25

SPRING/ SUMMER CATALOG





Cactus at night, from Urban Trails: Tucson by Sirena Rana



Mountaineers Books is an independent nonprofit publisher



MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



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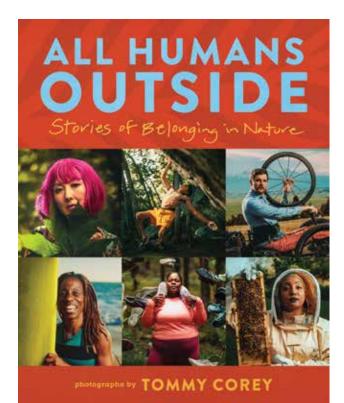
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BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations. **SKIPSTONE** is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

ALL HUMANS OUTSIDE

Stories of Belonging in Nature

TOMMY COREY



368 pages | 7½ x 9¼ | \$39.95 | hardcover | 275 color photos ISBN 978-1-68051-706-4 | Nature/Photography/Diversity Rights: World

ABOUT THE AUTHOR

TOMMY COREY is an LGTBQ+ Mexican-American photographer whose creative endeavors focus on diversity, inclusion, and accessibility in the outdoors. His work has been featured by *Outside*, GearJunkie, PetaPixel, This Is Range, the Pacific Crest Trail Association, and many outdoor nonprofits. His thru-hike of the Pacific Crest Trail led to a wholehearted



devotion to the outdoors. Corey is based in Redding, California.

ONLINE:

tommycorey.com O@tommycoreyphoto

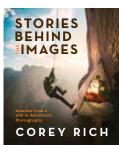
An extraordinary celebration of diversity and belonging in the outdoors

- Full-color photography and profiles of 101 unique individuals from hikers to climbers, beekeepers to park rangers
- 250-plus portrait and action photos feature a wide range of ages, ethnicities, body sizes, sexualities, gender identities, and physical abilities
- Profiles and first-person accounts describe life-changing connections with nature

Featuring the elevated, intimate art of photographer Tommy Corey, *All Humans Outside* is a reflective look at the varied ways people's lives are forever changed by nature through sustainability and conservation work, outdoor sports and recreation, community building, and more. Corey traveled across the United States and conducted more than two hundred interviews to chronicle these diverse experiences, sharing them through documentary-style photography and both first-person and third-person stories.

Subjects include backcountry horse rider Gillian Larson, Triple Crowner and sponsored athlete Jack Jones, self-described "seminomadic van-dwelling grandma" Pacific Crest Trail hiker Karen DeSousa, Filipinx immigrant and park ranger Francis Eymard Mendoza, adaptive athlete Annijke Wade, New York Hunters of Color ambassador Brandon Dale, bestselling author and runner Mirna Valerio, and many more.

All Humans Outside is a stunning collection of stories in which everyone can find inspiration.







KAM REDLAWSK

I WAS ABANDONED AT BIRTH IN DAEGU, South Korea, and adopted by a white family in Michigan. I had a regular working-class Midwest upbringing. I played more "tomboy" types of sports with my big brothers and soccer for about thirteen years. In high school, Ibegan to notice things were different about me physically.

While playing soccer my junior year of high school, nothing happened when I went to kick the ball. Even though I thought "kick," I physically couldn't—there was a disconnect between my body and mind. I suspected something was wrong as this lack of control persisted, and thus began the journey of learning that I had an extremely rare muscle-wasting disorder; GNE wrooathy.

I worked to be my own best advocate to find out what was going on while I was traversing the diagnosis process. It took me about five years and five different diagnoses to find some semblance of what was happening to me. As my disease progressed, I started using a cane first, then braces as my legs weakened. It was frustrating because my body was wasting away, but I still had no answers. Every time I would find an explanation, I would eventually learn my diagnosis was incorrect and then I would have to start all over again. The hardest part was doing it all allone because no one believed me.

Disability is incredibly diverse. Society tends to clump all disabled people under one umbrella when, really, everyone has different conditions, diseases, and parameters around their situation. My disease is progressive, so I am constantly forced to adapt to a moving target—and adapt to loss. Every week, every month, every year, something changes, and I lose something. I'm not just losing parts of my physicality; I'm losing things that I loved and used to do, things that I equated with my identity. That's been one of the most difficult aspects of having a progressive condition.

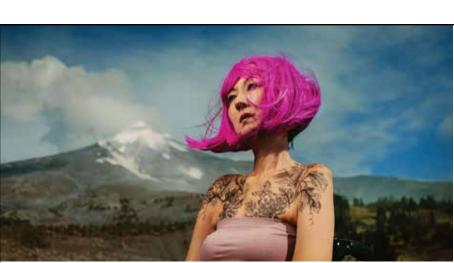
My condition has also forced me to look at aspects of my life beyond my physicality. For that, I'm really grateful, because it's pushed me to live my

BEHIND THE SCENES

I met Kam when we made a film together about her disability and how it brings her in closer comnection to nature. It was our first time meeting in person, and we spent an entire week down in Joshua Tree filming together. I am embarrassed to admit this, but I never had

I am embarrassed to admit this, but I never had a friend with her level of disability before, so I was nervous. Would I offend her? Would I act weird? Would I be able to tell her story in a way that she would be proud of?

I am so grateful that we became friends after that film. She's taught me a lot and opened up a world of possibilities when it comes to who I can connect with. If I had never met Kam, I don't know if you'd be holding this book.



life knowing that it's progressive and I do have time, but one day, I won't have any mobility left. That really gave me a focus and purpose. My life isn't over, but I know these things I can do will be over one day—so I'm going to live.

I have been living with this disease for more than twenty years, and it still hurts me to talk about it. Even though I've lived with it half of my life,

The more people see us, the more they will think of us and realize we are more alike than not.

I could've seen more

hearing it out loud makes it feel real. I'm not remembering something that has happened; I'm experiencing something that is happening *now*. My disability has never stopped my relationship with

 we are not.
 nature. I never had any role models or ever saw any disabled people represented out in nature. J just knew that I loved road trips and being outside. It would be nice to do so much more when I'm out in nature. I wish that national parks or recreation areas would think of disabled people when they create trails—making them flatter or paved sow can traverse the space with ease. At the end of a road trip, when I'm looking in the rearrive mirror, there's inherent sorrow because I wish



I think most nondisabled people think disabled folks don't want to come out of our houses or do things outdoors. But the reason you don't see us is because places are inaccessible. What people don't see is that we are human and normal just like everyone else—we have the same passions, the same curiosities, the same heartaches and struggles. The more people see us, the more they will think of us and realize we are more alike than not. That's why stories like mine are so important.

Disability is such a harrowing experience for people to imagine, because imagination is just empathy in creative motion. To imagine what life is really like for a disabled person requires empathy, which provokes changechanging minds, laws, accessibility, and structures so that they include all people. For access to nature to be truly inclusive, it's essential to represent the spectrum of the human condition that exists.

NEW SERIES: CAMPFIRE STORIES GUIDES

Ignite a sense of wonder and discover a deeper appreciation of place through storytelling

- Curated story collections explore the rich and diverse legacies of America's beloved natural places
- Local recommendations for outdoor exploration, select cultural activities, camping options, gateway towns, and more
- "How to Visit Well" and "Community Resources" sections offer tips on sustainable travel while highlighting cultural, Indigenous, and conservation organizations

Expanding on the bestselling *Campfire* Stories volumes, which feature shareable tales from our national parks, this new series from Ilyssa and Dave Kyu immerses readers in the storytelling endemic to America's beloved natural spaces, offering unique tours through diverse histories, lore, and landscapes.

Part story collection and part travel companion, each eyecatching volume begins with an anthology of "campfire stories"—from classic passages to original poetry, historical excerpts to fresh perspectives, treasured folk songs to local myths. Through the magic of storytelling, readers are deeply drawn into each distinctive terrain. These tales are then followed by a mini-guide: community-sourced recommendations for outdoor activities, cultural landmarks, and historical points of interest that will enrich the reader's experience, as well as tips on how to best travel lightly and respectfully through these scenic and varied public lands. CAMPFIRE STORIES A CAMPFIRE STORIES A CAMPANE A COMPANION COMPANION

CAMPFIRE STORIES: THE ADIRONDACKS

TALES & TRAVEL COMPANION

ILYSSA KYU AND DAVE KYU

192 pages | 4½ x 6½ | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-748-4 ebook 978-1-68051-749-1 | Outdoors/Public Lands/Stories Rights: World

Contributors include Robin Wall Kimmerer, Joseph Bruchac, Bill McKibben, Alan Steinberg, June Frankland Baker, Henry Abbott, William H. H. Murray, and Matt Dallos.

ABOUT THE EDITORS

ILYSSA KYU is a design researcher focused on storytelling and creative solutions at the intersection of nature, design, and inclusion and the founder of Amble, a sabbatical program for creative professionals to take time away with purpose in support of nature conservancies. DAVE KYU is a socially engaged artist, writer, and arts administrator. Born in Seoul, South Korea and raised in the United States, he

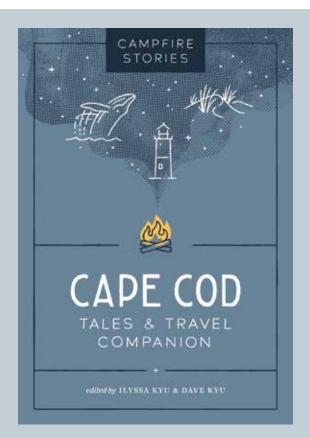


explores the creative tensions of identity, community, and public space in his work. They live with their two daughters outside of Philadelphia and are always seeking adventure and connection in the outdoors.

ONLINE:

campfirestories.com @@campfirestoriesbook

AVAILABLE IN APRIL



CAMPFIRE STORIES: CAPE COD

TALES & TRAVEL COMPANION

ILYSSA KYU AND DAVE KYU

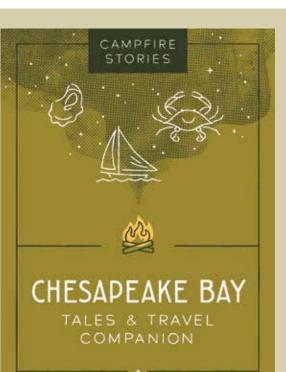
 192 pages | 4½ x 6½ | \$18.95 | paperback

 1 full-color map | ISBN 978-1-68051-750-7

 ebook 978-1-68051-751-4 | Outdoors/Public Lands/Stories

 Rights: World

Contributors include Michael Cunningham, David Gessner, Elizabeth Bradfield, Mark Doty, Henry Beston, Mary Oliver, and Clare Leighton.



edited by ILYSSA KYU & DAVE KYU

CAMPFIRE STORIES: CHESAPEAKE BAY

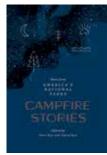
TALES & TRAVEL COMPANION

ILYSSA KYU AND DAVE KYU

192 pages | 4½ x 6½ | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-752-1 ebook 978-1-68051-753-8 | Outdoors/Public Lands/Stories Rights: World

Contributors include Tiya Miles, Annie Marhefka, Gilbert Byron, Tom Wisner, James Michener, Audrey Scharmen, Makshya Tolbert, and RagghiRain.

THE CAMPFIRE STORIES COLLECTION









Coming September 2025:

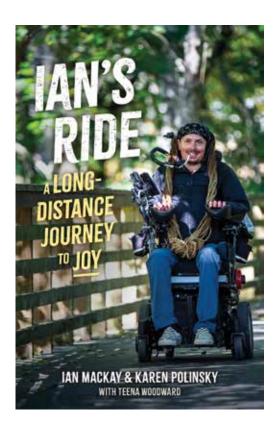
The Redwood Coast The San Juan Islands Santa Fe & Taos

AVAILABLE IN APRIL

IAN'S RIDE

A Long-Distance Journey to Joy

IAN MACKAY AND KAREN POLINSKY WITH TEENA WOODWARD



208 pages | 5½ x 8½ | \$21.95 | paperback | 8-page color insert ISBN 978-1-68051-742-2 | ebook 978-1-68051-743-9 Memoir/Outdoors/Disability | Rights: World

Inspiring story about living with disability and the transformative power of the outdoors

- An intimate look at the life, challenges, and successes of a C2 quadriplegic
- Ian holds the world record for the greatest distance traveled in a motorized wheelchair in 24 hours, as featured in Sports Illustrated
- Rooted in the Pacific Northwest, with the Olympic Peninsula's Discovery Trail as a key setting

While studying as a biology undergrad at UC Santa Cruz, Ian Mackay crashed his bike into a tree on campus. Paralyzed from the shoulders down, Mackay adapted to his new life with the help of his dedicated family, particularly his mother, Teena Woodward, and a group of quirky friends. After years of despair, and against all odds, he became an inspiring leader, an innovator with Apple, and a world-record-breaking athlete. In this intimate memoir based on more than one hundred hours of interviews, journal entries, and more, writer Karen Polinsky recounts with Ian his accident and determined recovery, in which he discovered the healing power of nature and community.

Ian's Ride is both a personal journey and an adventure quest for nature lovers, endurance athletes, and anyone struggling with a life-changing loss or diagnosis. This deeply moving true story examines how we exist in our bodies, adapt to and overcome adversity, and above all what makes our hearts tick.

ABOUT THE AUTHOR

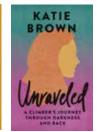
IAN MACKAY, a C2 quadriplegic, is an environmentalist and endurance athlete and executive director of Ian's Ride, which aims to increase accessibility to the outdoors. Mackay is an ambassador for the Rails-to-Trails Conservancy and a proud board member of The Here and Now Project. He lives in Port Angeles, Washington. ONLINE: iansride.com ©@ians_ride

A former journalist and high school teacher, KAREN POLINSKY is a novelist and playwright. She has written more than a dozen fully produced scripts, including two plays featured in the PDX Fertile Ground Festival, and the recent dance drama *Heart of Stone*. Polinsky lives in Portland, Oregon.





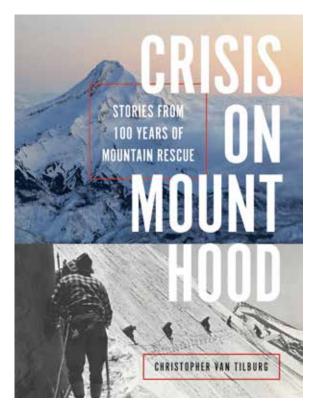




CRISIS ON MOUNT HOOD

Stories from a Hundred Years of Mountain Rescue

CHRISTOPHER VAN TILBURG



240 pages | 6 x 8 | \$24.95 | paperback | 8-page color insert 1 map | ISBN 978-1-68051-714-9 | ebook 978-1-68051-715-6 Nonfiction/Adventure/Pacific Northwest **Rights: World English Language**

Gripping true stories of life-or-death mountain rescues with the Hood River Crag Rats—America's oldest search and rescue team.

- Each chapter begins with the author's riveting stories of rescue missions on Mount Hood
- Covers a century of Crag Rats history and profiles inspiring rescue volunteers, from teacher Lisa Rust to 68-year-old Brian Hukari
- Explores how overcrowding, climate change, and technology have increased search and rescue calls

In Crisis on Mount Hood, author and emergency room doctor Christopher Van Tilburg looks at the history of America's oldest all-volunteer mountain rescue team, the Hood River Crag Rats, and his own three-decade commitment to search and rescue. Centered on Oregon's iconic 11,249-foot-high Mount Hood, considered by many to be the world's most-climbed glaciated peak, this dramatic narrative leads readers through a century of life-and-death challenges.

Covering the past, present, and future of Mount Hood, Van Tilburg highlights the titans of mountain rescue, the ways that outdoor recreation has changed over time, the challenging effects of climate change, and, most of all, the unwavering passion of search and rescue volunteers.

ABOUT THE AUTHOR

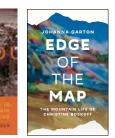
CHRISTOPHER VAN TILBURG, grew up in the Pacific Northwest and first climbed Mount Hood in 1994. He is an author and physician practicing emergency, wilderness, occupational, and travel medicine, as well as a medical director for four regional search and rescue teams, a past chair of Mountain Rescue Association's Medical Committee, and a USA delegate to the International



Commission for Alpine Rescue. Van Tilburg serves as the Hood River County public health officer and as medical examiner for five Oregon counties. For over twenty-five years he has volunteered for the Hood River Crag Rats mountain rescue team. Van Tilburg lives in Hood River, Oregon.

ONLINE: christophervantilburg.com

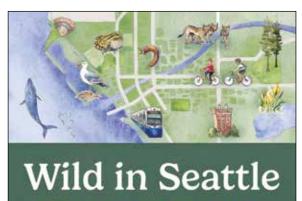




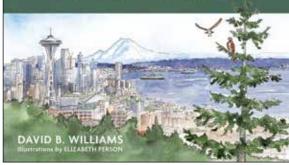
WILD IN SEATTLE

Stories at the Crossroads of People and Nature

DAVID B. WILLIAMS, ILLUSTRATIONS BY ELIZABETH PERSON



STORIES AT THE CROSSROADS OF PEOPLE AND NATURE



224 pages | 6 x 8 | \$22.95 | paperback | 49 color illustrations ISBN 978-1-68051-765-1 | ebook 978-1-68051-766-8 Natural History/Seattle | Rights: World

ABOUT THE AUTHOR

DAVID B. WILLIAMS is an historian, naturalist, and tour guide whose award-winning books include Homewaters: A Human and Natural History of Puget Sound and Too High and Too Steep: Reshaping Seattle's Topography. He publishes a free weekly Substack newsletter, "Street Smart Naturalist."



ONLINE: geologywriter.com

ELIZABETH PERSON is known for her unique map illustrations, informational art, and Northwest themes. She works primarily in ink and watercolor from her studio in Everett, WA where she also manages an online store and commissions.

ONLINE: elizabethperson.com @@elizabeth_person

An entertaining and history-packed exploration of Seattle's familiar yet often overlooked natural, urban, and geological wonders

- More than 40 essays dive into the geology, animals, plants, and architecture that shape Seattle
- Fully illustrated by celebrated local artist Elizabeth Person
- Fun and fascinating sidebars explore regional vocabulary, scientific terms, and Indigenous language phrases

For award-winning natural history writer David B. Williams, to be connected to a place you need to pause and look deeply at it. Wild in Seattle is Williams' delightful journey of discovery in this city where not only is nature all around, it's also written in the stones of the urban landscape. Explore the geologic history of glaciers, tsunamis, earthquakes, and volcanoes as well as the ways humans shape the Seattle topography. From backyards to downtown, watch for coyotes, crows, seals, otters, owls, and so much more wildlife who also call the region home. Look up at the buildings to find terra cotta eagles, stone that traveled over millions of years from Asia to the San Juan Islands, and clues to the horses who used to power the city's transportation network. Wrap your arms around a giant Douglas-fir, appreciate the unsung yet remarkable skunk cabbage, stop and listen to the spring chorus of frogs.

Williams' lively essays woven with Elizabeth Person's engaging illustrations will fire up the curiosity of both residents and visitors alike, inspiring all to take a fresh look at the Emerald City.

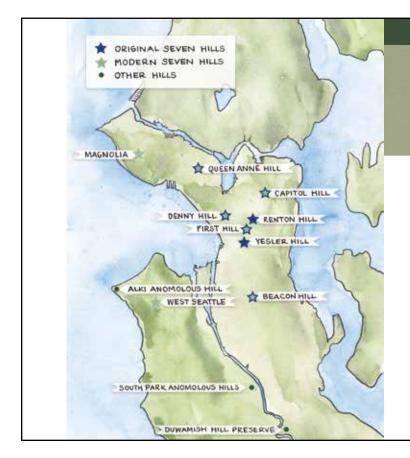
ALSO OF INTEREST





DISCOVERING

A LOCAL'S GUIDE



Of Eagles and Terra-Cotta

Downtown Seattle is a good place to go birding. I have seen pelicans, ravens, and ducks, including several sets of tracks. None are living or produced by an animal; all are adornments on buildings, except the tracks, which some whimsical builder embedded in the sidewalk. I have also counted more than 120 eagles (and close to 300 lions, the most abundant architectural animal). The most formidable are several scowling atop the Camlin Hotel at 1619 Ninth Avenue. I have also seen two that carried the sun, many that are abstract, one that looks guilty, and several seemingly ready to soar. Whenever I am in doubt as to the bird species being depicted, if the image includes a beak and talons, I assume it's an eagle, as these features seem, to me, to be the essence of eagleness.

Nearly all of the urban eagles are molded terra-cotta, a building material that was widely used in the city between the 1890s and 1930s. The reasons were severalfold. It was cheaper and lighter than stone, easier to fashion into any desired shape, and fireproof. Plus, clay, its main ingredient, was easy to obtain, primarily by quarrying the city's hillsides of beds deposited during the previous Ice Age. These clay layers, as well as forty-million-year-old clay deposits found east of Lake Washington, are also why so many buildings and roads in King County were built with brick.

DUWAMISH

The name refers to people of the inside place, or those who lived along what have been named the Duwamish, Cedar, and Black Rivers. As with other words from Lushootseed, the Native language of Puget Sound, the English version approximates the original word, dx^wdaw?abš. *Absh*, or *ish*, means "people." Today, the Duwamish continue their social, cultural, and economic life through their Longhouse and Cultural Center, near the mouth of the river.

the Blakeley Formation, which most likely used to form a sea stack, possibly connected to land by a tombolo. (Dang, how often does a geogeek get to write *tombolo* and *turbidity* in the same sentence? Clearly not often enough!) At low tide, you can also see the Blakeley as it continues south of Alki Point, part of the reason for good tide pooling in this area.

The Blakeley also forms the two hills west of the Duwamish River in the South Park neighborhood. Unlike the rest of the Duwamish River valley and its relatively flat land, which consists of young (post–Ice Age) horizontal river deposits (which also means this area is highly susceptible to flooding), the hummocks rise to 110 feet. Another idiosyncrasy is that unlike many of the Seattle hills, which tend to be steepest on the east and west sides due to glacial carving, the higher of the two South Park tors drops precipitously on the north. For those parties interested in this abrupt ascent, two stairways (85 and 114 steps) climb the west hill.

The most accessible and tantalizing mound—Duwamish Hill Preserve rises on the banks of the Duwamish. Protected and planned by a public and private partnership, the preserve has a short trail with steps to the summit and many interpretive signs. I have also read that the knoll provided a vantage

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OF EAGLES AND TERRA-COTTA

The most aquiliferous building was built in 1925 for the Fraternal Order of Eagles as their Aerie No. 1. (The organization started in Seattle in 1898 as the "Seattle Order of Good Things.") The building at 700 Union Street features thirty-three eagles, including a full-bodied, three-dimensional eagle made out of terra-cotta, cast at a cost of \$2,100 (around \$36,500 today) and described in a City of Seattle landmarks report as "an unprecedented achievement at the time." In addition, an eagle with spread wings sits atop a flagpole on the roof; I once saw a gull sitting on the ersatz eagle.

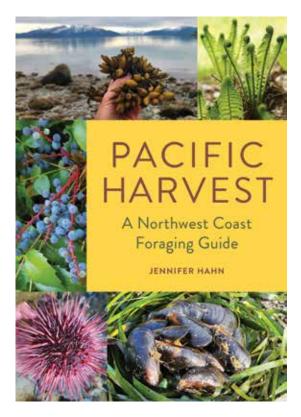


SKIPSTONE

PACIFIC HARVEST

A Northwest Coast Foraging Guide

JENNIFER HAHN



368 pages | 6 x 8½ | \$26.95 | paperback | 175 color photos ISBN 978-1-68051-668-5 | ebook 978-1-68051-669-2 Food/Foraging/Nature | Rights: North American

<u>ABOUT THE AUTHOR</u>

JENNIFER HAHN is an author, scientist, teacher, culinary explorer, and wilderness guide. She teaches sustainable wild food harvesting at Fairhaven College of Interdisciplinary Studies at Western Washington University and leads seaweed workshops for the North Cascade Institute, Salish Sea tribes, and First Nations. Her first book Spirited Waters: Soloing South through the Inside



Passage won the Barbara Savage Miles from Nowhere award. A naturalist and guide in Southeast Alaska and the Inside Passage, Hahn lives in Bellingham, Washington.

ONLINE: pacificfeast.net

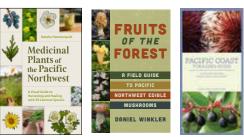
Discover the Pacific Coast's tastiest wild delicacies from the beach, field, and forest!

- Highlights 70-plus edible species including seaweeds, beach vegetables, shellfish, mushrooms, berries, trees, ferns, and wild and weedy greens
- Includes more than 60 recipes, plus tips for enjoying this natural abundance
- Key sections describe sustainable harvesting practices

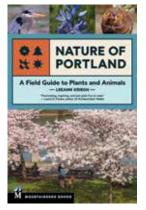
Pacific Harvest, written by expert forager and guide Jennifer Hahn, introduces both novice and more experienced foragers to the Pacific Coast's ample and diverse edible species. Recognizing your local edible berries, flowers, greens, roots, tree parts, mushrooms, seaweeds, beach vegetables, and shellfish is a passport to a comforting sense of place. Hahn shares immersive descriptions of her foraging adventures as well as full-color photos to make identifying these species easy and enjoyable. Each featured food listing includes common names, taxonomy, primary location, description, harvesting details, and culinary tips for transition from the wild to the kitchen table. Select listings call out notable nutrition and wellness benefits, along with contemporary research on conservation status.

This coastal foraging guide highlights authentic Indigenous harvesting practices including profiles of Indigenous leaders in the traditional foods movement. Hahn emphasizes a sustainable approach to foraging, reminding readers what other beings also depend on these plants and animals as food and shelter sources.

Pacific Harvest incluides dozens of recipes featuring foraged foods, ranging from no-fuss delights like Salal Berry Scones and Kelp-Wrapped Salmon to comfort foods like Fiddlehead Quiche and Horse Clam Stir-Fry.



AVAILABLE IN MAY



NATURE OF PORTLAND

A Field Guide to Plants and Animals

LEEANN KRIEGH

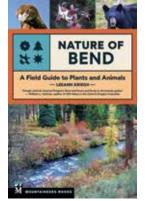
320 pages | 5½ x 8½ | \$22.95 | paperback | 900+ color photos 40 illustrations | ISBN 978-1-68051-791-0 | ebook 978-1-68051-792-7 Guidebook/Northwest/Field Guide | Rights: World

Hyper-local field guide to Portland, Oregon's plants and animals

- Highlights when and where to see more than 350 species
- Full of local natural history, ecology, stories, and facts
- 10 "treasure hunts" in the city, from Powell Butte to Fernhill Wetlands

Learn what's buzzing and blooming with this one-of-a-kind guide to Portland-area plants and animals. LeeAnn Kriegh's fresh, funny take is full of inspiration about where to go, what to look for, and how to enjoy the nature right under your nose. Listings include common and scientific names; key details like size, bloom time, and months seen; natural history and ecology tidbits; what to look for when identifying species, and exactly where to find it. Full-color photographs help readers identify more than 350 birds, wildflowers, trees, and animals.

Sidebars with quotes, facts, and tips expand readers' appreciation of Portland's local natural history and ecology—from where to find the best cherry trees and birding experiences, to the sex lives of dragonflies and much more.



NATURE OF BEND

A Field Guide to Plants and Animals

LEEANN KRIEGH

304 pages | 5½ x 8½ | \$22.95 | paperback | 600+ color photos 40 illustrations | ISBN 978-1-68051-789-7 | ebook 978-1-68051-790-3 Guidebook/Northwest/Field Guide | Rights: World

Approachable, easy-to-use field guide to the plants and animals of Central Oregon

- Features more than 350 plants and animals
- Includes a dozen scavenger hunts across Central Oregon
- Detailed descriptions of where to look for every species on trails and in local parks

The Nature of Bend is a field guide like no other. Funny, informative, and filled with local flavor, it's the one nature guide that both locals and visitors need to find, identify, and learn all about Central Oregon's plants and animals. Listings include common and scientific names; key details like size, bloom time, and months seen; natural history and ecology tidbits; what to look for when identifying species, and exactly where to find it. Full-color photographs help readers identify more than 350 birds, wildflowers, trees, and animals while humorous sidebars and local stories educate and entertain. Fun facts will pique readers' interest and encourage them to dive deeper.

ABOUT THE AUTHOR



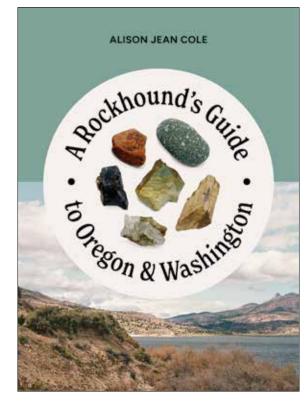
LEEANN KRIEGH was raised on the west side of the Cascades, picking strawberries, catching crawdads, and helping woolly bears cross the road. She earned her bachelor's and master's degrees in English and has written for *The Oregonian*, along with many magazines, businesses, and nonprofits. She's the author of two nature guides, and after fifteen years on Sauvie Island, now lives in Bend, OR.

ONLINE: natureofbooks.com



A ROCKHOUND'S GUIDE TO OREGON & WASHINGTON

ALISON JEAN COLE



256 pages | 5½ x 7½ | \$24.95 | paperback | 140 color photos 61 maps | ISBN 978-1-68051-699-9 | ebook 978-1-68051-700-2 Guidebook/Washington/Oregon/Nature | Rights: World

ABOUT THE AUTHOR

ALISON JEAN COLE is a geology enthusiast and artist. Frequently traveling all over the western states in search of material to use in her lapidary craft, she leads rockhounding expeditions, runs a geology festival in Utah, and is a proud member of the Mount Hood Rock Club. She is the author of *Beautiful Rocks & How to Find Them*, and publishes THUNDEREGG, a zine that focuses on the changing face of rockhounding culture. She lives in Portland, OR.



ONLINE: alisonjeancole.com O@alisonjeancole

An authoritative, colorful guide to the best rockhounding sites in Washington and Oregon

- Features 60 outstanding rockhounding sites
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 like tool selection and preparedness

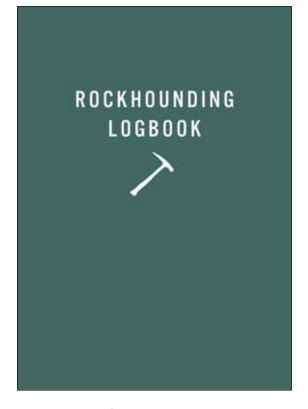
The Pacific Northwest's geologic history is rich with glacier and volcanic activity, the collision of ocean crust with the continent, and epic floods leaving behind a treasure trove for rockhounds. Alison Jean Cole has carefully selected 60 top sites and guides readers to such finds as agates and jaspers in Washington's Cascades and Oregon's Blue Mountains, petrified wood and leaf fossils in the Owyhee Uplands, or jades and marbles in the North Cascades and southeastern Oregon.

A Rockhound's Guide to Oregon & Washington emphasizes that rockhounding is about quality not quantity. Readers will find thorough explanations of federal and state collecting rules, rockhounding ethics, as well a framework for a tread-lightly ethos. A section on tools and preparedness guides the beginning collector, and a glossary of terms is a helpful resource for all budding geologists.

In addition to detailed information on where exactly to begin a rock hunt, every location features an overview of the area's geologic history and age, what types of rocks are worth finding there, needed tools, land manager, and collection limits. Clear driving directions with GPS coordinates, road quality and trip safety information, best season to go, and an informative map round out each description.



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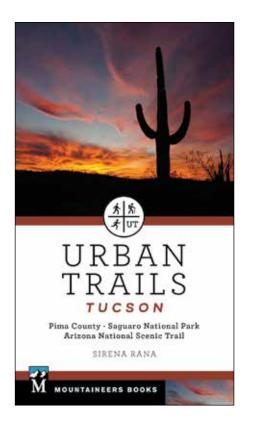
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Pima County * Saguaro National Park * Arizona National Scenic Trail

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Surrounded by five mountain ranges, with high points ranging from roughly 4,700 to 9,400 feet, the growing metro region of Tucson, Arizona, has a dramatic mountain view in every direction. Within the city limits lies a spectacular abundance of accessible nature, including a wide variety of trails: pedestrian paths, singletrack trails, mountain parks, and river walks.

Urban Trails: Tucson covers 47 hikes, in the city limits and Pima County Parks, on the Arizona National Scenic Trail, throughout Saguaro National Park, in Madera and Texas Canyons, and so much more. Author Sirena Rana shares tips and tricks for recreating safely in the desert environment and covers plants, animals, history, archaeology, geology, and the Indigenous people of the region, as the Tucson basin is one of the longest continually inhabited areas in the United States. Sidebars sprinkled throughout offer local information, including a glossary of trail terms, Tucson's rich gastronomic history, Southeastern Arizona's status as a hot spot for birding, the local annual rodeo, and the famous Gem and Mineral Show.

ABOUT THE AUTHOR

SIRENA RANA is an advocate for the outdoors and wildlife and founder of Trails Inspire, which provides consulting services dedicated to promoting the outdoors as a place of personal health, economic development, and tourism through public speaking, freelance writing, photography, trail design and community engagement. She has worked as the Gateway Community Liaison for the



Arizona Trail Association and as a rafting guide in the Grand Canyon. The author of Best Day Hikes on the Arizona National Scenic Trail, Rana has helped to build, maintain, and promote the 800-mile Arizona Trail (AZT), a trail she has completed twice. Rana lives in Tucson.

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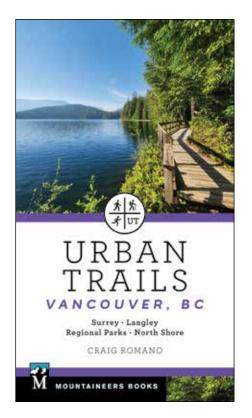




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Surrey * Langley * Regional Parks * North Shore

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ABOUT THE AUTHOR

CRAIG ROMANO is a prolific and awardwinning author, an ardent conservationist, and a Northwest trails and hiking expert. He hikes, runs ultra-marathons, paddles, and bikes and has written for more than two dozen publications including Northwest Travel and Life, Washington Trails, Seattle Met, Backpacker, and AMC Outdoors. He provides weekly content for Hikeoftheweek.com and is



co-host of the Washington State Hiking podcast. He lives in Skagit County, Washington, but he is most frequently out hiking or trail running somewhere, often accompanied by his wife, Heather, and son, Giovanni.

ONLINE: craigromano.com O @craig.romano

Perfect guide for both visitors and residents of British Columbia's sparkling destination city!

- Features 55 trails, most with public transit options to trailhead
- Includes trail distance, high point, estimated time, amenities, and more
- Sidebars on area history, nature, tips, and sights

In this region rich with natural beauty, Urban Trails: Vancouver, BC spotlights 55 trails, parks, preserves and greenbelts within Vancouver and across the 21 municipalities of the greater Vancouver area. Some destinations take readers to old-growth forests, lakeshores, coastal beaches, riverfronts, and wildliferich wetlands while others uncover accessible trails and peaceful corners right within urban centers. Whether readers are looking for a spot to walk with the kids, take a midafternoon trail run, or enjoy a weekend adventure, Craig Romano has found the perfect spot. Locals may discover—and gain a fresh appreciation for parks and preserves that reveal a new corner of their city to them while visitors can energize their explorations with a little fitness and outdoor recreation.

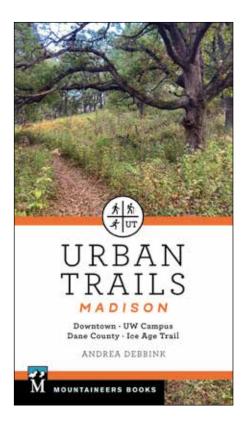
Detailed descriptions and maps feature routes in central Vancouver, West Vancouver, North Vancouver, Burnaby, New Westminster, Port Moody, Coquitlam, Port Coquitlam, Pitt Meadows, Maple Ridge, Richmond, Delta, Surrey, White Rock, Langley, Bowen Island, as well as Point Roberts, Washington. Throughout, Romano offers tips on avoiding crowds, finding trails that are accessible for wheelchairs and strollers, and ways to extend the adventure with extra destinations.



URBAN TRAILS: MADISON

Downtown * UW Campus * Dane County * Ice Age Trail

ANDREA DEBBINK



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Explore Madison's best trails for walking, running, cycling, and more!

- Features 40 trails, with maps, detailed route descriptions, and friendly tips to get the most out of every excursion
- Author is a Madison local and expert naturalist
- Includes notes and information about winter hiking, trail accessibility, and local flora and fauna

Madison, often considered Wisconsin's premier city, embodies the lush lakefronts, forests, and grasslands that make Wisconsin famous. Urban Trails: Madison dives into the area's numerous natural areas, many of them accessible by public transit, with explorations ranging from lakeshore walks to trails winding through prairie and wetlands preserves, plus multiple segments of the Ice Age National Scenic Trail. Readers will discover easy opportunities for solitude and a nature fix right in their own backyard with this handy guide that reveals many underappreciated gems.

Local author Andrea Debbink highlights the best and most accessible trails in the city for walking, hiking, or running, offering additional suggestions for biking, wintertime walks, or snowshoeing. Portable, colorful, and authentic, this guidebook will inspire residents and visitors alike to explore Madison's beautiful trails.

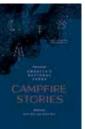
ABOUT THE AUTHOR

ANDREA DEBBINK is the author of more than a dozen books for children and adults, including *The Wild World Handbook* series and *Thrive Where You're Planted*, a guided nature journal for city dwellers. As a suburban-born kid in the Midwest, Andrea grew up exploring the natural wonders that often hide in ordinary places, and she still has a soft spot for city habitats and wildlife.



Now as an author and naturalist, she writes about the themes of environmental stewardship, citizen science, and outdoor exploration. Andrea hikes, paddles, and writes in Madison, Wisconsin with her family.

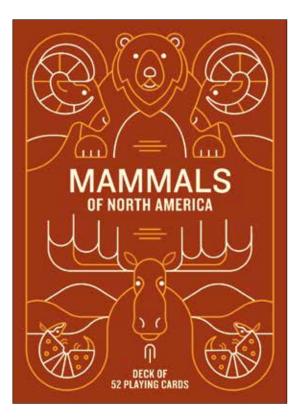
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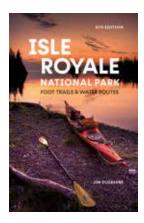
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ABOUT THE AUTHOR



JIM DUFRESNE was formerly the award-winning outdoors and sports editor for the *Juneau Empire* in Juneau, Alaska, before returning to Michigan, home of his alma mater. There he began his guidebook career, publishing more than 20 titles including Backpacking in Michigan, 50 Hikes in Michigan, and 12 Classic Trout Streams in Michigan, as well as contributing to MichiganTrailMaps.com. He lives in Clarkston, MI.





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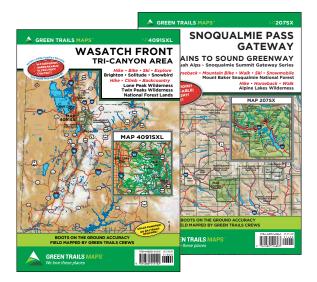
New material details guidance on using GPS and other satellite-based navigational products, updates the types and availability of topographical maps, and notes changes in magnetic declination. The authors, seasoned navigators with decades of experience teaching and mountaineering, continue to refine material for clarity, accuracy, and to address suggestions from readers.

ABOUT THE AUTHORS



Both BOB BURNS and MIKE BURNS have climbed, scrambled, and hiked extensively and have been teaching outdoor skills—navigation, climbing, or section hiking—for decades. They are longtime contributors to Mountaineering: The Freedom of the Hills and Mike has also written numerous articles for The Mountaineer and Climbing magazines. They both live in Seattle.

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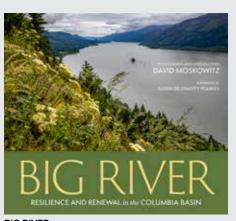
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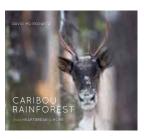
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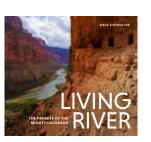
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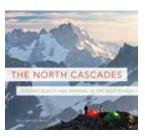
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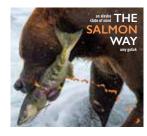
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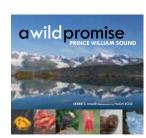


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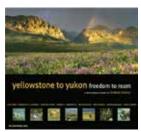
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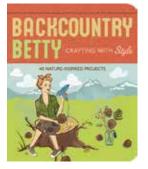


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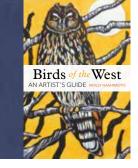
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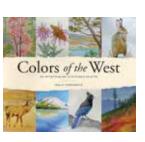
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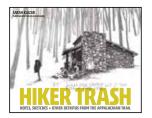
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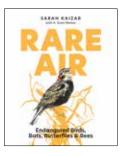


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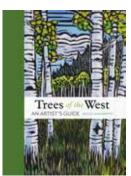


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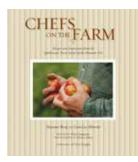
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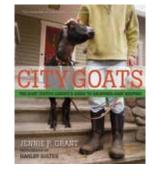
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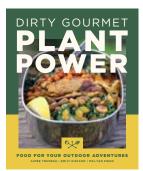
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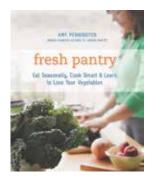
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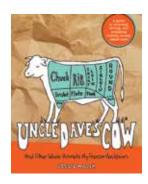


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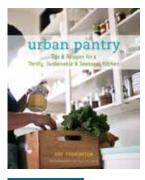


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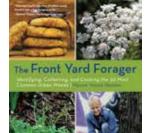


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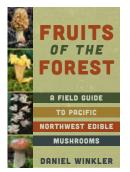


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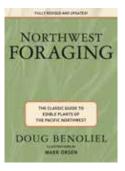
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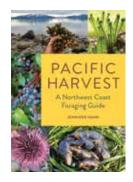
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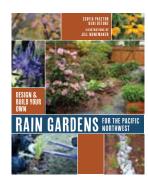
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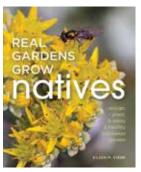
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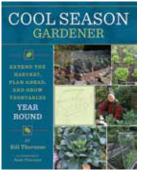


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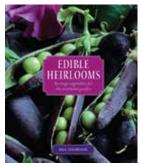
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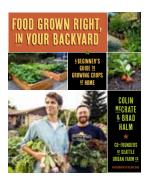
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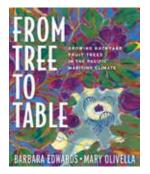
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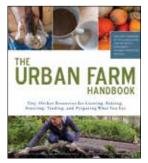
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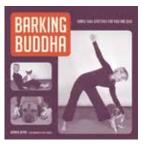
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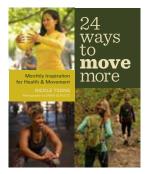
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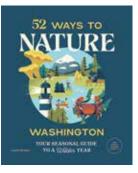
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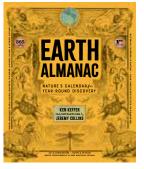


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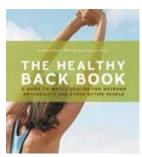
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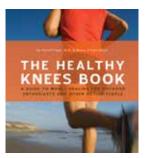
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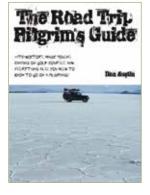
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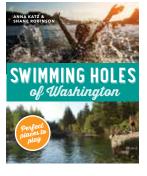
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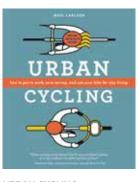
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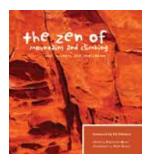
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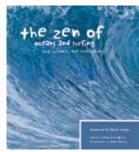


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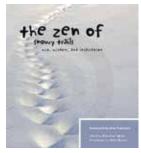


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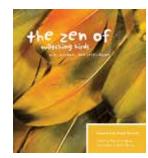
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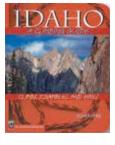
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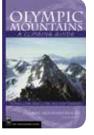


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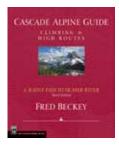
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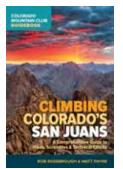
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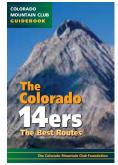
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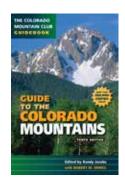
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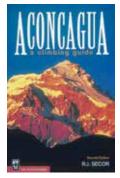


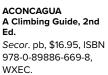
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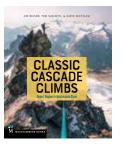
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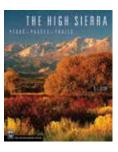
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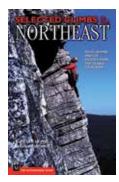


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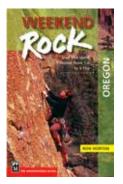


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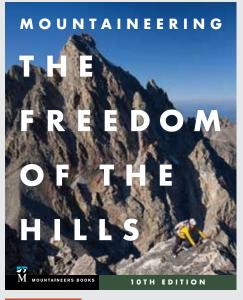


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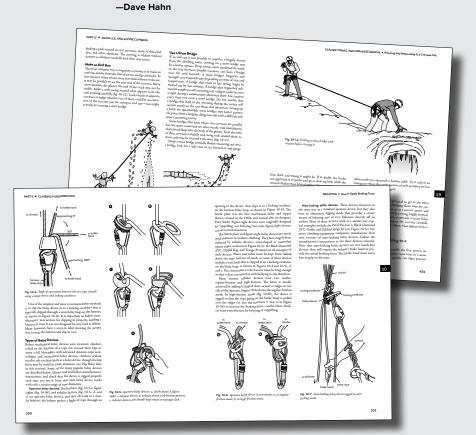
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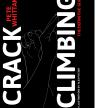
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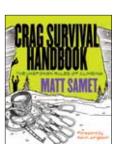
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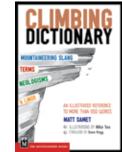




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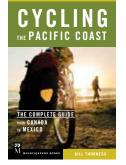
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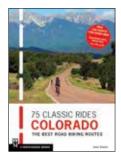


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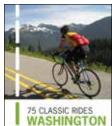


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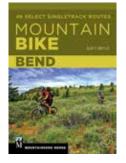


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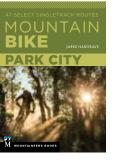
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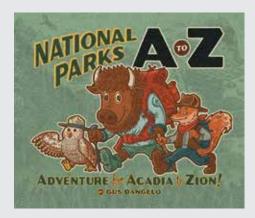


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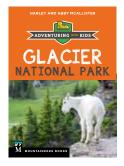


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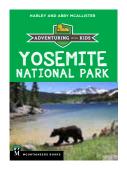
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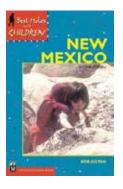


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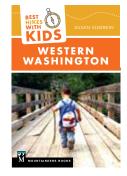
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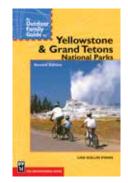


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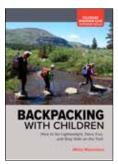
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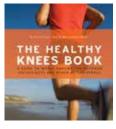
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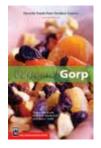


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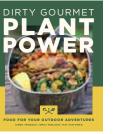
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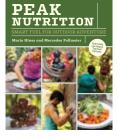
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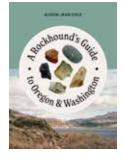


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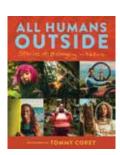
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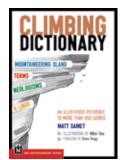
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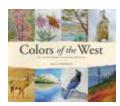
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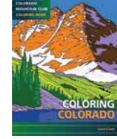
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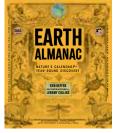
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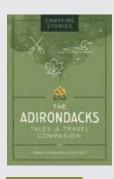


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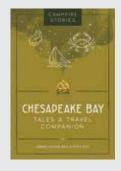
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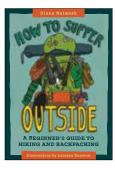


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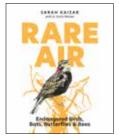
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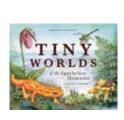
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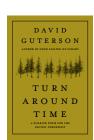
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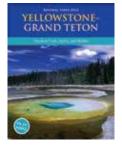


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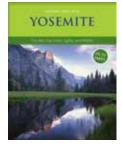
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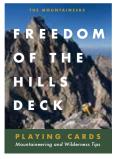


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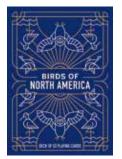
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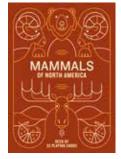
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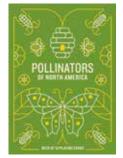


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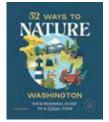
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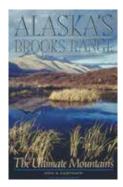
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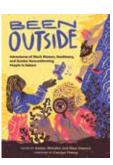
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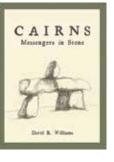
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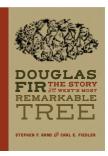
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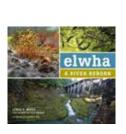
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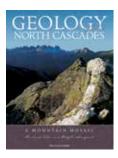
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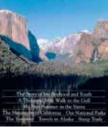


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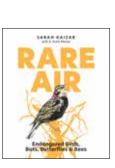
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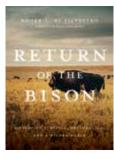
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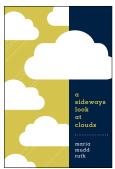
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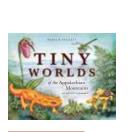
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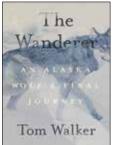


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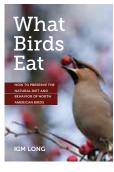
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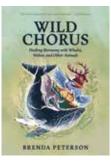
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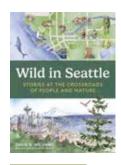
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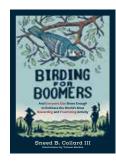


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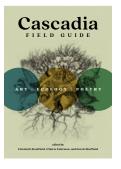


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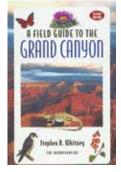
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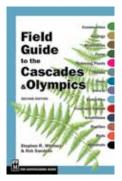
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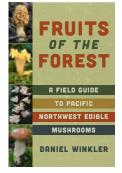


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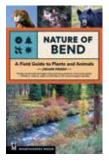
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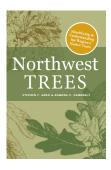
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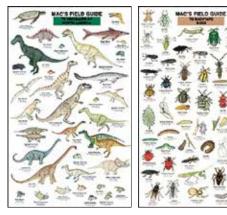
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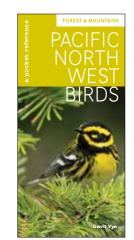
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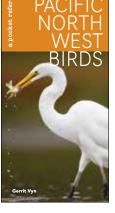


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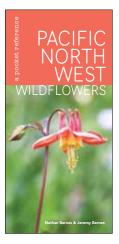


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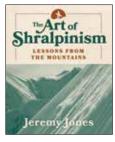
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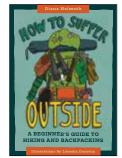
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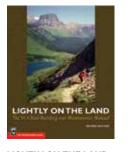
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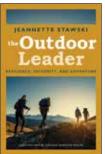
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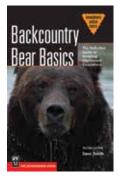


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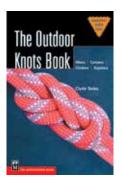
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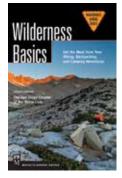
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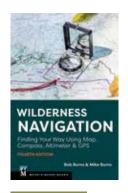
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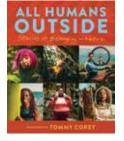


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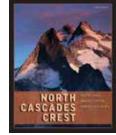
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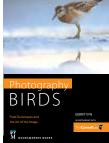


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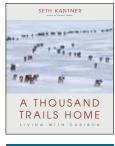
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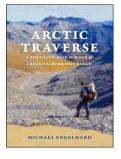
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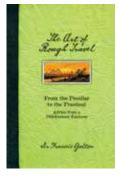


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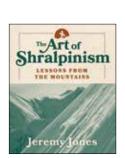
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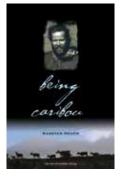
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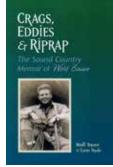
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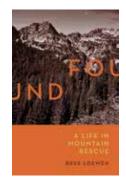
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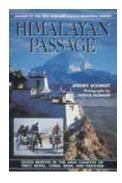
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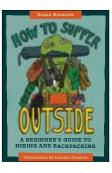


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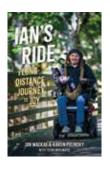


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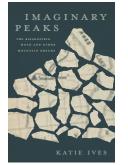
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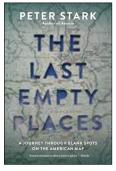
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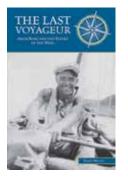


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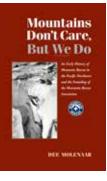


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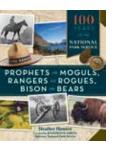


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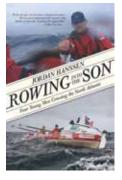
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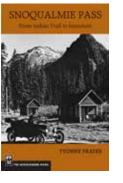
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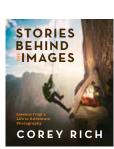
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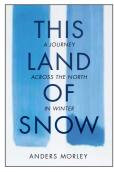
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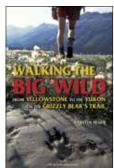
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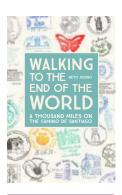


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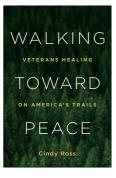


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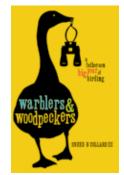
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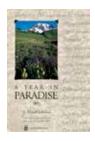
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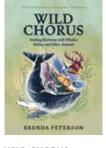
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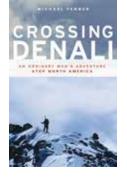
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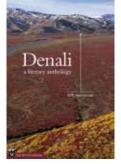
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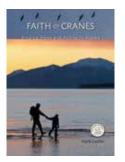
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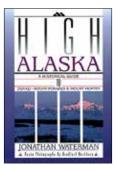


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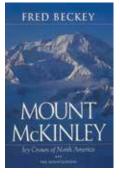
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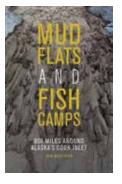
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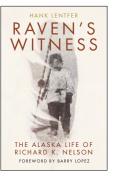
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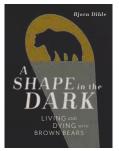
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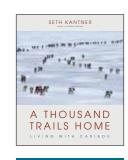
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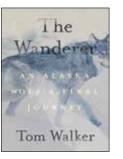


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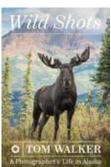


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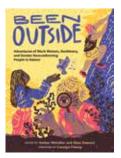


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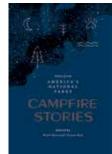


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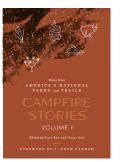
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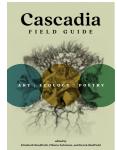
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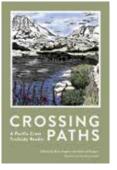
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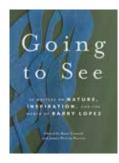
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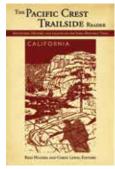
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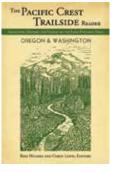
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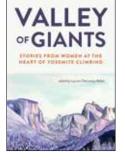
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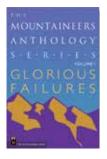
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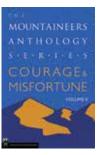
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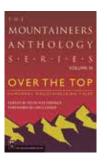
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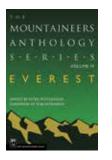
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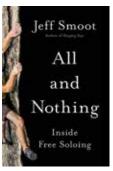
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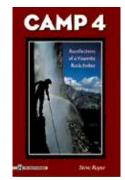
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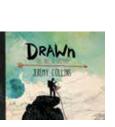
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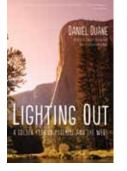
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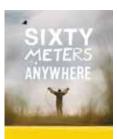
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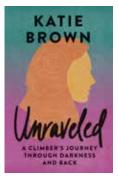


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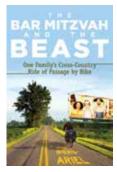
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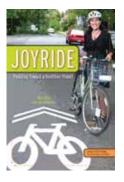
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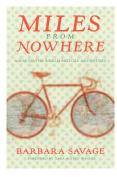
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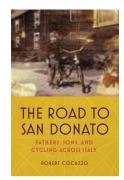
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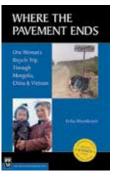
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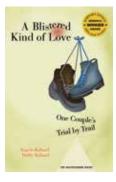
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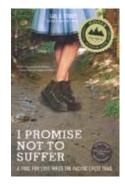
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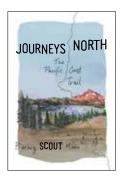
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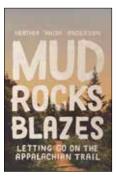


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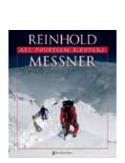
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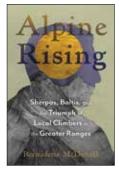
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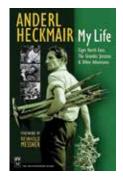
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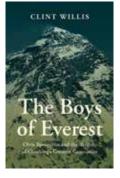


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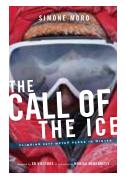
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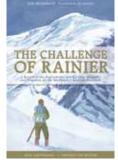
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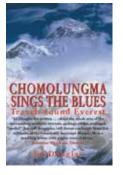
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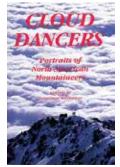
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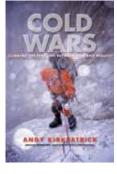
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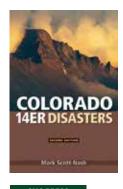
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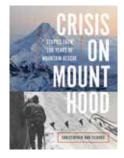
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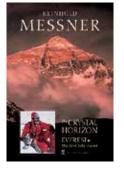


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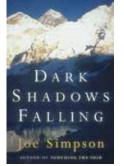
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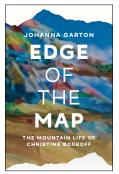


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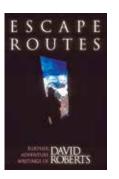
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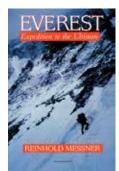
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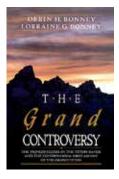


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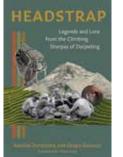


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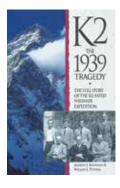


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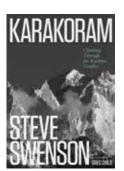
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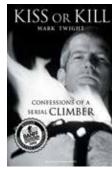
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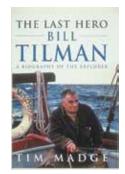
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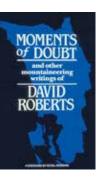


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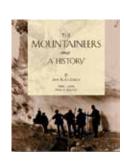
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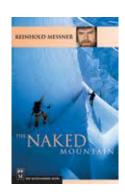


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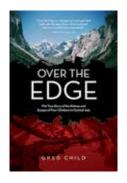


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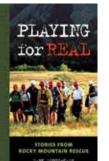


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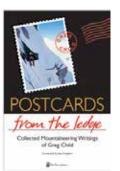


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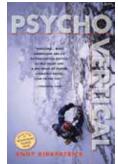


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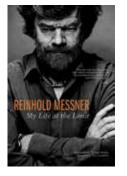


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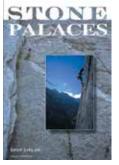


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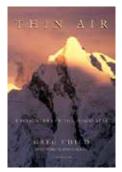
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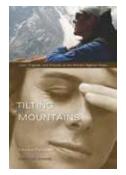
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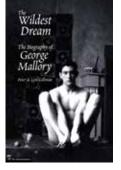
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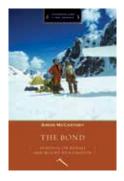
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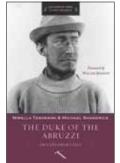
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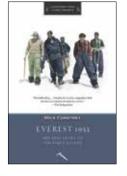
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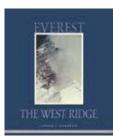
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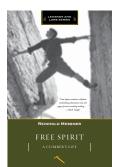


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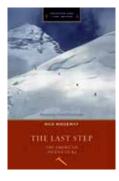


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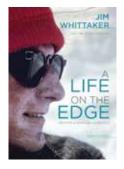
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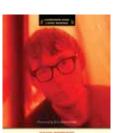
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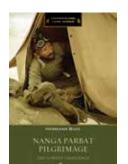
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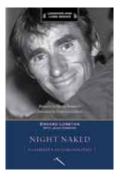


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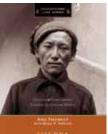
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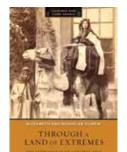
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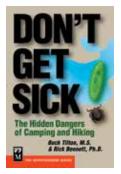
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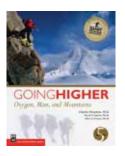


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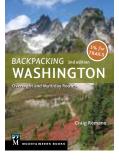
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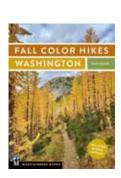
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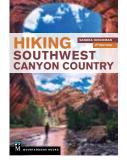
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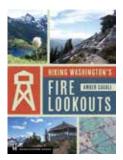
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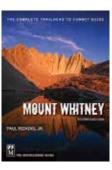
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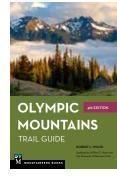


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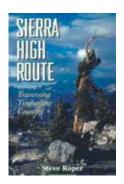
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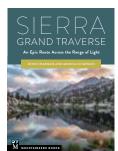
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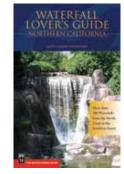
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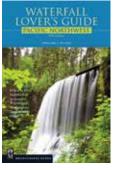
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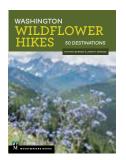
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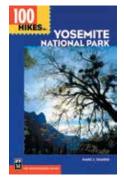
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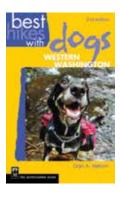
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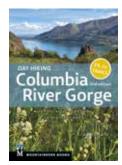
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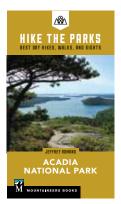
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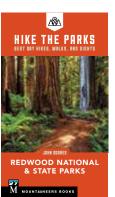


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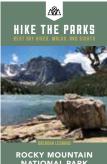


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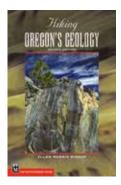
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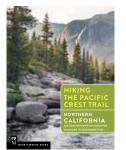
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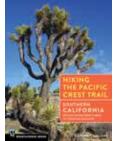
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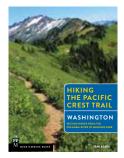
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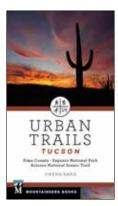


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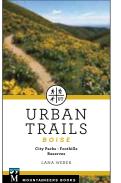
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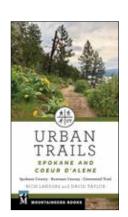
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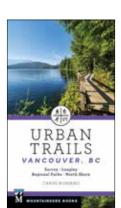
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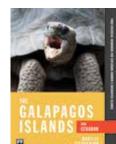
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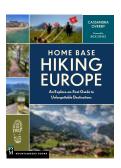


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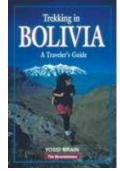


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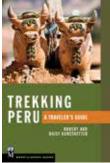
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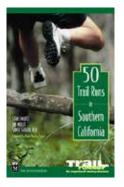


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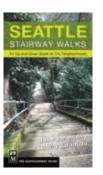


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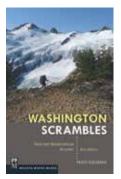
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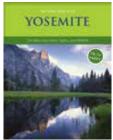
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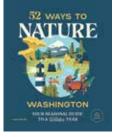
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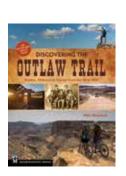
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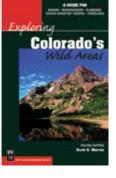
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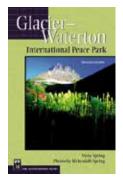
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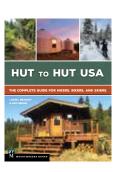
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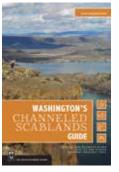
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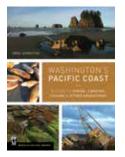
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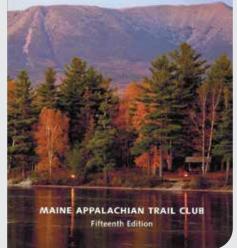
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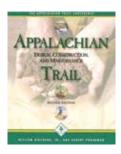


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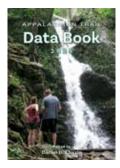
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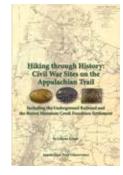
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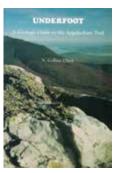


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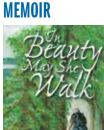
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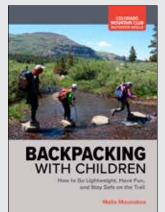


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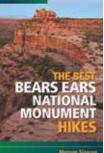
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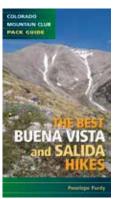
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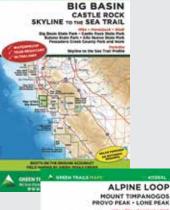
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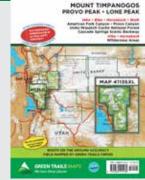
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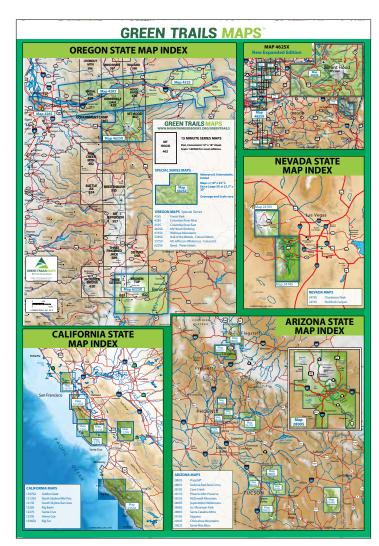
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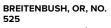
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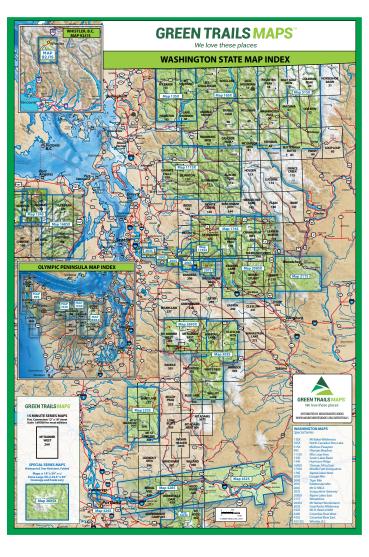
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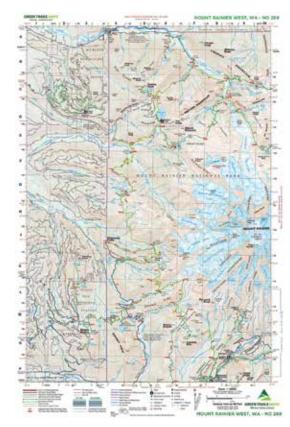
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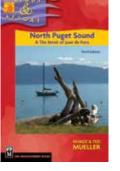
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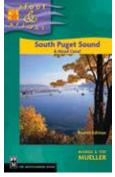
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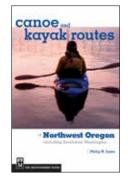
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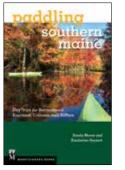
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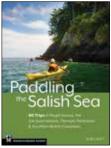
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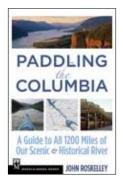


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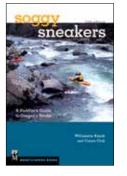
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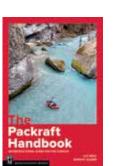


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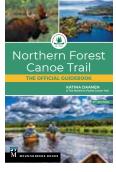
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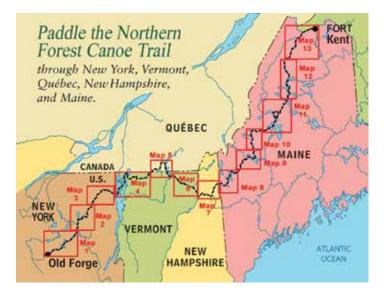
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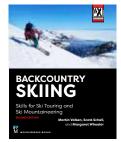


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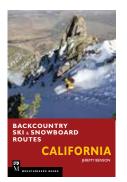
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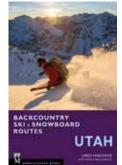


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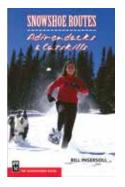


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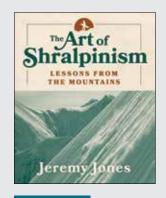
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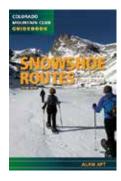
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