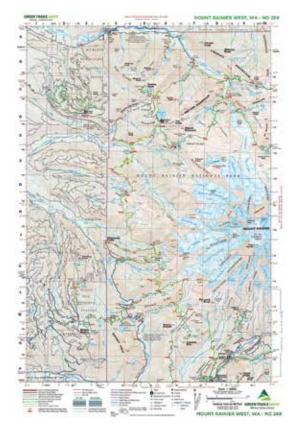
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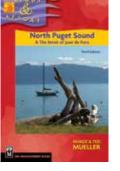
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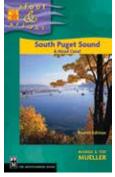
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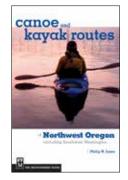
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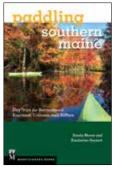
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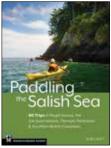
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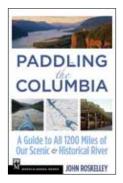


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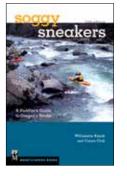
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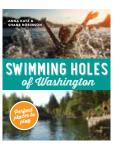
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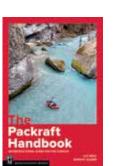


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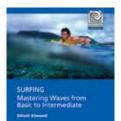
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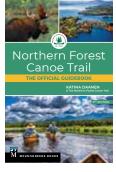
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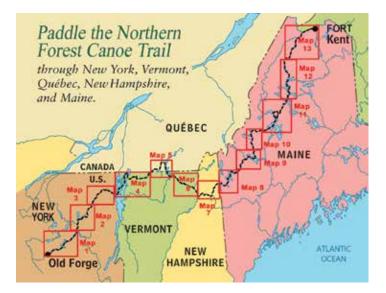
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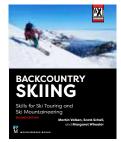


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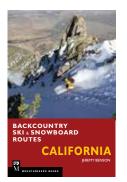
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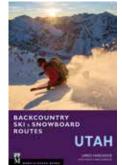


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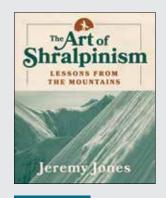
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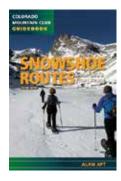
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# **REGIONAL INDEX**

Following is an index of titles sorted by region. We've indexed guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it's always fun to read stories that took place near where you live or in a faraway place you're interested in. A little more than half our catalog can be organized regionally. But don't forget about all those sports instructionals, general lifestyle topics, and wild, sweet, and romantic tales that aren't in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

## US-WEST

# Alaska/Arctic

Alaska: A Climbing Guide, 28 Alaska Adventure 55 Ways, 65 Alaska Range, 39, 44 Alaska Wildlife, 44 Alaska's Brooks Range, 39 Arctic National Wildlife Refuge, 22 Arctic Solitaire, 45 Arctic Traverse, 45, 48 Arctic Wings, 22 Beluga Days, 39 Crossing Denali, 48 DAY HIKING SERIES, 61 Denali National Park. 42 Denali's West Buttress, 29 Faith of Cranes, 48 High Alaska, 48 It Happened Like This, 48 Journey to the Arctic, 22 MAC'S FIELD GUIDES, 42 Midnight Wilderness, 22 Minus 148 Degrees, 56 Mount McKinley: Icy Crown of North America, 48 Mudflats and Fish Camps 48 On Arctic Ground, 23 Salmon Way, The, 23 Seventymile Kid, The, 48 Swallowed by the Great Land, 48 Thousand Trails Home, A 44, 48 To the Arctic 23 Wanderer, The, 40, 48 Where Water is Gold, 23 Wild Promise, 23 Wild Shots, 48

#### California

50 Trail Runs in Southern California 64 75 Classic Rides: Northern California, 32 100 Classic Hikes in Northern California, 4th Ed., 60 100 Classic Hikes in Southern California 60 100 Hikes in the San Francisco Bay Area, 60 100 Hikes in Yosemite National Park. 60 140 Great Hikes in and Near Palm Springs, 68 Adventuring with Kids: Yosemite, 33 Backcountry Ski & Snowboard Routes California, 76 BEST HIKES WITH DOGS SERIES, 61 BEST HIKES WITH KIDS SERIES, 33 Camp 4, 50 Climbing California's Fourteeners. 29 Cycling the Pacific Coast, 32 DAY HIKING SERIES, 61 Discovering Griffith Park, 34 GREEN TRAILS MAPS, 70-73

High Sierra, The, 3rd Ed., 29 HIKE THE PARKS SERIES, 62 Hiking the Pacific Crest Trail: Northern California, 62 Hiking the Pacific Crest Trail: Southern California, 62 Lighting Out, 50 Live! From Death Valley, 39 MAC'S FIELD GUIDES, 42 Mount Whitney, 2nd Ed., 59 Mountain Bike: Tahoe 32 Pacific Crest Trailside Reader: California, 49 Sierra Grand Traverse 59 Sierra High Route, 2nd Ed., 59 Snowshoe Routes Northern California 77 Trad Guide to Joshua Tree, The, 28 URBAN TRAILS SERIES 63 Valley of Giants, 49 Waterfall Lover's Guide to Northern California 59 Yosemite National Park Deck, 38, 64

# Oregon

75 Classic Rides: Oregon, 32 75 Scrambles in Oregon, 64 100 Classic Hikes in Oregon, 2nd Ed., 60 Backcountry Ski & Snowboard Routes Oregon, 76 Best Hikes with Dogs Oregon, 2nd Ed., 61 BEST HIKES WITH KIDS SERIES, 33 DAY HIKING SERIES, 61 Discovering Portland Parks, 34 GREEN TRAILS MAPS, 70-73 Hiking Oregon's Geology, 2nd Ed., 62 Hiking the Oregon Coast Trail, 59 Hiking the Pacific Crest Trail: Oregon, 62 MAC'S FIELD GUIDES, 42 Mountain Bike: Bend, 32 Nature of Bend, 13, 41 Nature of Portland, 13, 41 Oregon's Ancient Forests, 59 Pacific Crest Trailside Reader: Oregon & Washington, 48 Rockhound's Guide to Oregon & Washington, A, 14, 41 Soggy Sneakers, 5th Ed., 74 Urban Trails: Portland, 63 Weekend Rock Oregon, 29 Washington

52 Ways to Nature: Washington, 27 75 Classic Rides: Washington, 32 151 Dives in the Protected Waters

of Washington State and British Columbia, 74 Across the Olympic Mountains, 52 AFOOT & AFLOAT SERIES, 74 Alpine Lakes Wilderness, 59 Backcountry Ski & Snowboard Routes: Washington, 76 BEST HIKES WITH DOGS SERIES, 61 BEST HIKES WITH KIDS SERIES, 33 Camping Washington, 2nd Ed., 65 Canoe and Kayak Routes of Northwest Oregon & Southwest Washington, 3rd Ed., 74 CASCADE ALPINE GUIDE SERIES, 28 Challenge of Rainier, The, 4th Ed., 52 Classic Cascade Climbs, 29 DAY HIKING SERIES, 61 Defending Wild Washington, 43 Discovering Seattle Parks, 34 Elwha, 39 Fall Color Hikes: Washington, 59 Field Guide to the Cascades & Olympics, 2nd Ed., 41 Geology of the North Cascades, 41 GREEN TRAILS MAPS, 70-73 Hiking the Pacific Crest Trail: Washington, 62 Hiking the Wonderland Trail, 2nd Ed. 59 Hiking Washington's Fire Lookouts, 59 MAC'S FIELD GUIDES, 42 Mount Rainier: A Climbing Guide, 3rd Ed., 28 Mount Rainier National Park, 24.37 North Cascades, The, 22 North Cascades Crest, 44 Olympic Mountains: A Climbing Guide, 4th Ed., 28 Olympic Mountains Trail Guide, 4th Ed., 59 Orca, 23 Outdoor Family Guide to Washington's National Parks and Monuments, 34 Paddling the Salish Sea, 74 Paddling Washington, 74 Rockhound's Guide to Oregon & Washington, A. 14, 41 Salmon, Cedar, Rock & Rain, 23 Seattle Stairway Walks, 34, 64 Snoqualmie Pass, 45 Snowshoe Routes: Washington,

3rd Ed., 77 Stehekin, 46 Swimming Holes of Washington, 27.74 URBAN TRAILS SERIES, 63 Washington Ice: A Climbing Guide, 28 Washington Scrambles, 2nd Ed., 64 Washington Wildflower Hikes, 59

Washington's Channeled Scablands Guide, 65 Washington's Pacific Coast, 65 We Are Puget Sound, 23 Weekend Rock Washington, 29 Wild in Seattle, 10, 27, 40 Wild Plants of the San Juan Islands, 2nd Ed., 41 Year in Paradise, 47

#### Pacific Northwest, Other

100 Hikes in the Inland Northwest, 2nd Ed., 60 Big River, 22 Birds of the West, 24, 36 Cascadia Field Guide, 10, 36, 41, 49 Fruits of the Forest, 25. 41 Guide to Western National Monuments, 68 Idaho: A Climbing Guide, 28 John Muir: The Eight Wilderness Discovery Books, 39 Medicinal Plants of the Pacific Northwest, 25, 37, 41 Northwest Foraging, 25 Northwest Garden Manifesto, The. 26 Northwest Trees, 2nd Ed. (Anniversary Ed.), 41 Northwest Trees, 2nd Ed. (field auide size), 41 Pacific Coast Foraging Guide, 25 Pacific Northwest Birds: Forest & Mountains, 42 Pacific Northwest Birds: Lowlands & Coast, 42 Pacific Northwest Nature, 24, 37 Pacific Northwest Wildflowers, 42 Paddling the Columbia, 74 Rain Gardens for the Pacific Northwest, 26 Real Gardens Grow Natives, 26 Skiing and Sleeping on the Summits: Cascade Volcanoes of the Pacific Northwest, 77 Trees of the West, 24, 37 Waterfall Lover's Guide to the Pacific Northwest, 5th Ed. (field auide size). 59 Written in the Snows, 47

## MOUNTAIN/SOUTHWEST

75 Classic Rides: Colorado, 32 100 Classic Hikes: Arizona, 4th Ed. (field guide size), 60 100 Classic Hikes in Colorado, 3rd Ed. (field auide size), 60 100 Classic Hikes in Montana, 60 100 Classic Hikes in Texas, 60 100 Hikes in New Mexico, 3rd Ed. (field guide size), 60 ADVENTURING WITH KIDS

SERIES, 33 Backcountry Ski & Snowboard Routes: Colorado, 76 Backcountry Ski & Snowboard Routes: Utah, 76 Best Flatiron Scrambles, The, 68 Best Front Range Trail Runs, The, 68 BEST HIKES SERIES COLORADO MOUNTAIN CLUB, 69 BEST HIKES WITH DOGS SERIES, 61 BEST HIKES WITH KIDS SERIES, 33 Best Loop Hikes Arizona, 60 Best Loop Hikes Colorado, 60 Best Ski Touring Routes: Colorado's Front Range, 77 Caribou Rainforest, 22 Classic Colorado Hikes, 68 Classic Colorado Ski Descents, 77 Classic Front Range Trad Climbs, 28 Climber's Guide to the Teton Range, 4th Ed., A, 29 Climbing Colorado's San Juans, 68 Colorado 14er Disasters, 52 Colorado 14ers, The, 28 Colorado Alpine Trail Runs, 68 Colorado Campgrounds, 68 Colorado Lake Hikes, 68 Colorado Scrambles, 2nd Ed. 68 Colorado Summit Hikes, 2nd Ed. (field guide size), 68 Colorado Trail, The, 9th Ed. (field guide size), 68 Colorado Trail Databook, The, 7th Ed. (field guide size), 68 Colorado Waterfall Hikes, 68 Coloring Colorado, 36 Coloring More of Colorado, 36 Comanche Peak Wilderness Area 68 Cycling the Great Divide, 2nd Ed. (field guide size), 32 Day Hiking Glacier National Park & Western Montana, 61 Discovering Denver Parks, 34 Discovering the Outlaw Trail, 65 Exploring Colorado's Wild Areas. 2nd Ed. (field guide size), 65 Field Guide to the Grand Canyon, A. 2nd Ed. (field quide size), 41 Glacier-Waterton International Peace Park, 2nd Ed. (field guide size), 65 GREEN TRAILS MAPS, 70-73 Guide to the Colorado Mountains, 10th Ed. (field guide size), 28 Hike the Parks: Rocky Mountain National Park, 62 Hike the Parks: Zion and Bryce Canyon National Parks, 62 Hiking Southwest Canyon Country, 4th Ed. (field guide size), 59

Hiking the Grand Canyon's

Geology, 62

Hiking the Southwest's Geology, 62 Living River, 22 MAC'S FIELD GUIDES, 42 MAC'S POCKET GUIDES, 42 Mountain Bike: Park City, 32 Outdoor Family Guide to Yellowstone and the Tetons National Parks, 2nd Ed. (field guide size), 34 Rocks Above the Clouds, 68 Rocky Mountain Alpine Flowers, 68 Rocky Mountain Field Guide, 41 Rocky Mountain Flora, 2nd Ed. (field guide size), 68 Rocky Mountain Wildflowers, 2nd Ed. (field guide size), 68 Selected Climbs in the Desert Southwest, 29 Sleeping on the Summits, 68 Snowshoe Routes: Colorado's Front Range, 2nd Ed. (field guide

size), 77 Urban Trails: Salt Lake City, 63 Urban Trails: Tucson, 63 Weekend Rock Arizona, 29 Yellowstone and Grand Teton National Parks Deck, 39, 64 Yellowstone Migrations, 23 Yellowstone to Yukon, 23

### MIDWEST

BEST HIKES WITH KIDS SERIES.

Isle Royale National Park, 5th Ed., 20, 59 MAC'S FIELD GUIDES, 42

MAC'S POCKET GUIDES, 42 Urban Trails: Madison, 63

# NORTHEAST/ATLANTIC SOUTHEAST

75 Hikes in Virginia's Shenandoah National Park, 2nd Ed. (field guide size), 60

100 Classic Hikes in New England, 2nd Ed., 60 100 Classic Hikes in North Carolina, 60 100 Hikes in the Great Smoky Mountains National Park, 2nd Ed. (field guide size), 60 Appalachian Trail Classic Poster Map, 66 Appalachian Trail Data Book, 2024 Ed., 67 Appalachian Trail Design, Construction, and Maintenance, 2nd Ed., 67 Appalachian Trail Fieldbook, 67 Appalachian Trail Food Planner, The. 67 Appalachian Trail Strip-Map Poster, 66 Appalachian Trail Thru-Hike Planner, 67 Appalachian Trail Thru-Hikers' Companion, 2024 Ed., 67 BEST HIKES WITH DOGS SERIES, BEST HIKES WITH KIDS SERIES, 33 Best Loop Hikes New Hampshire's White Mountains to the Maine Coast. 60 Campfire Stories: The Adirondacks, 6, 37 Campfire Stoires: Cape Cod, 7, 37 Campfire Stories: Chesapeake

. Bay, 7, 37 DAY HIKING SERIES, 61 Florida State Parks, 65 Green Trails Map: Central Park, NYC. 70 Hike the Parks: Acadia National Park, 62

Hiking Through History, 67 In Beauty May She Walk, 67 MAC'S FIELD GUIDES, 42 Mud. Rocks. Blazes, 51 Northern Forest Canoe Trail: Official Guidebook, 75

NORTHERN FOREST CANOE

TRAIL MAPS, 75 Outdoor Family Guide to Acadia National Park, 34 Paddling Southern Maine, 74 Selected Climbs in the Northeast, 29 Snowshoe Routes Adirondacks & Catskills, 77 Snowshoe Routes New England, 77 Tiny Worlds of the Appalachian Mountains, 37, 40 Underfoot, 67 Walking with Spring, 67

## CANADA

151 Dives in the Protected Waters of Washington State and British Columbia, 74 Risina, 56 Urban Trails: Vancouver, BC, 63

## INTERNATIONAL

### Africa

Kilimanjaro & E. Africa: A Climbing and Trekking Guide, 2nd Ed., 28

## Antarctica

Mountaineering in Antarctica, 29

## Asia

All 14 Eight-Thousanders, 52 Boys of Everest, The, 52 Conquistadors of the Useless 55 Crystal Horizon, The, 52 Everest (Mountaineers Anthology series), 49 Everest 1953, 55 Everest: Expedition to the Ultimate, 52 Everest: The West Ridge, 55 Himalayan Passage, 45 K2: The 1939 Tragedy, 53

K2: The Price of Conquest, 53 Karakoram, 53 Kyrgyzstan: A Climber's Map, 29 Last Step, The, 55 Nanga Parbat Pilgrimage, 56 Sherpa, 56 Trekking Nepal, 8th Ed., 64 Trekking Tibet, 3rd Ed., 64 Where the Pavement Ends, 51 Wildest Dream 54

# Europe

Anderl Heckmair, 52 Explore Europe on Foot, 64 Extreme Eiger, 55 Fall of Heaven, 55 Fiva. 53 Home Base Hiking Europe, 64 Mont Blanc Range, The, 29 Walking Great Britain, 64 Walking to the End of the World, 47

## Latin America

Aconcagua, A Climber's Guide, 2nd Ed., 29 Galapagos Islands and Ecuador, The, 3rd Ed., 64 Trekking in Bolivia, 64 Trekking Peru, 64

# **TITLE INDEX**

## NEW TITLES IN BOLD

# 9th Grade, The, 50

- 24 Ways to Move More, 27, 35
- 50 Trail Runs in Southern California, 64
- 52 Ways to Nature: Washington, 27
- 75 Classic Rides: Colorado, 32
- 75 Classic Rides: Northern California, 32
- 75 Classic Rides: Oregon, 32
- 75 Classic Rides: Washington, 32 75 Hikes in Virginia's Shenandoah
- National Park, 2nd Ed., 60
- 75 Scrambles in Oregon, 64 100 CLASSIC HIKES SERIES, 60
- 100 Classic Hikes: Arizona, 4th Ed. 100 Classic Hikes: Utah
  - 100 Classic Hikes: Washington, 3rd Ed.
  - 100 Classic Hikes in Colorado,
  - 3rd Ed. 100 Classic Hikes in Montana
  - 100 Classic Hikes in New England, 2nd Ed., 60

# 100 Classic Hikes in North

- Carolina 100 Classic Hikes in Northern California, 4th Ed., 100 Classic Hikes in Oregon, 2nd Ed., 100 Classic Hikes in Southern
- California 100 Classic Hikes in Texas
- 100 HIKES SERIES, 60 100 Hikes in New Mexico, 3rd
- Ed. 100 Hikes in the Great Smoky Mountains National Park, 2nd
- Ed. 100 Hikes in the Inland
- Northwest, 2nd Ed. 100 Hikes in the San Francisco Bay Area
- 100 Hikes in Yosemite National Park
- 140 Great Hikes in and Near Palm Springs, 68
- 151 Dives in the Protected Waters of Washington State and British Columbia, 74
- 1001 Climbing Tips, 31

# Accidents in North American

- Climbing 2023, 30 Aconcagua, A Climbing Guide, 2nd Ed., 29
- Advanced Rock Climbing, 31 Adventure Gap, The, 10th Anniv.
- - SERIES, 33 Adventuring with Kids: Glacier Adventuring with Kids: Utah's
  - Yellowstone
  - Yosemite
- & the Strait of Juan de Fuca, 3rd Ed., 74
- and Hood Canal, 4th Ed., 74 Alaska: A Climbing Guide, 28 Alaska Adventure 55 Ways, 65 Alaska Range, 39, 44

Alaska Wildlife, 44 Alaska's Brooks Range, 39 All 14 Eight-Thousanders, 52 All and Nothing, 50 All Humans Outside, 4, 36, 44 Alpine Lakes Wilderness, 59 . Alpine Rising, 52 American Alpine Journal 2024, The, 30 Anderl Heckmair, 52 Appalachian Trail Classic Poster Map, 66 Appalachian Trail Data Book 2025 . Ed., 67 Appalachian Trail Design, Construction, and Maintenance, 2nd Ed., 67 Appalachian Trail Fieldbook 3rd . Ed., 67 Appalachian Trail Food Planner, 67

APPALACHIAN TRAIL GUIDES, 66 Central Virginia, 4th Ed. Maine, 15th Ed. Massachusetts/Connecticut, 14th Ed

- New Hampshire/Vermont, 13th Ed.
- New York/New Jersey, 18th Ed.

- Southwest Virginia, 6th Ed., Tennessee/North Carolina, 15th Ed..
- Appalachian Trail Strip-Map Poster, 66
- Appalachian Trail Thru-Hike Planner, 67 Appalachian Trail Thru-Hikers' Companion, 2025 Ed., 67
- Arctic National Wildlife Refuge, 22 Arctic Solitaire 45 Arctic Traverse, 45, 48 Arctic Wings, 22 Art of Rough Travel, The, 45
- Art of Shralpinism, The, 43, 45, 77 Avalanche Essentials, 76
- Avalanche Handbook, The, 4th
- Ed., 76 Avalanche Pocket Guide, 76

# B

Babes in the Woods, 34 Backcountry Bear Basics, 43 Backcountry Betty Crafting with Style, 24 BACKCOUNTRY SKI &

- - - Ed, 48
      - Adventure Handbook, 34
      - Adventure Ready, 35 ADVENTURING WITH KIDS
        - - **Big Five** Adventuring with Kids:
          - Adventuring with Kids:

Afoot & Afloat: North Puget Sound

Afoot & Afloat: South Puget Sound

Across the Olympic Mountains, 52

SNOWBOARD ROUTES SERIES, 76 Backcountry Ski & Snowboard Routes: California Backcountry Ski & Snowboard Routes: Colorado Backcountry Ski & Snowboard Routes: Oregon Backcountry Ski & Snowboard Routes: Utah Backcountry Ski & Snowboard Routes: Washington Backcountry Skiing, 2nd Ed, 76 Backpacking with Children, 34, 68 Backyard Roots, 26 Bar Mitzvah and the Beast, The, 51 Barking Buddha, 26 Bear Country, 44 Bears Don't Care About Your Problems, 45 Been Outside, 39, 49 Being Caribou, 45 Beluga Days, 39 Best Flatiron Scrambles, The, 68 Best Front Range Trail Runs, The, 68 BEST HIKES SERIES, COLORADO MOUNTAIN CLUB, 69 Best Aspen Hikes, The, Best Bears Ears National Monument Hikes, The, Best Boulder Hikes, The, Best Buena Vista and Salida Hikes, The, Best Canyonlands National Park Hikes, The, Best Colorado Springs Hikes, The. Best Crested Butte Hikes, The, Best Denver Hikes, The, Best Durango & Silverton Hikes, The, Best Estes Park Hikes, The, Best Fort Collins Hikes, The, Best Front Range Hikes, The, Best Front Range Bird Hikes, Best Front Range Hikes for Children, The, Best Front Range Wildflower Hikes The Best Grand Junction Hikes, The, Best Grand Staircase-Escalante National Monument Hikes, The, Best Hikes on the Continental Divide Trail, The, Best Indian Peaks Wilderness Hikes, The, Best Jefferson County Hikes, The. Best Lost Creek Wilderness Hikes, The, Best Moab and Arches National Park Hikes, The, Best Rocky Mountain National Park Hikes, The, Best Southern Front Range Hikes, The, Best Steamboat Hikes, The, Best Summit County Hikes, The, Best Telluride Hikes, The, Best Urban Hikes: Boulder, The, Best Urban Hikes: Denver, The, Best Utah Children's Hikes, The. Best Vail Valley Hikes, The Best Hikes with Children in New Mexico, 2nd Ed., 33 BEST HIKES WITH DOGS SERIES, 61 Best Hikes with Dogs Arizona Best Hikes with Dogs Colorado Best Hikes with Dogs Georgia & South Carolina Best Hikes with Dogs Las Vegas and Beyond Best Hikes with Dogs New Hampshire and Vermont Best Hikes with Dogs New York City & Bevond Best Hikes with Dogs North

Carolina Best Hikes with Dogs Oregon, 2nd Ed. Best Hikes with Dogs San Francisco Bay Area and Beyond, 2nd Ed. Best Hikes with Dogs Utah Best Hikes with Dogs Western Washington, 2nd Ed. BEST HIKES WITH KIDS SERIES, 33 Best Hikes with Kids Colorado Best Hikes with Kids Oregon, 2nd Ed. Best Hikes with Kids San Francisco Bay Area Best Hikes with Kids St. Louis and Beyond Best Hikes with Kids Washington DC, the Beltway & Beyond Best Hikes with Kids Western Washington, 2nd Ed. Best Loop Hikes Arizona, 60 Best Loop Hikes Colorado, 60 Best Loop Hikes New Hampshire's White Mountains to the Maine Coast. 60 Best Ski Touring Routes: Colorado's Front Range, 77 Beyond Gorp, 35 Big River, 22 Big Thaw, The, 22 Big Wall Climbing, 31 Birding for Boomers, 41 Birding Notes Notebook, 38 Birds of North America Deck, 38 Birds of the West, 24, 36 Blistered Kind of Love, A, 51 Boardman Tasker Omnibus, The, 52 Bond, The, 55 Bouldering, 31 Boys of Everest, The, 52 Bringing Back the Birds, 22 Brotherhood of the Rope, 55

Cairns, 39 Call of the Ice, The, 52 Camp 4, 50 Campfire Stories, 36, 37, 49 Campfire Stories V. II, 36, 37, 49 Campfire Stories: The Adirondacks, 6, 37 Campfire Stoires: Cape Cod, 7, 37 **Campfire Stories: Chesapeake** Bay, 7, 37 Campfire Stories Deck, 34, 36, 38 Campfire Stories Deck-For Kids!, 34.38 Camping Washington, 2nd Ed., 65 Canoe and Kayak Routes of Northwest Oregon & Southwest Washington, 3rd Ed., 74 Caribou Rainforest, 22 Cascade Alpine Guide Vol. 1, Columbia River to Stevens Pass, 3rd Ed., 28 Cascade Alpine Guide Vol. 2, Stevens Pass to Rainy Pass, 3rd Ed., 28 Cascade Alpine Guide Vol. 3, Rainy Pass to Frasier River, 3rd Ed., 28 Cascadia Field Guide, 36, 41, 49 Challenge of Rainier, The, 4th Ed., 52 Chasing Waves, 45 Chefs on the Farm, 25 Chomolungma Sings the Blues, 52 City Goats, 25 Classic Colorado Hikes, 68 Classic Colorado Ski Descents, 77 Classic Cascade Climbs, 29 Classic Front Range Trad Climbs, 28 Climber's Guide to the Teton Range, 4th Ed., A, 29 Climbers, The, 44 Climbing: Expedition Planning, 31 Climbing: Training for Peak Performance, 2nd Ed., 31, 35

Climbing California's Fourteeners, 29 Climbing Colorado's San Juans, 28 Climbing Dictionary, The, 31, 36 Climbing Self-Rescue, 31 Climbing the Seven Summits, 29 Cloud Dancers, 52 Cold Wars, 52 Colorado Alpine Trail Runs, 68 Colorado Campgrounds, 5th Ed., 68 Colorado 14er Disasters, 52 Colorado 14ers, The, 28 Colorado Lake Hikes, 68 Colorado Scrambles, 2nd Ed., 68 Colorado Summit Hikes, 2nd Ed., 68 Colorado Trail, The, 10th Ed., 21, 68 Colorado Trail Databook, The, 8th Ed., 68 Colorado Waterfall Hikes, 2nd Ed. 68 Colorado's Best Hikes for Fall Colors, 68 Colorado's Quiet Winter Trails, 68, 77 Coloring Colorado, 36 Coloring More of Colorado, 36 Colors of the West, 24, 36 Comanche Peak Wilderness Area, 68 Conquistadors of the Useless, 55 Cool Season Gardener, 26 Courage & Misfortune (Mountaineers Anthology Series), 49 Crack Climbing, 31 Crag Survival Handbook, The, 31 Crags, Eddies & Riprap, 45 Crevasse Rescue Pocket Guide, 58 Crisis on Mount Hood, 9, 52 Crossing Denali, 48 Crossing Paths, 49 Crystal Horizon. The. 52 Cycling the Great Divide, 2nd Ed. 32 Cycling the Pacific Coast, 32 Dark Shadows Falling, 52 DAY HIKING SERIES, 61 Day Hiking Bend & Central Oregon Day Hiking Central Cascades, 2nd Ed Day Hiking Columbia River Gorge, 2nd Ed

Day Hiking Eastern Washington Day Hiking Glacier National Park & Western Montana Day Hiking Los Angeles Day Hiking Mount Adams and Goat Rocks Day Hiking Mount Hood Day Hiking Mount Rainier, 2nd Ed. Day Hiking Mount Shasta, Lassen & Trinity Alps Regions Day Hiking Mount St. Helens Day Hiking New England Day Hiking North Cascades, 2nd Ed. Day Hiking Olympic Peninsula, 2nd Ed. Day Hiking Oregon Coast, 2nd Ed. Day Hiking Snoqualmie Region, 2nd Ed. Day Hiking Southcentral Alaska Day Hiking the San Juans and Gulf Islands Day Hiking Yosemite National Park Deborah: A Wilderness Narrative (& Mountain of My Fear), 56 Defending Wild Washington, 43 Denali: A Literary Anthology, 48 49 Denali's West Buttress, 29 Dirty Gourmet, 25, 35 Dirty Gourmet: Plant Power, 25, 35 **DISCOVERING PARKS SERIES, 34** Discovering Denver Parks Discovering Griffith Park Discovering Portland Parks Discovering Seattle Parks Discovering the Outlaw Trail, 65 Dog Park Wisdom, 26 Don't Die Out There! Deck, 38, 57 Don't Drown Out There! Deck. 38.57 Don't Forget the Duct Tape, 57 Don't Freeze Out There! Deck, 38.57 Don't Get Lost Out There! Deck, 38, 57 Don't Get Sick, 57 Don't Get Sunburned, 57 Douglas Fir, 39 Dragons in the Snow, 45 Drawn, 36, 50 Duke of the Abruzzi, The, 55 E Earth Almanac, 27, 39

Eco-Chic Home, 24 Edge of the Map, 52 Edible Heirlooms 26 Elwha, 39 Emergency Essentials Pocket Guide, 58 Emergency Survival, 57 Escape Routes, 52 Essential Knots, 24, 34 Everest: The West Ridge, 55 Everest 1953, 55 Everest: Expedition to the Ultimate, 52 Everest (Mountaineers Anthology series), 49 Explore Europe on Foot, 64 Exploring Colorado's Wild Areas, 2nd Ed., 65 Extreme Eiger, 55

Faith of Cranes, 48 Fall of Heaven, 55 Fall Color Hikes: Washington, 59 Falling Season, The, 53 Fat of the Land, 25 Field Guide to the Cascades & Olympics, 2nd Ed., 41 Field Guide to the Grand Canyon, A, 2nd Ed., 41 Fine Kind of Madness, A, 45 Fine Line, A, 46 Fit by Nature, 35 Fiva, 53 Florida State Parks, 65 Food Grown Right, In Your Backyard, 26 Forest of Your Own, A. 26 Forget Me Not, 45 Found, 45 Fragile Edge, 53 Free Spirit, 55 Freedom Climbers, 55 Freedom of the Hills Deck, 2nd Ed, 30, 38 Fresh Pantry, 25 From Dream to Reality, 67 From Tree to Table, 26 Front Yard Forager, 25 Fruits of the Forest, 25, 41

Galapagos Islands and Ecuador, The, 3rd Ed., 64 Geology of the North Cascades, 39 Glacier Travel & Crevasse Rescue, 2nd Ed., 31 Glacier-Waterton International Peace Park, 2nd Ed., 65 Glorious Failures (Mountaineers Anthology series), 49 Going Higher, 5th Ed., 57 Going to See, 49 GPS Made Easy, 5th Ed., 43 Grand Controversy, The, 53 Great Gray Owl, 44

Arizona, 70 Cave Creek, AZ, No. 2810S Chiricahua Mountains, AZ, No. 29345 Flagstaff, AZ, No. 2800S McDowell Mountains, AZ, No. 2815S Phoenix Mountain Preserve, AZ, No. 2813S Saguaro, AZ, No. 2910S Santa Catalina Mountains, AZ, No. 2886S Santa Rita Mountains, AZ, No. 2962S Sedona \* Red Rock Country, AZ, No. 2805S South Mountain Preserve, AZ, No. 2836S Superstition Wilderness, AZ, No. 2829S California, 70 Big Basin, CA, No. 1226S Big Sur Ventana Wilderness, CA, No. 1256SX Desolation Wilderness, CA, No. 1138S Golden Gate \* Mount Tam, CA, No. 1187S Henry W. Coe State Park, CA, No. 1229S Joshua Tree, CA, No. 1437XL Monterey Pebble Beach \* Carmel, CA, No. 1240S Mt Shasta, CA, No. 1122SX North Skyline \* Mid-Peninsula, CA. No. 1212S Palm Springs, CA, No. 1458XL Redwood State Park, CA, No. 1116SX Santa Cruz, CA, No. 1227S South Skyline \* San Jose, CA, No. 12135 Trinity Alps Wilderness, CA, No. 1120SX Nevada, 70 Charleston Peak, NV, No. 2470S Red Rock Canyon, NV, No. 2474S Valley of Fire \* Moapa Valley, NV, No. 2462S New York City 72 Central Park Map, NY, No. 8500S Oregon, 70-71 Battle Ax, OR, No. 524 Bend \* Three Sisters, OR, No. 622SX Bonneville Dam, OR, No. 429 Breitenbush, OR, No. 525 Bridal Veil, OR, No. 428 Broken Top, OR, No. 622 Bull of the Woods, OR, No. 524SX Columbia River Gorge East, OR, No. 432S Columbia River Gorge West, OR. No. 428S Fish Creek Mountain, OR, No. 492 Forest Park, OR, No. 426S Government Camp, OR, No. 461 High Rock, OR, No. 493 Hood River, OR, No. 430 McKenzie Bridge, OR, No. 620 Mount Hood, OR, No. 462 Mount Hood Climbing, OR, No. 462SX Mount Jefferson, OR, No. 557 Mt. Jefferson, OR, No. 557SX Oregon Coast North, OR, No. 356SX Sisters, OR, No. 590 Three Fingered Jack, OR, No. 589 Three Sisters, OR, No. 621 Three Sisters West, OR, No. 589SX Wallowa Mountains/Eagle Cap Wilderness, OR, No. 475SX <u>Utah, 71</u>

GREEN TRAILS MAPS, 70-73

Alpine Loop \* Mount Timpanogos, UT, No. 4113SX High Uintas West, UT No. 4073SX Park City, UT, No. 4092SXL Wasatch Back, UT, No. 4093SXL Wasatch Front, UT No. 4091SX Washington, 71-73 Alpine Lakes East Stuart Range, WA, No. 208SX Alpine Lakes West Stevens Pass, WA, No. 176S Bandera, WA, No. 206 Benchmark Mountain, WA, No. 144 Billy Goat Mountain, WA, No. 19 Blue Lake, WA, No. 334 Brief, WA, No. 147 The Brothers, WA, No. 168 Bumping Lake, WA, No. 271 Buttermilk Butte, WA, No. 83 Cape Flattery, WA, No. 98S Cascade Pass, WA, No. 80 Chiwaukum Mountain, WA, No. 177 Cle Elum, WA, No. 241 Coleman Peak, WA, No. 20 Cougar Mountain, WA, No. 203Š Diablo Dam, WA, No. 48 Doe Mountain, WA, No. 52 Easton, WA, No. 240 Echo Ridge, WA No. 148S The Enchantments, WA, No. 209S Enumclaw, WA, No. 237 Glacier Peak, WA, No. 112 Goat Rocks/William O. Douglass Wilderness, WA, No. 3035 Granite Falls, WA, No. 109 Greenwater, WA, No. 238 Hamilton, WA, No. 45 Holden, WA, No. 113 Horseshoe Basin, WA, No. 21 Hurricane Ridge \* Elwha North, WA, No. 134S Index, WA, No. 142 Indian Heaven, WA, No. 365 Jack Mountain, WA, No. 17 Kachess Lake, WA, No. 208 La Push, WA, No. 163S Lake Shannon, WA, No. 46 Leavenworth, WA, No. 178 Lester, WA, No. 239 Liberty, WA, No. 210 Lone Butte, WA, No. 365 Lookout Mountain, WA, No. 396 Loup Loup, WA, No. 85 Manastash Lake, WA, No. 273 Marblemount, WA, No. 47 Mazama, WA, No. 51 McCoy Peak, WA, No. 333 McGregor Mountain, WA, No. 81 Methow, WA, No. 51SX Middle Fork Snoqualmie, WA, No. 174SX Monte Cristo, WA, No. 143 Mount Adams, WA, No. 367S Mount Adams West, WA, No. 366 Mount Angeles, WA, No. 135 Mount Baker, WA, No. 13 Mount Baker Wilderness Climbing, WA, No. 13SX Mount Challenger, WA, No. 15 Mount Christie, WA, No. 166 Mount Logan, WA, No. 49 Mount Olympus, WA, No. 134 Mount Rainier East, WA, No. 270 Mount Rainier West, WA, No. 269 Mount Rainier Wonderland Climbing, WA, No. 269SX Mount Shuksan, WA, No. 14 Mount Si \* NRCA, WA, No. 206S Mount Si, WA, No. 174 Mount St. Helens, WA, No. 364 Mount St. Helens Climbing, WA, No. 364S

Volcanic Monument, WA, No. 332S Mount Steel, WA, No. 167 Mount Stuart, WA, No. 209 Mount Tom, WA, No. 133 Mountain Loop Highway, WA, No. 111SX North Cascades \* Lake Chelan, WA, No. 114SX North Cascades National Park, WA, No. 16SX Old Scab Mountain, WA, No. 272 Olympic Coast Beaches, WA, No. 995 Olympic Mountains East, WA, No. 168SX Oso, WA, No. 77 Ozette, WA, No. 130S Packwood, WA, No. 302 Paradise, WA, No. 270S Pasayten Peak, WA, No. 18 Plain, WA, No. 146 Prince Creek, WA, No. 115 Randle, WA, No. 301 Rattlesnake Mountain, WA, No. 205S Rimrock, WA, No. 304 Ross Lake, WA, No. 16 Seven Lakes Basin \* Hoh River Trail, WA, No. 133S Silverton, WA, No. 110 Skykomish, WA, No. 175 Sloan Peak, WA, No. 111 Snoqualmie Pass, WA, No. 207 Snoqualmie Pass, WA, No 207SX Snoqualmie Pass Gateway, WA, No. 207S Snowking Mountain, WA, No. 79 Spirit Lake, WA, No. 332 Stehekin, WA, No. 82 Stevens Pass, WA, No. 176 Sun Mountain \* Methow Valley, WA, No. 83S Thorp, WA, No. 242 Tieton, WA, No. 305 Tiffany Mountain, WA, No. 53 Tiger Mountain, WA, No. 204S Twisp, WA, No. 84 Tyler Peak, WA, No. 34 Tyler Peak, WA, No. 136 Walupt Lake, WA, No. 335 Washington Pass, WA, No. 50 Wenatchee, WA, No. 211S Wenatchee Lake, WA, No. 145 White Pass, WA, No. 303 Willard, WA, No. 398 Wind River, WA, No. 397 Canada, 73 Whistler, BC Canada No. 92J1S Guide to the Colorado Mountains, 10th Ed., 28 Guide to Western National Monuments, 68 Gym Climbing, 2nd Ed., 31 Hangdog Days, 50 Headstrap, 53 Healthy Back Book, The, 27, 35 Healthy Knees Book, The, 27, 35 Hermann Buhl, 53 High Alaska, 48 High Infatuation, 50 High Sierra, The, 3rd Ed., 29 Higher Love, 45 HIKE THE PARKS SERIES, 62 Hike the Parks: Acadia National Park Hike the Parks: Joshua Tree National Park Hike the Parks: Redwood National & State Parks Hike the Parks: Rocky Mountain National Park Hike the Parks: Sequoia & Kings Canyon National Parks Hike the Parks: Zion and Bryce Canvon National Parks Hiker Trash, 24, 36

Mount St. Helens National

Hiking the Grand Canyon's Geology Hiking the Southwest's Geology Hiking Safety Handbook, 58, 68 Hiking Southwest Canyon Country, 4th Ed., 59 Hiking the Oregon Coast Trail, 59 HIKING THE PACIFIC CREST TRAIL SERIES 62 Hiking the Pacific Crest Trail: Northern California Hiking the Pacific Crest Trail: Oregon Hiking the Pacific Crest Trail: Southern California Hiking the Pacific Crest Trail: Washington Hiking the Wonderland Trail, 2nd Ed. 59 Hiking Through History, 67 Hiking Washington's Fire Lookouts, 59 Himalayan Passage, 45 Home Base Hiking Europe, 64 How to Suffer Outside, 37, 43, 45 Hut to Hut USA, 65 Hypothermia, Frostbite, and Other Cold Injuries, 2nd Ed., 57 lan's Ride, 8, 45 I Promise Not to Suffer, 51 Ice and Mixed Climbing, 2nd Ed, 31 Ice Bear, 44 Idaho: A Climbing Guide, 28 Imaginary Peaks, 45 In Beauty May She Walk, 67 Isle Royale National Park, 5th Ed., 20. 59 It Happened Like This, 48 John Muir: The Eight Wilderness Discovery Books, 39 John Muir Blank Journal, 38 Journey to the Arctic, 22 Journeys North, 51 Joyride, 51 K2: The 1939 Tragedy, 53 K2: The Price of Conquest, 53 Karakoram, 53 Kilimanjaro & East Africa: A Climbing and Trekking Guide, 2nd Ed., 28 Kiss or Kill, 53 Knowing the Trees, 37, 41 Kyrgyzstan: A Climber's Map & Guide, 29 Last Empty Places, The, 45 Last Hero–Bill Tilman, The, 53 Last Step, The, 55 Last Voyageur, The, 46 Life on the Edge, A, 56 Lighting Out, 50 Lightly on the Land, 2nd Ed., 43 Live! From Death Valley, 39 Living River, 22 Long Trek Home, A, 48 Lou Whitaker: Memoirs of a Mountain Guide, 53 Low Gravity Days Notebook, 38

HIKING GEOLOGY SERIES, 62

Hiking Oregon's Geology, 2nd

MAC'S FIELD GUIDES, 42 Acadia National Park California Coastal Birds California Coastal Invertebrates California Garden Bugs Denali National Park Great Smoky NP Animals Great Smoky NP Trees &

58

Mountaineering: The Freedom of

Mountaineering First Aid, 5th Ed.,

the Hills, 10th Ed., 30

Wildflowers Gulf & San Juan Islands Midwest Garden Bugs Mt. Rainier NP Flowers & Trees Mt. Rainier NP Mammals & Birds North America Marine Mammals North American Birds of Prey North American Dinosaurs North American Freshwater Fish North American Land Mammals North American Reptiles North American Salmon & Trout Northeast Coastal Fish Northeast Coastal Invertebrates Northeast Coastal Water Birds Northeast Garden Bugs Northeast Park/Backyard Birds Northern California Park/ Garden Birds Northern California Wildflowers Northwest Coast Water Birds Northwest Coastal Fish Northwest Coastal Invertebrates Northwest Garden Bugs Northwest Park/Backyard Birds Northwest Trees Northwest Wildflowers Olympic National Park Rocky Mountain Wildflowers Southeast Garden Bugs Southwest Cacti, Trees Southwest Park/Garden Birds Yellowstone Birds & Mammals Yellowstone Trees & Wildflowers Yosemite Birds & Mammals Yosemite Trees & Wildflowers MAC'S POCKET GUIDES, 42 Glacier Nat. Park Birds & Mammals Glacier Nat. Park Trees & Flowers Grand Canyon National Park Birds & Mammals Grand Canyon National Park Flowers, Trees, & Cacti Grand Canyon National Park Geology Isle Royale National Park Southwest Cacti, Trees, & Shrubs Southwest Park & Garden Birds Southwest Things that Bite & Sting Mammals of North America Deck, 19, 38 Marine Weather Pocket Guide, 58,74 Mason Bee Revolution, 26 Medicinal Plants of the Pacific Northwest, 25, 37, 41 Medicine for Mountaineering, 6th Ed., 57 Midnight Wilderness, 22 Miles from Nowhere, 51 Minus 148 Degrees, 56 Mixed Emotions, 53 Moments of Doubt, 53 Mont Blanc Range, The, 29 Mount McKinley: Icy Crown of North America, 48 Mount Rainier: A Climbing Guide, 3rd Ed., 28 Mount Rainier National Park, 24, 37 Mount Whitney, 2nd Ed., 59 MOUNTAIN BIKE SERIES, 32 Mountain Bike: Bend Mountain Bike: Park City Mountain Bike: Tahoe Mountain of My Fear, The (& Deborah), 56 Mountain Travel & Rescue, 43 Mountain Weather Pocket Guide,

### 43, 57 Mountaineering in Antarctica, 29 Mountaines, The, 53 Mountains Don't Care, But We Do, 46 Mountains in My Heart, 53 Mudflats and Fish Camps, 48 Mud, Rocks, Blazes, 51 Mushroom Logbook, 38 My Father, Frank, 56

My Old Man and the Mountain, 46 N Naked Mountain, The, 53

Nanga Parbat Pilgrimage, 56 National Parks A to Z, 33, 34 Naturalist at Home, The, 37, 39 Naturalist's Companion, The, 41 Nature Obscura, 39 Nature of Bend, 13, 41 Nature of Portland, 13, 41 Night Naked, 56 North Cascades, The, 22 North Cascades Crest, 44 NORTHERN FOREST CANOE TRAIL MAPS, 75 #1–Adirondack North Country, West New York, Fulton Chain of Lakes to Long Lake #2-Adirondack North Country, Central New York, Long Lake to Saranac River #3-Adirondack North Country, East New York, Saranac River to Lake Champlain #4-Islands and Farms Vermont, Lake Champlain to Missisquoi River #5–Upper Missisquoi Valley: Vermont/Quebec, Mississippi River to Lake Memphremagog #6-Northeast Kingdom: Vermont/Quebec, Lake Memphremagog to Connecticut River #7–Great North Woods: New Hampshire, Connecticut River to Umbagog Lake #8–Rangeley Lakes Region: Maine, Umbagog Lake to Rangeley Lake #9–Flagstaff Lake Region: Maine, Rangeley Lake to Spencer Stream #10–Greater Jackman: Maine, Spencer Stream to Moosehead Lake #11–Moosehead/Penobscot Region: Maine, Moosehead Lake to Umbazooksus Stream #12–Allagash Region, South Maine, Umbazooksus Stream to Umsaskis Lake #13–Allagash Region, North Maine, Umsaskis Lake to St. John River Northern Forest Canoe Trail: Official Guidebook, 75 Northwest Foraging, 25 Northwest Garden Manifesto, The, 26 Northwest Trees, 2nd Ed. (Anniversary Ed.), 41 Northwest Trees, 2nd Ed. (field guide size), 41 o

#### Olympic Mountains: A Climbing Guide, 4th Ed. (field guide size), 28 Olympic Mountains Trail Guide, 4th Ed. (field guide size), 59 On Arctic Ground, 23 Orca, 23 Oregon's Ancient Forests, 59 OUTDOOR FAMILY GUIDE SERIES, 34 Outdoor Family Guide to Acadia National Park, An, Outdoor Family Guide to Rocky Mountain National Park, An, 3rd Ed. (field guide size)

Outdoor Family Guide to Washington's National Parks and Monuments, An Outdoor Family Guide to Yellowstone and the Tetons National Parks, An. 2nd Ed. (field guide size) Outdoor Leader, The, 43 Outdoor Leader, The, 43 Over the Edge, 54 Over the Top (Mountaineers Anthology series), 49 Owl, 23 Owl & the Woodpecker, The, 44 Pacific Coast Foraging Guide, 25

Pacific Crest Trailside Reader: California, 49 Pacific Crest Trailside Reader: Oregon & Washington, 49 Pacific Harvest, 12, 25, 41 Pacific Northwest Birds: Forest & Mountains, 42 Pacific Northwest Birds: Lowlands & Coast, 42 Pacific Northwest Nature, 24, 37 Pacific Northwest Wildflowers, 42 Packraft Handbook, The, 74 Paddling Southern Maine, 74 Paddling the Columbia, 74 Paddling the Salish Sea, 74 Paddling Washington, 74 Peak Nutrition, 35 Photography: Birds, 44 Photography: Night Sky, 44 Photography: Outdoors, 3rd Ed. (field guide size), 44 Pickets and Dead Men, 46 Planet Ice, 23 Playing for Real, 54 Pocket Doctor, 3rd Ed. (field guide size), 58 Pollinators of North America Deck, 24.36 Postcards from the Ledge, 54 Prophets and Moguls, Rangers and Rogues, Bison and Bears, 46 Psychovertical, 54

Rain Gardens for the Pacific Northwest, 26 Rare Air, 24, 37, 39 Rare Bird, 39 Raven's Witness, 48 Real Gardens Grow Natives, 26 Reinhold Messner: My Life at the Limit, 54 Return of the Bison, 39 Rise and Roar, 38 Rising, 56 River Songs, 46 Road to San Donato, The, 51 Road Trip Pilgrim's Guide, The, 27 Rock Climbing, 2nd Ed. (field guide size), 31 Rock Climbing Anchors, 2nd Ed. (field quide size), 30 Rockhounding Logbook, 15, 38 Rockhound's Guide to Oregon & Washington, A, 14, 41 Rocks Above the Clouds, 68 Rocky Mountain Alpine Flowers, Rocky Mountain Field Guide, 15, 41 Rocky Mountain Flora, 2nd Ed. (field quide size), 68 Rocky Mountain Wildflowers, 2nd Ed. (field guide size), 68 Roskelley Collection, The, 56 Rowing into the Son, 46 Royal Robbins, 50 s Sage Spirit, 23 Salmon, Cedar, Rock & Rain, 23

Salmon in the Trees, 23 Salmon Way, The, 23 Sasquatch Seeker's Field Manual, The. 39 Scraping Heaven, 46 Scraps, Peels, and Stems, 25 Sea Kayaking, 74 Seattle Stairway Walks, 34, 64 Selected Climbs in the Desert Southwest, 29 Selected Climbs in the Northeast, 29 Seventymile Kid, The, 48 Shape in the Dark, A, 48 Sharp End of Life, The, 50 Sherpa, 56 Sideways Look at Clouds, A, 39 Sierra Grand Traverse, 59 Sierra High Route, 2nd Ed. (field guide size), 59 Sixty Meters to Anywhere, 50 Skies Above, The, 40 Skiing and Sleeping on the Summits: Cascade Volcanoes of the Pacific Northwest, 77 Sleeping on the Summits, 68 Small Feet, Big Land, 48 Snoqualmie Pass, 46 Snow Travel, 31, 76 Snowboarding, 76 Snowshoe Routes: Colorado's Front Range, 2nd Ed. (field guide size), 77 SNOWSHOE ROUTES SERIES, 77 Snowshoe Routes: Adirondacks & Catskills Snowshoe Routes: New England Snowshoe Routes: Northern California Snowshoe Routes: Washington, 3rd Ed. Snowshoeing, 5th Ed. (field guide size), 76 Snowy Owl, 44 Soggy Sneakers, 5th Ed., 74 Spirited Waters, 46 Sport Climbing, 31 Stand Up Paddling, 74 Starship and the Canoe, The, 46 Staying Alive in Avalanche Terrain, 3rd Ed. (field guide size), 76 Stehekin, 46 Sticks, Stones, & Pinecones, 24, 33, 34, 37 Stone Palaces, 54 Stories Behind the Images, 44, 46 Strange and Dangerous Dreams, 46 Surfing, 74 Survival is Not Assured, 46 Swallowed by the Great Land, 48 Swimming Holes of Washington, Tarot for the Great Outdoors, 24, 37 Thin Air, 54 Thirst. 51 This Land of Snow, 46 Thousand Trails Home, A, 48 Through a Land of Extremes, 56 Tilman: The Seven Mountain-Travel Books, H.W., 53 Tilting at Mountains, 54 Tiny Worlds of the Appalachian Mountains, 37, 40 To the Arctic, 23 Tracking the Wild Coomba, 46

Trad Guide to Joshua Tree, The,

Trekking Nepal, 8th Ed. (field guide

Trekking Tibet, 3rd Ed. (field guide

Trail Notes Notebook, 38

Travels to the Edge, 44 Trees of the West, 24, 37

Trekking in Bolivia, 64

size), 64

size), 64 Trekking Peru, 64 Triathlon Revolution, 35

Trail Running Illustrated, 35

28

Valley of Giants, 49 Villain, The, 54 w Walking Great Britain, 64 Walking the Big Wild, 46 Walking the Gobi, 47 Walking to the End of the World, 47 Walking Toward Peace, 47 Walking with Spring, 67

U Ueli Steck, 56

Uncle Dave's Cow, 25

Urban Cycling, 27 Urban Farm Handbook, The, 26

Urban Trails: Bellingham

Urban Pantry, 25 URBAN TRAILS SERIES, 63

Urban Trails: Boise Urban Trails: East Bay

Urban Trails: Eastside

Urban Trails: Everett Urban Trails: Kitsap Urban Trails: Madison

Urban Trails: Olympia

Urban Trails: Portland

Urban Trails: Seattle

Coeur d'Alene Urban Trails: Tacoma

Urban Trails: Tucson

Urban Trails: Sacramento Urban Trails: Salt Lake City Urban Trails: San Francisco

Urban Trails: Spokane and

Urban Trails: Vancouver, BC

Urban Trails: Vancouver, WA

Underfoot, 67

Unraveled, 50

Wanderer, The, 40, 48 Warblers & Woodpeckers, 47 Washington Ice: A Climbing Guide, 28 Washington Scrambles, 2nd Ed. (field guide size), 64 Washington's Channeled Scablands Guide, 65 Washington's Pacific Coast, 65 Washington Wildflower Hikes, 59 Waterfall Atlas of the United States, 40 Waterfall Lover's Guide to Northern California, 59 Waterfall Lover's Guide to the Pacific Northwest, 5th Ed. (field guide size), 59 Way Out There, 47 We Are Puget Sound, 23 We Were There, Too, 67 Weekend Rock Arizona, 29 Weekend Rock Oregon, 29 Weekend Rock Olegon, 29 Weekend Rock Washington, 29 What Birds Eat, 26, 40 Where the Pavement Ends, 51 Where Water is Gold, 23 Wild Chorus, 40, 47 Wild Eats, 35, 68 Wild in Seattle, 10, 27, 40 Wild Plants of the San Juan Islands, 2nd Ed. (field guide size), 41 Wild Promise, A, 23 Wild Shots, 48 Wilderness Basics, 4th Ed., 43 Wilderness GPS, 43 Wilderness Navigation, 4th Ed., 20, 43 Wildest Dream, 54 Wildfire, 40 Winter 8000, 56 Woman's Place is in the Wild Deck, A. 38 Written in the Snows, 47 Year in Paradise, A, 47

Yellowstone & Grand Teton Turn Around Time, 37

National Parks Deck, 34, 64 Yellowstone Migrations, 23 Yellowstone to Yukon, 23 Yoga for Climbers, 35 Yoga for Hikers, 35 Yosemite National Park Deck, 38,64

Zen of Mountains and Climbing, 27 Zen of Oceans and Surfing, 27 Zen of Snowy Trails, 27 Zen of Watching Birds, 27

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# JASON KINCADE, OWNER

19 Bushwick Avenue, 3R Brooklyn, NY 11211 Phone: 347.244.2165 jasonkincade@parsonweems.com

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FUJII ASSOCIATES

## ERIC HEIDEMANN, PRINCIPAL/OWNER 75 Sunny Hill Drive Troy, MO 63379 Phone: 636.528.2546 Cell: 314.494.4884 Fax: 636.600.5153 eric@fujiiassociates.com

# ADRIENNE FRANCESHI,

OFFICE MANAGER 2745 Bradfield Drive Lincoln, NE 68502 Phone: 978.761.2296 adrienne@fujiassociates.com

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