

Global Adventure: 2025 Newfoundland, 12-26 July 2025

<https://www.mountaineers.org/activities/activities/global-adventure-dayhike-newfoundland-with-a-naturalist-and-culture-focus>

Trip Day	Date	Activity	Lodging Included*	Self-Pay Lodging	Self-Pay Meals	Hike/Walk Distance	Hike/Walk Gain	Drive Time (hr)
0	12-Jul	Arrive St John's NFLD	--	Ramada Inn, St John's	BLD (your travel day)	--	--	--
1	13-Jul	Cape Spear walk, Salmonier Nature Park wildlife rehab centre, Welcome group lunch	--	Ramada Inn, St John's	BD	5	400	2
2	14-Jul	Terra Nova NP Visitor Centre, Demasduit Regional Museum	Farmstay	--	BLD	--	--	6.5
3	15-Jul	Gros Morne Nat Park, Green Gardens hike	Farmstay	--	BLD	10	2200	2
4	16-Jul	Farm & Forage tour (2 hr), Remainder of day is open (Option: provincial park)	Farmstay	--	BLD	--	--	1 (optional)
5	17-Jul	Gros Morne Discovery Centre Tablelands tour, Medicine walk tour	Rocky Harbour	--	BLD	3	300	1.75
6	18-Jul	Gros Morne Nat Park, Gros Morne Mountain hike	Rocky Harbour	--	BLD	12	2900	0.5
7	19-Jul	Western Brook Pond boat tour	Rocky Harbour	--	BLD	7.5	400	0.8
8	20-Jul	Free Day. (Optional: Fire Circle with Parks Canada)	Rocky Harbour	--	BLD	--	--	--
9	21-Jul	Terra Nova Nat Park, Ochre Hill & Sand Pond trails	Port Blandford	--	BLD	5	400	5
10	22-Jul	Bonavista Peninsula Skerwink Trail, Elliston walk, Puffin viewing	Bonavista	--	BLD	3.2	200	2
11	23-Jul	Bonavista Lighthouse tour (Optional: Dungeon Provincial Pk)	--	St John's hotel TBD	BLD	negligible	negligible	3.5
12	24-Jul	Witless Bay Ecological Reserve boat tour, visit Quidi Vidi village, walk Sugarloaf Path	--	St John's hotel TBD	BLD	3.5	800	1.25
13	25-Jul	Signal Hill Nat Historic Site tour. Farewell group dinner.	--	St John's hotel TBD	BL	2	500	0.75
14	26-Jul	Depart St John's NFLD	--	--	B	--	--	--

(*). Except for Bonavista, all accommodations are single occupancy. Sharing is available if able to share same bed.