



**NORTHWEST
OUTWARD BOUND SCHOOL**

The Outcome Model

a tool for designing and managing activities



Stuart Montgomery



NORTHWEST OUTWARD BOUND SCHOOL

- Outward Bound was founded in 1941 in Aberdovey, Wales
- First US school started in 1962 in Colorado
- Northwest Outward Bound School opened in 1965
- NWOBS operates out of three locations: Odin Falls, Portland, (OR) and Mazama (WA)
- Wilderness programming serves youth, teens, adults and special populations on expeditions from 5-80 days
- Sea kayaking, mountaineering, backpacking, rock climbing, river rafting, canoeing, sailing, and multi-element expeditions
- Staff have a variety of backgrounds



NORTHWEST OUTWARD BOUND SCHOOL

Our mission is change lives through challenge and discovery.

Values

- Integrity
- Excellence
- Diversity & Inclusion
- Compassion

Design Principles

- Supportive Environment
- Challenge & Adventure
- Learning Through Experience

Outcomes

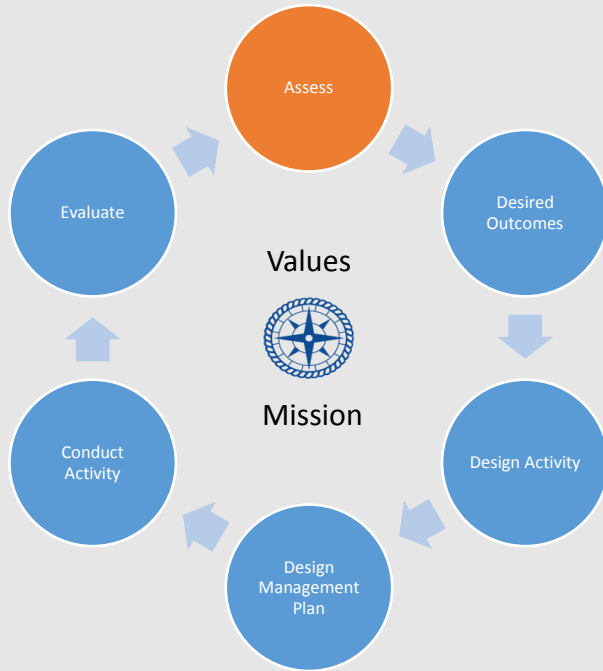
- Character Development
- Service
- Leadership

Joel Reid

The Outcome Model is a tool that is useful to safely manage an impactful activity, lesson, or technical objective.



Assess



- **Staff**

- What are the strengths of each instructor or guide?
- Development areas?
- Relationship, power dynamic
- Communication styles

- **Students/participants**

- What do they need and want to get out of it?
- What is their individual and collective skill and comfort?
- How is their self-assessment?
- Group culture

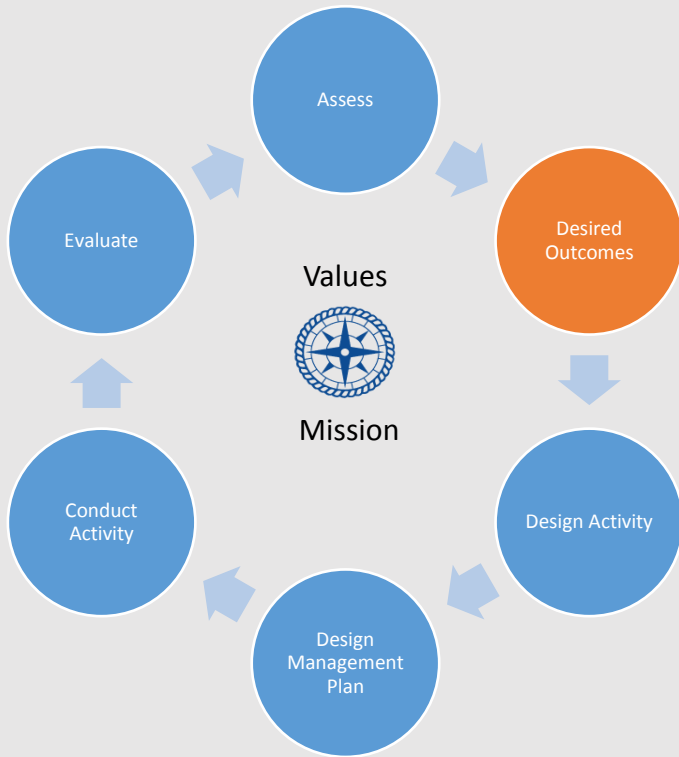
- **Risk**

- Subjective and objective risks of the terrain, weather, group
- Human factors—assumptions, ego, group dynamics
- Has the group been assessed in the conditions?



Joel Reid

Desired Outcomes



Do your desired outcomes support your values and mission?

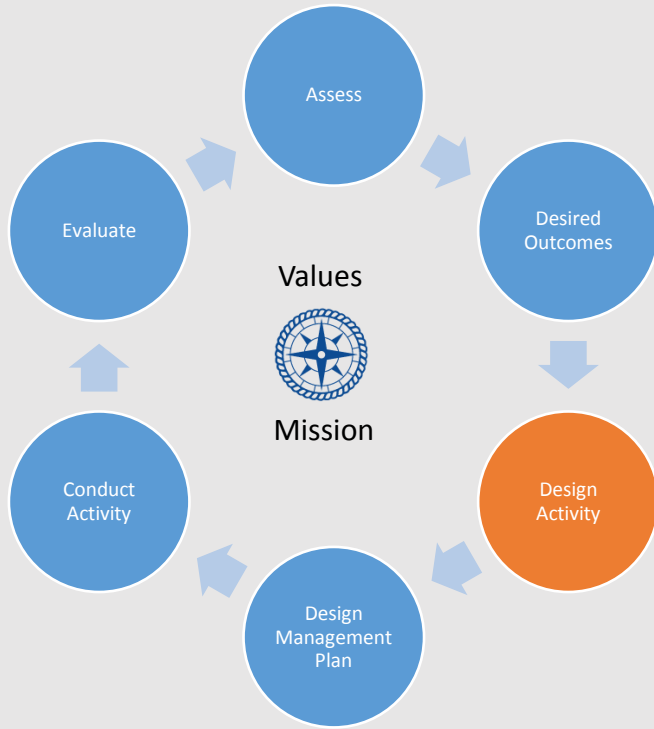
- Technical
- Interpersonal
- Educational



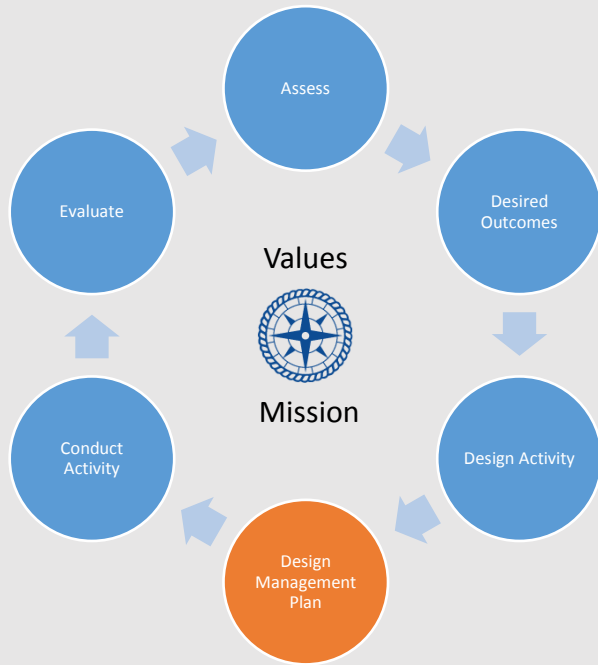
Select and Design the Activity

What activity will meet your desired outcomes?

- Educational progression
- Timing
- Site selection
- Resources needed?
- Learning styles within the group
- Roles of the instructors/guides



Judith Robertson



Design the Management Plan

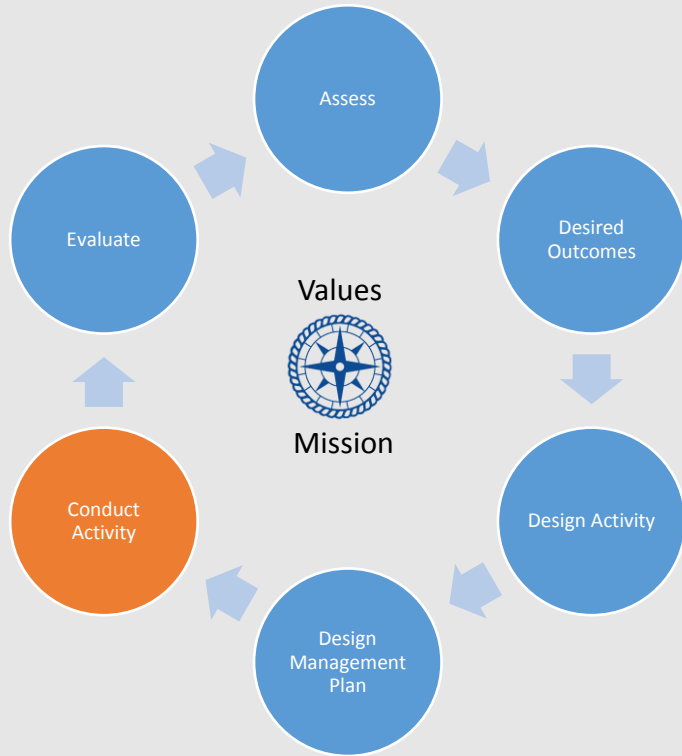
- Framing
 - Boundaries, outcomes, seed planting
- Activity
 - Moving site, stationary site, or both?
 - Transition zones
 - Instructor positioning for actionable supervision
- Closing
 - Ideas to debrief the activity
 - Consider how you might tie it into previous or future activities on the course



Conduct the Activity

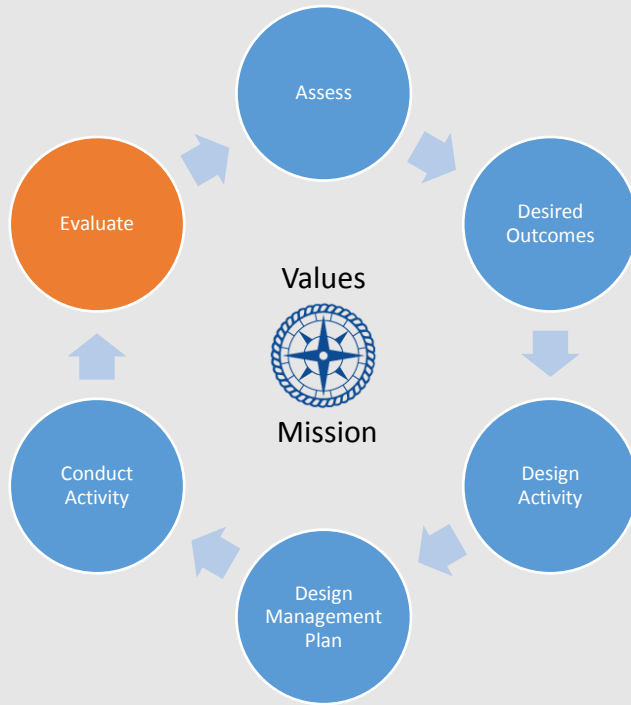
Execute your management plan, staying flexible and vigilant

- Frame the activity
- Observe
- Intervene when needed
- Watch for transition zones
- Close the activity and debrief based off of what happened



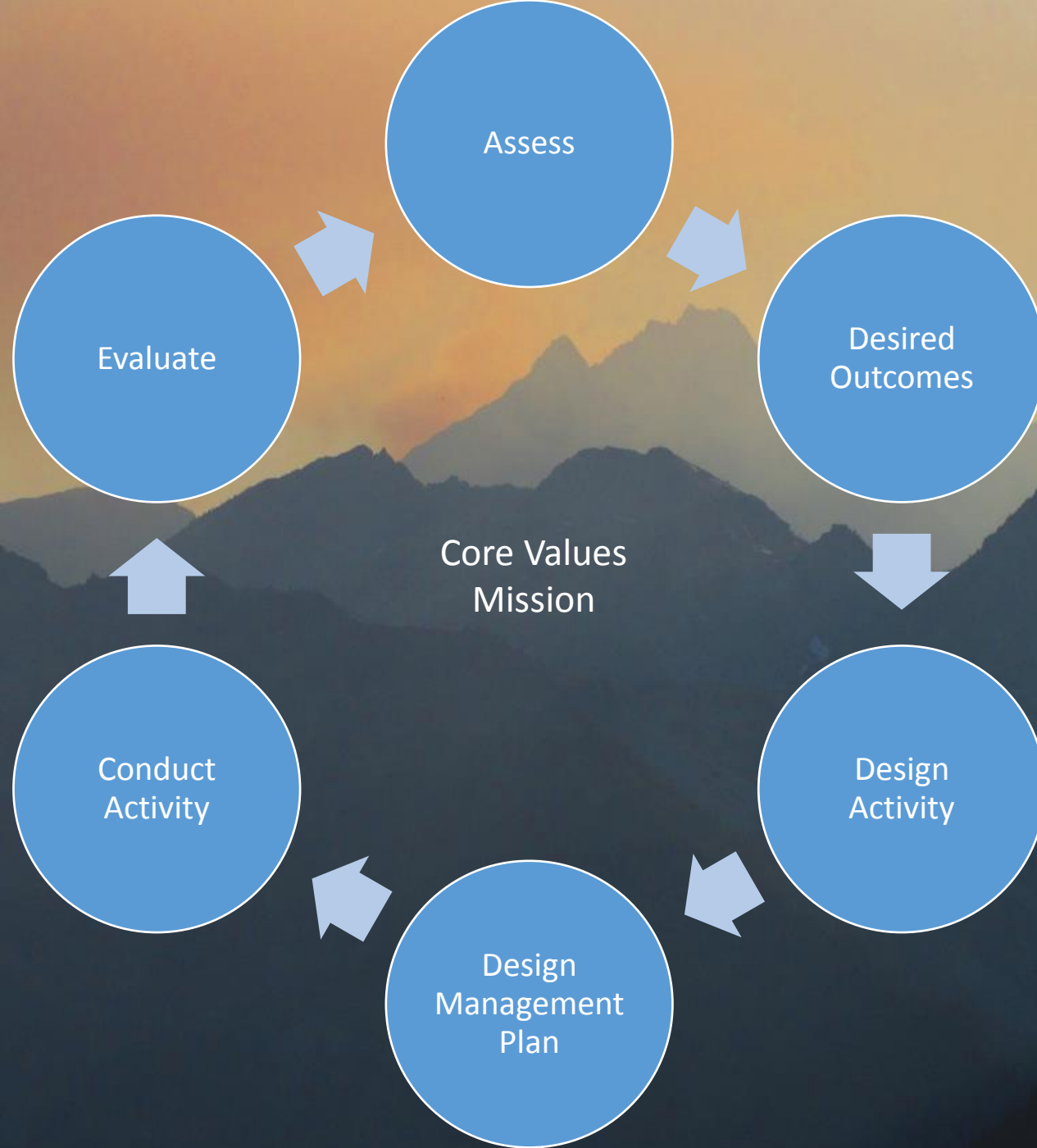
Luke O'Neill

Evaluate



- Were the desired outcomes met?
- How did the activity support your mission?
- Were there near misses or incidents?
- What went well?
- What would you do differently?
- Any surprises?
- Does this change your assessments?
- Take notes to supplement feedback for participants, staff, and program





Design a lesson plan using the Outcome Model

The mission of The Mountaineers:

“Our mission is to enrich the community by helping people explore, conserve, learn about and enjoy the lands and waters of the Pacific Northwest and beyond.”



Sample Lessons/Activities

- Snow School
- Belay Clinic
- Feedback lesson
- Cragging day
- Backcountry rappel
- Snow shelter
- Stove use
- Setting up a tarp
- Solo
- Kayaking across a shipping channel
- Playing “hot seat” at a campfire
- Use of a throwbag
- Chose your own!