

And now...our two week adventure on The Lycian Way!



Our Lycian Way Adventure – 13 days, 70.2 miles, ~20k feet gain/loss

DATE	MILES	GAIN (FT)	LOSS (FT)
4/17/2022	2.9	547	1036
4/18/2022	9.1	2155	2084
4/19/2022	8.1	2731	1316
4/20/2022	2.6	664	656
4/21/2022	5.8	522	2111
4/22/2022	3.6	109	1305
4/23/2022	5.1	790	395
4/24/2022	7.5	1124	2595
4/25/2022	9.2	2513	2418
4/26/2022	6.9	2515	2620
4/27/2022	Free day		
4/28/2022	3.4	3601	30
4/29/2022	6	3085	3031
4/30/2022	Travel day		
	70.2	20356	19597



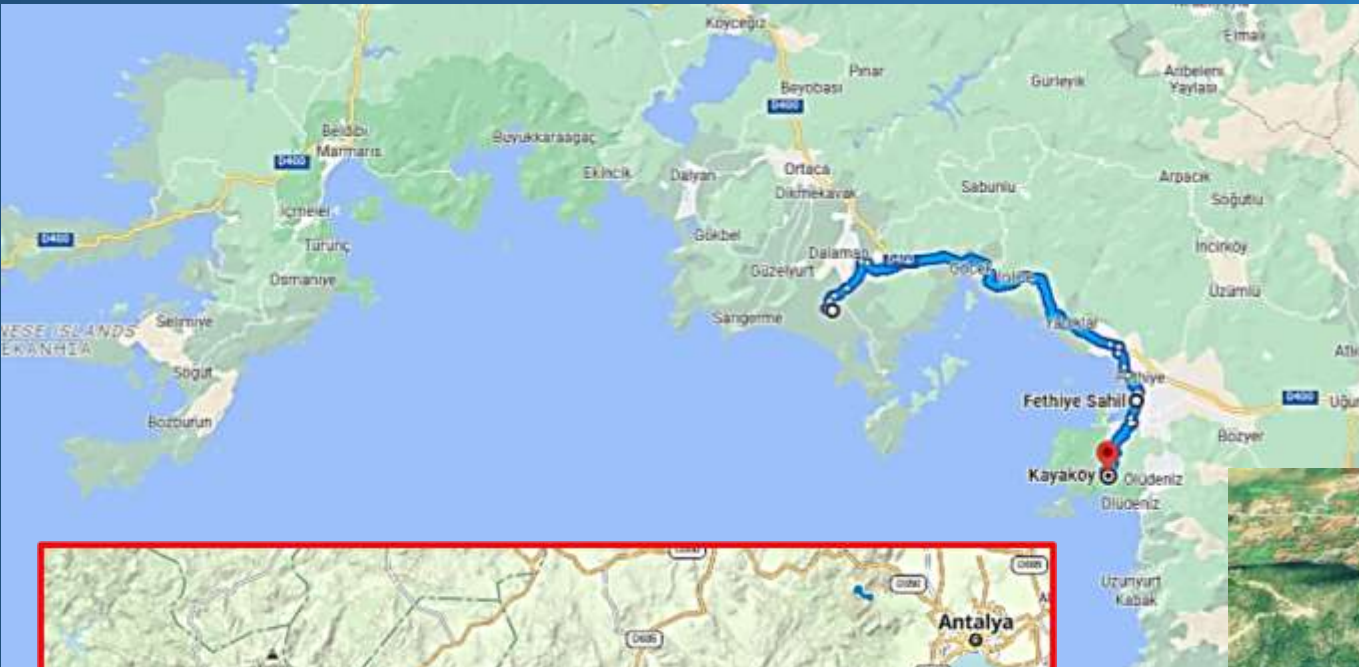
Lycian Way logistics

- Same mild/hot coastal climate and trekking season as the Carian Trail
- Likewise VERY rocky with steep climbs and descents on coastal bluffs
- Can access the trail by air and bus at multiple locations
- Many more services – lodgings, transport, food supplies – so much easier to complete the trail {but less remote than the Carian Trail}.
 - Only have to camp and carry food a few sections, though wild camping and food available all along the route
 - Quite a few outfitters offer fully supported sections
- MANY wonderful villages – great food, good cell coverage & wifi
- MANY incredible archaeological sites and Lycian treasures along the route

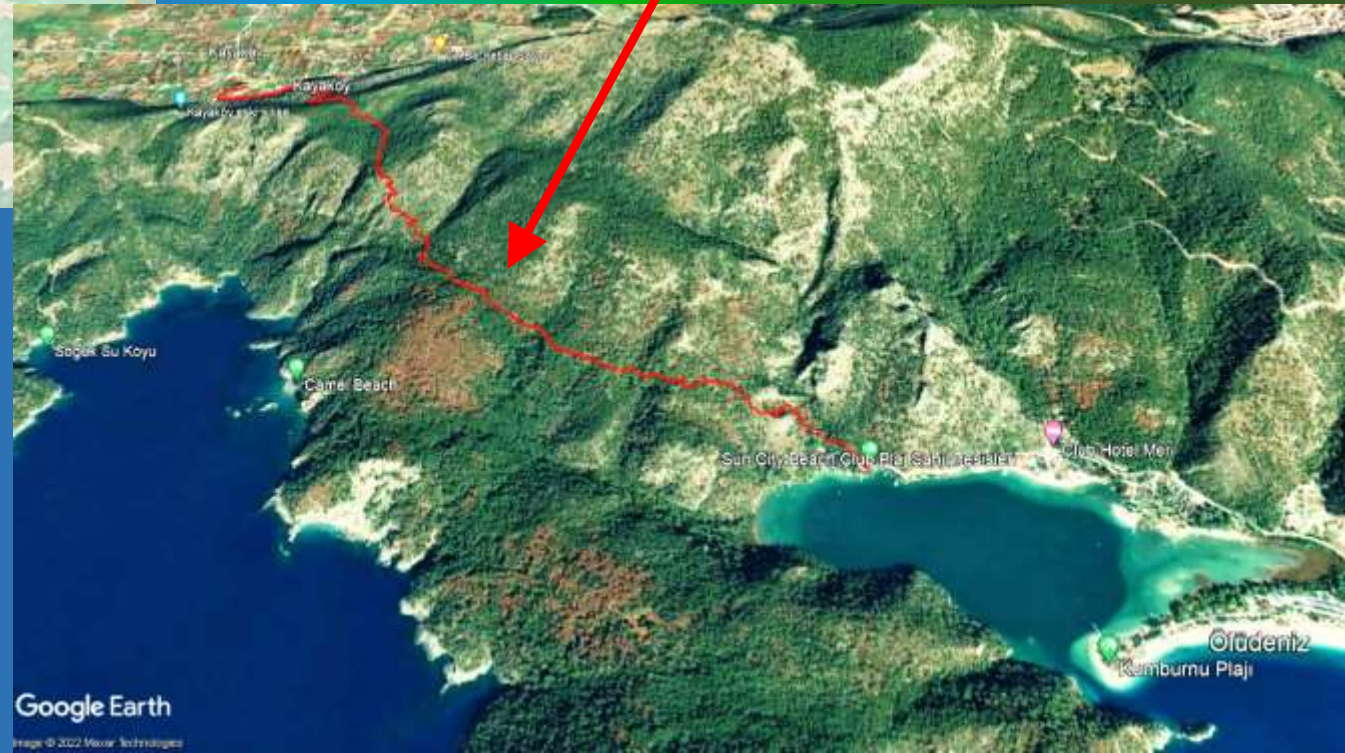
Days 1-4 on our Lycian Way trek



Day 1, April 17: Tour Kayaköy abandoned city, hike to Ölüdeniz



April 17: Walk through abandoned city, hike down to Ölüdeniz beach. 2.9 mi, 547' gain, 1036' loss



Kayaköy abandoned city (Greek name Livissi), Ölüdeniz beach



Day 2: Drive to the official start of the Lycian way in Ovacık – walk to Faralya

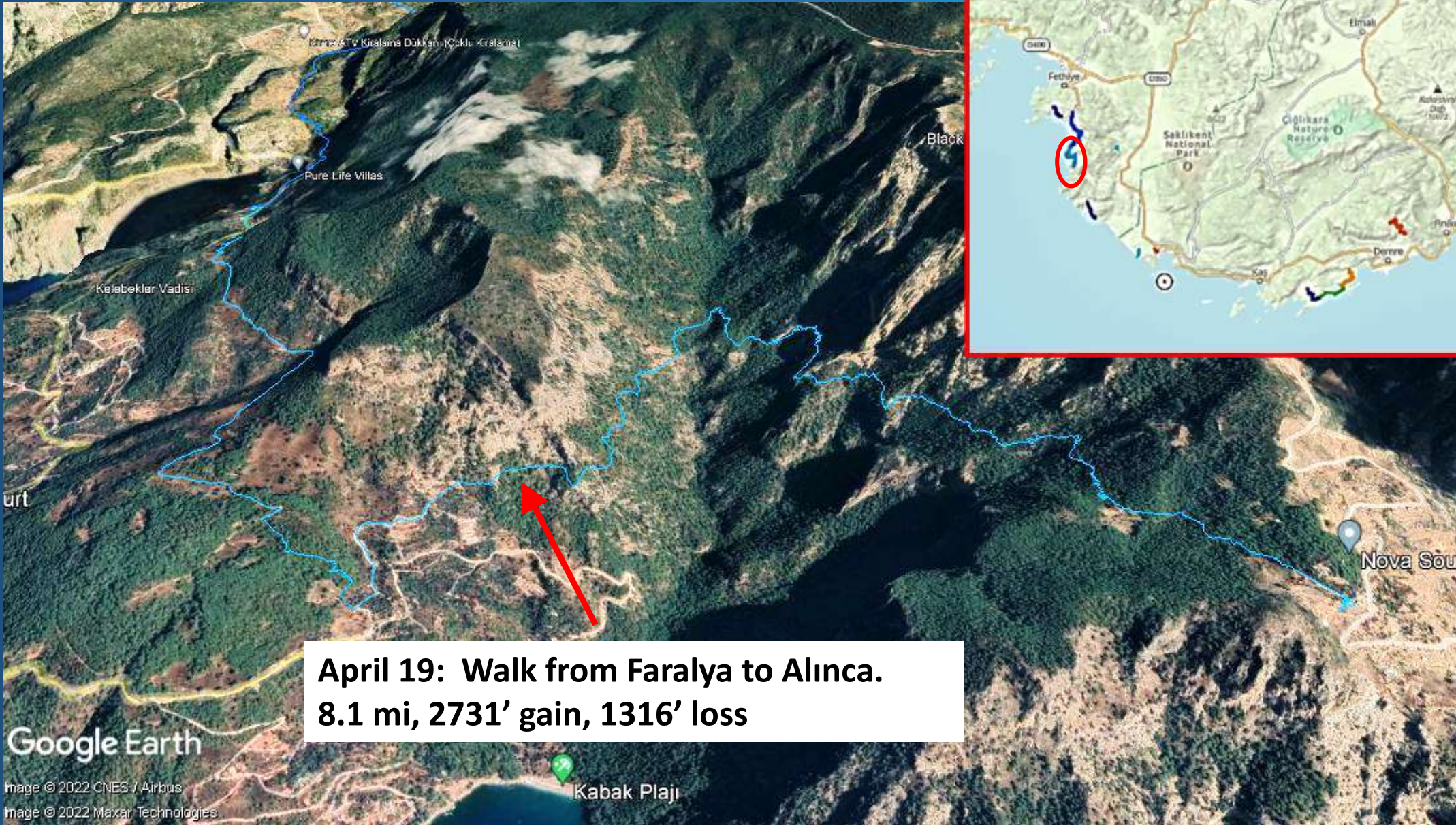
**April 18: Walk from Ovacık to Faralya.
9.1 mi, 2155' gain, 2084' loss**



Day 2. Ovacik to Faralya.



Day 3: Walk from Faralya to Alınca



**April 19: Walk from Faralya to Alınca.
8.1 mi, 2731' gain, 1316' loss**



Day 3. Faralya to Alinca.



Day 4: Visit ruins of Pinara; drive to Sidyma, visit the ruins there, and stay at Fatma's house.

April 20: Tour Pinara; drive to Sidyma. 2.6 mi, 664' gain and loss

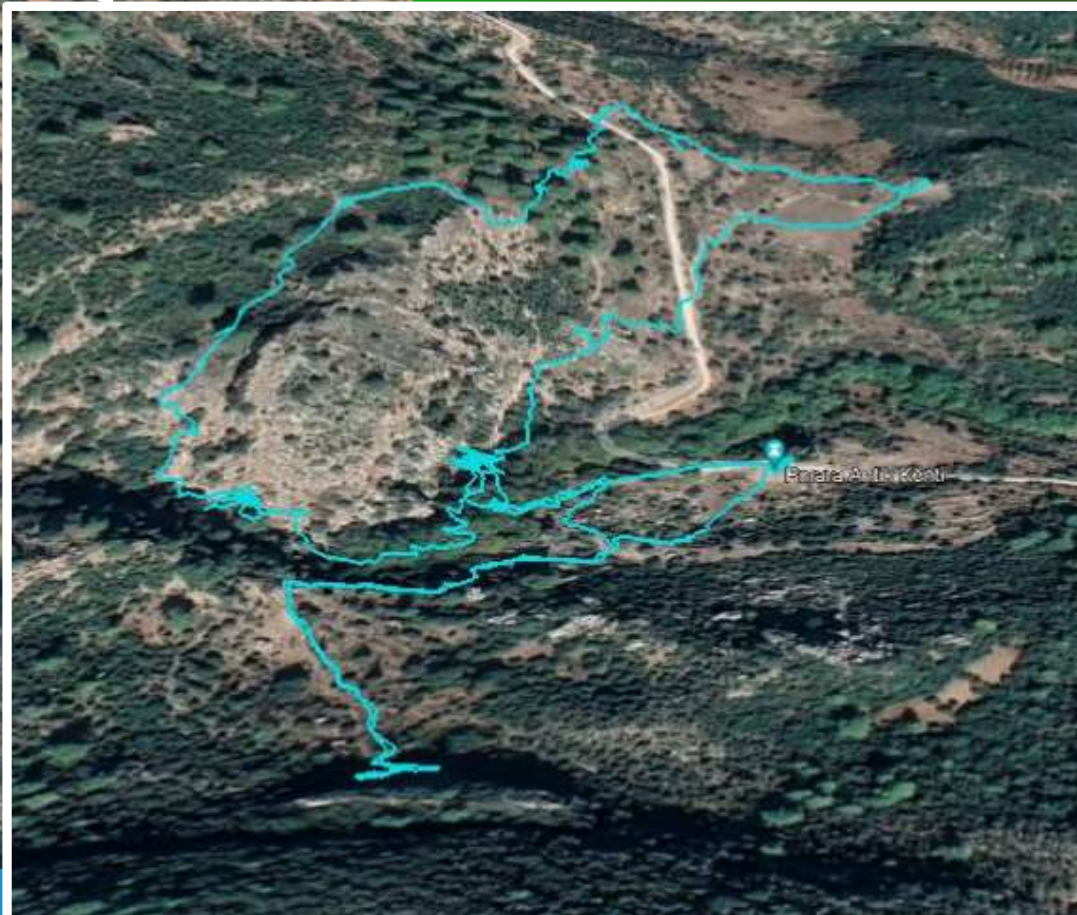
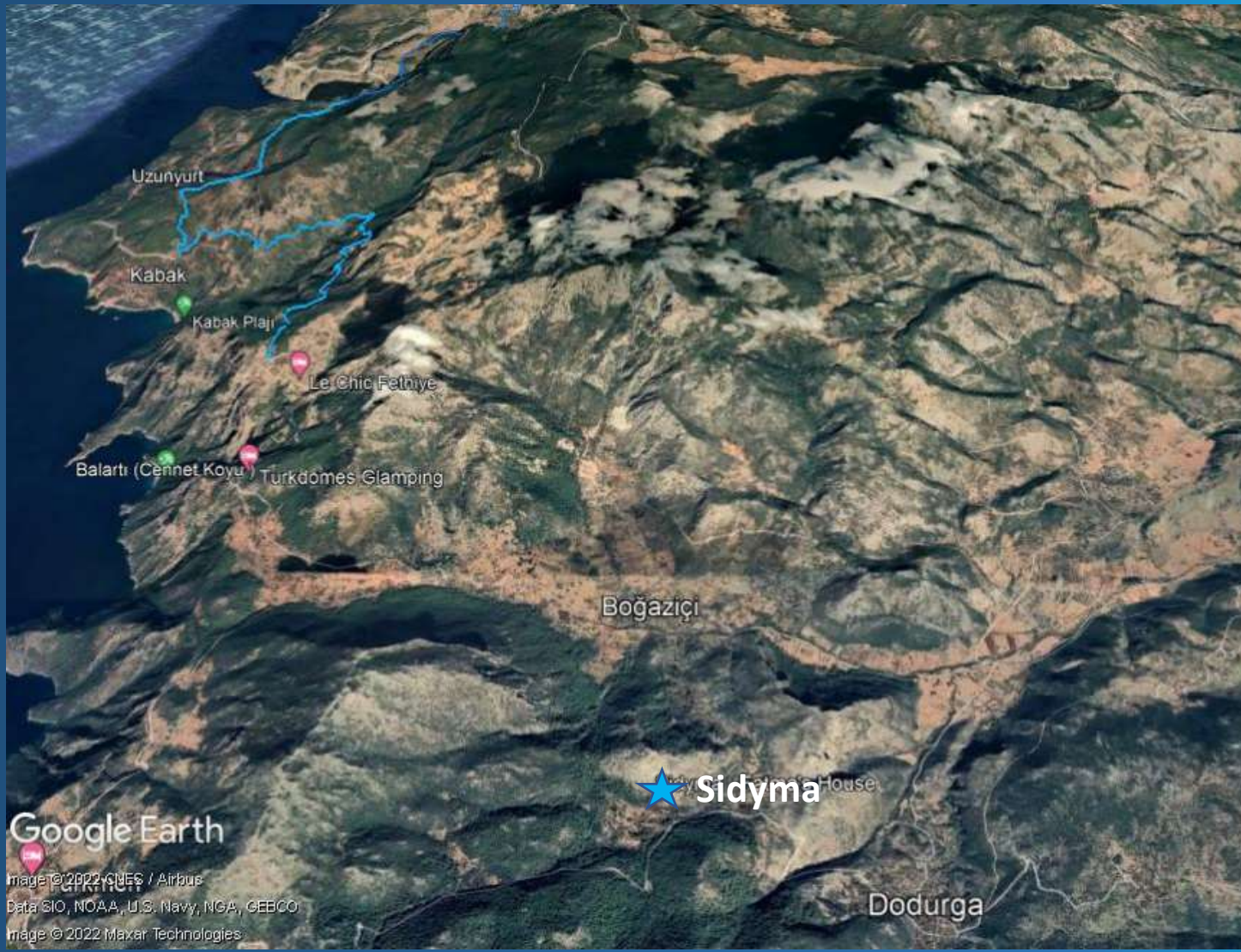


Image © 2022 CHES / Airbus
Data SIO, NOAA, U.S. Navy, MGA, GEBCO
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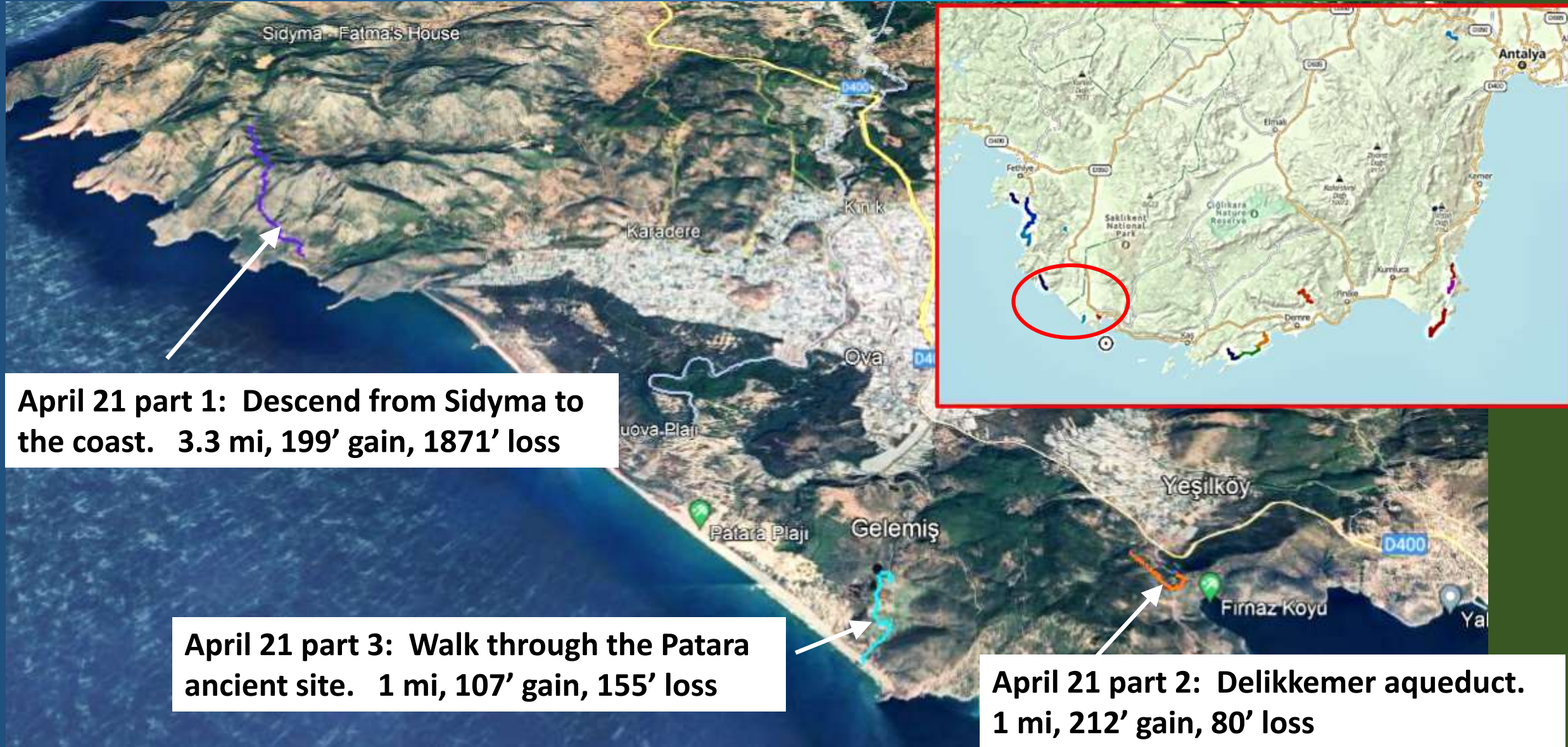
Day 4. Pinara.



Day 4. Sidyma.



Day 5: Descend to the coast, walk the Delikkemer aqueduct, walk through ancient Patara.

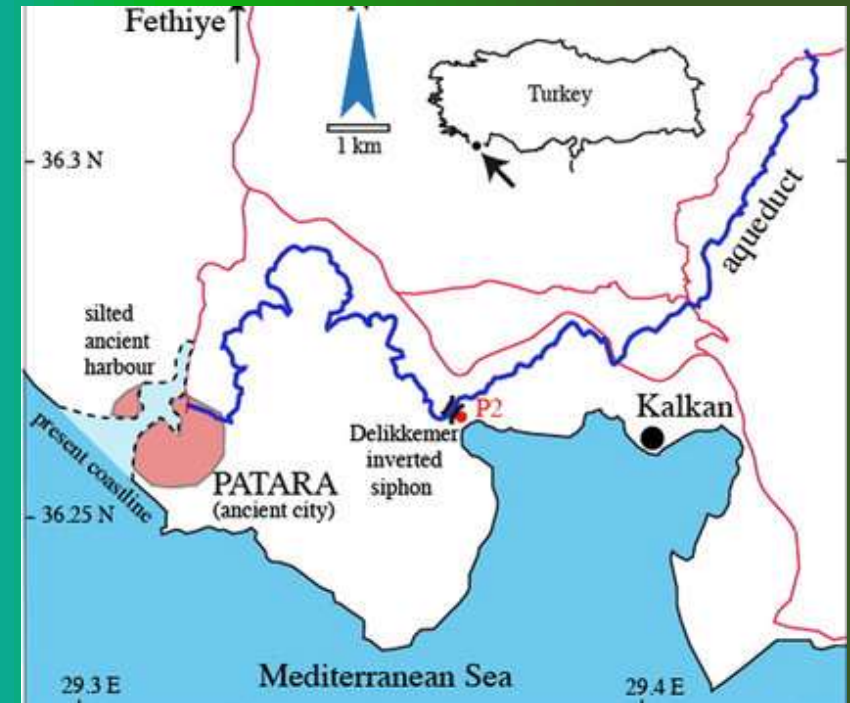


April 21 part 1: Descend from Sidyma to the coast. 3.3 mi, 199' gain, 1871' loss

April 21 part 3: Walk through the Patara ancient site. 1 mi, 107' gain, 155' loss

April 21 part 2: Delikkemer aqueduct. 1 mi, 212' gain, 80' loss

Day 5. Descend to the coast, then walk the Delikkemer aqueduct.



Day 5 (continued). Walk the Patara ancient site – one of the world's oldest parliamentary republics



Our Lycian Way Route – days 5-8

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Day 6: Descend to Aperlai, ride a boat over the Kekova sunken city to the castle village of Simena.



Day 6. Descend to Aperlai, boat over Kekova sunken city to Simena.

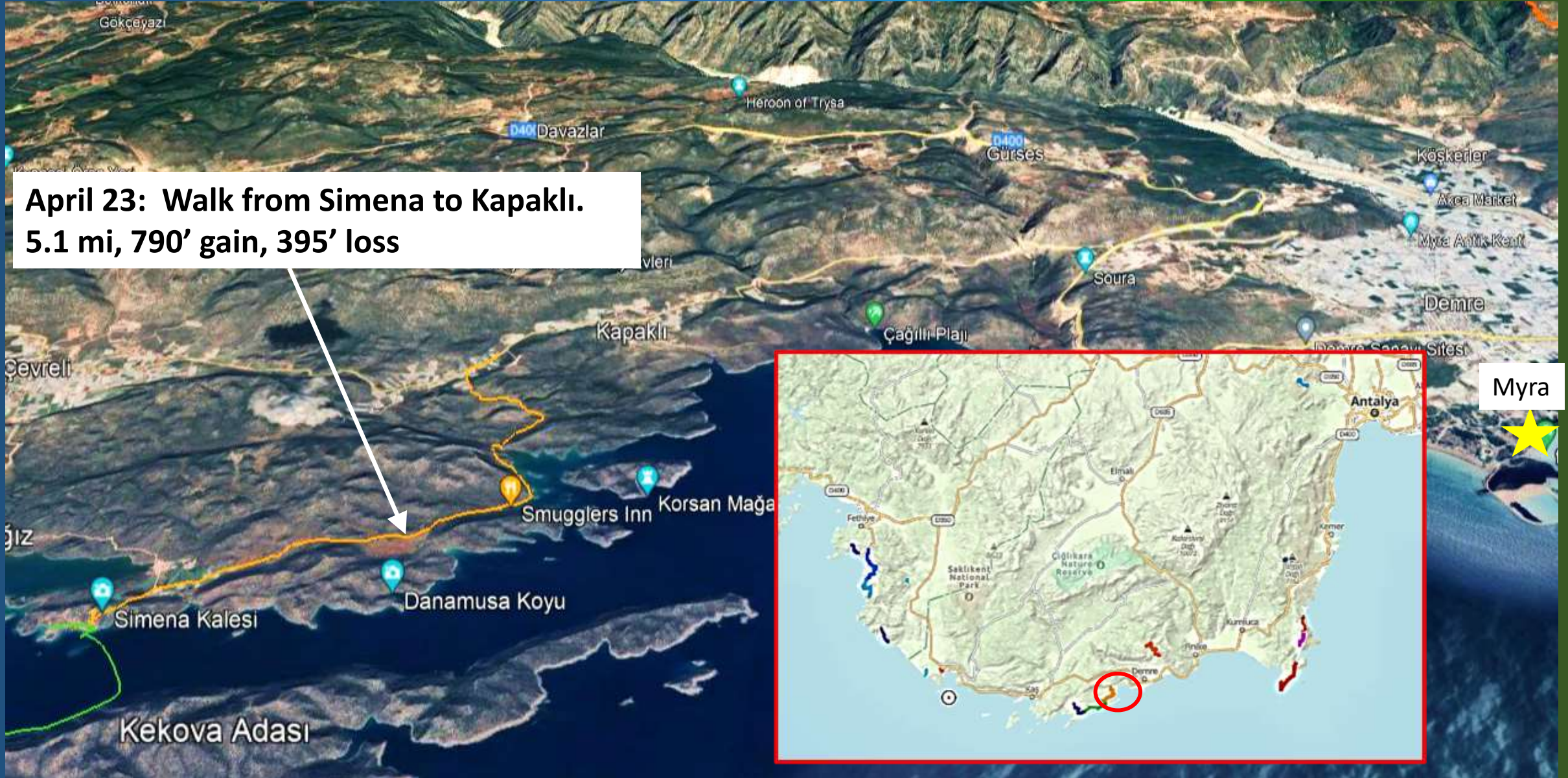


Simena village



Day 7: Walk from Simena to Kapaklı, visit Myra ancient city and St Nicholas Church. Stay in Beymelek.

**April 23: Walk from Simena to Kapaklı.
5.1 mi, 790' gain, 395' loss**



Day 7: Walk from Simena to Kapaklı, visit Myra ancient city and St Nicholas Church.



Day 8: Walk to Ala Kalise (Purple Gabriel church), then back to Beymelek.



April 24: Walk to Ala kalise, back to Beymelek. 7.5 mi, 1124' gain, 2595' loss



Day 8: Walk to Ala Kalise (Purple Gabriel church), then back to Beymelek.



Friendship Olive Tree dedicated to The Mountaineers in the garden of the mayor's house in Beymelek



Planted during our visit in 2015



Providing olives for dinner during our visit in 2022!

Our Lycian Way Route – days 9-13

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Day 9: Walk to the Gelidonia Lighthouse and on to Adresan



April 25: Walk to Gelidonia Lighthouse and on to Adresan. 9.2 mi, 2513' gain, 2418' loss

Google Earth

Image © 2022 CNES / Airbus
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Image Landsat / Copernicus
Data SIO, NOAA, U.S. Navy, NGA, GEBCO

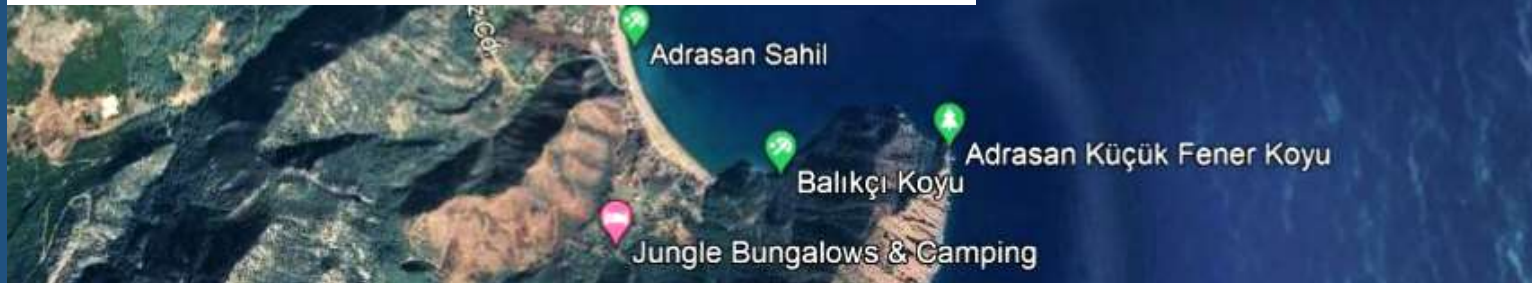
Day 9: Walk to the Gelidonia Lighthouse and on to Adresan



Day 10: Walk from Adresan to Olympus ancient city and on to Çıralı



**April 26: Walk from Adresan to Çıralı.
6.9 mi, 2515' gain, 2620' loss**



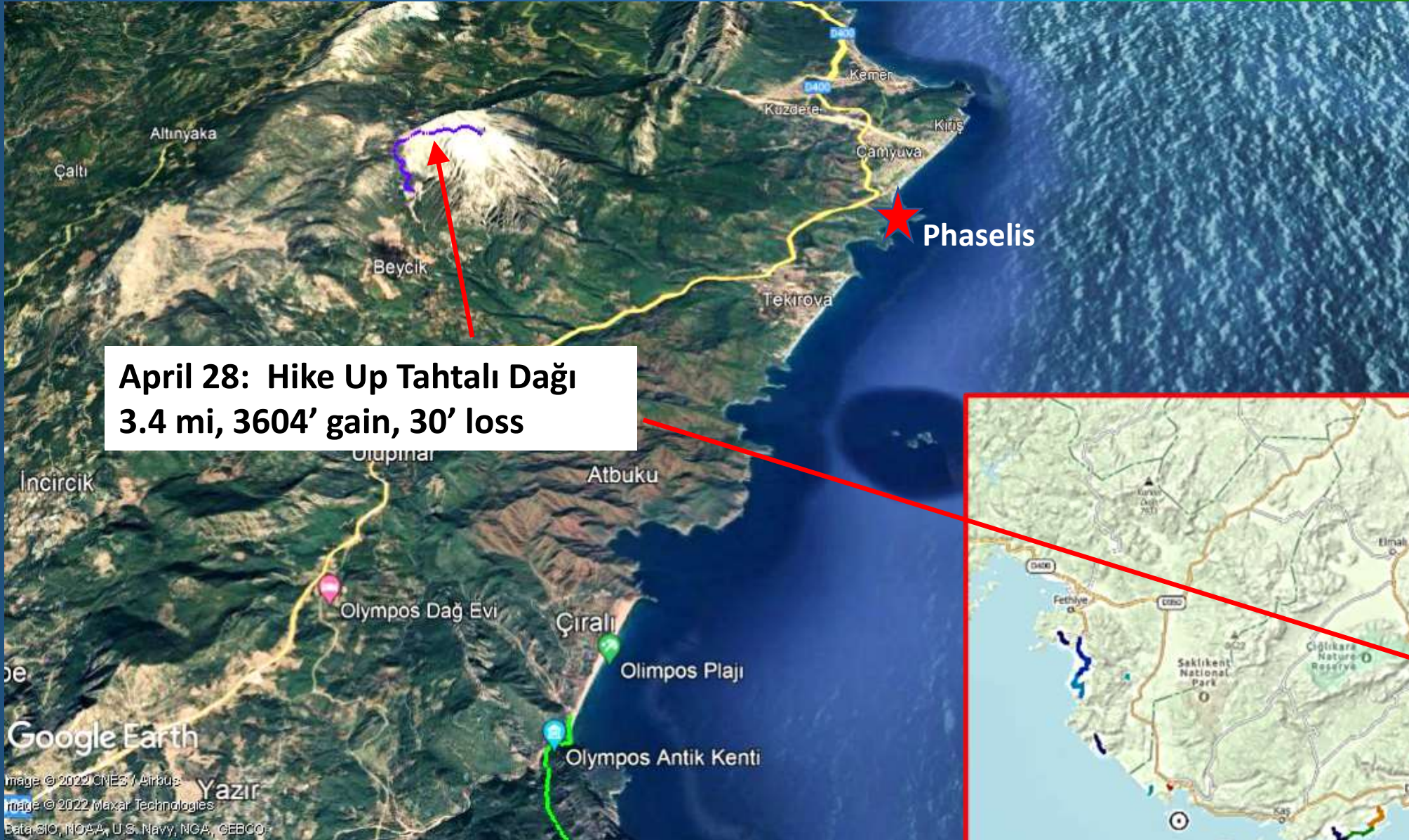
Day 10: Walk from Adresan to Olympos ancient city and on to Çıralı



Day 11: Free day in Çıralı, evening visit to the Chimaera



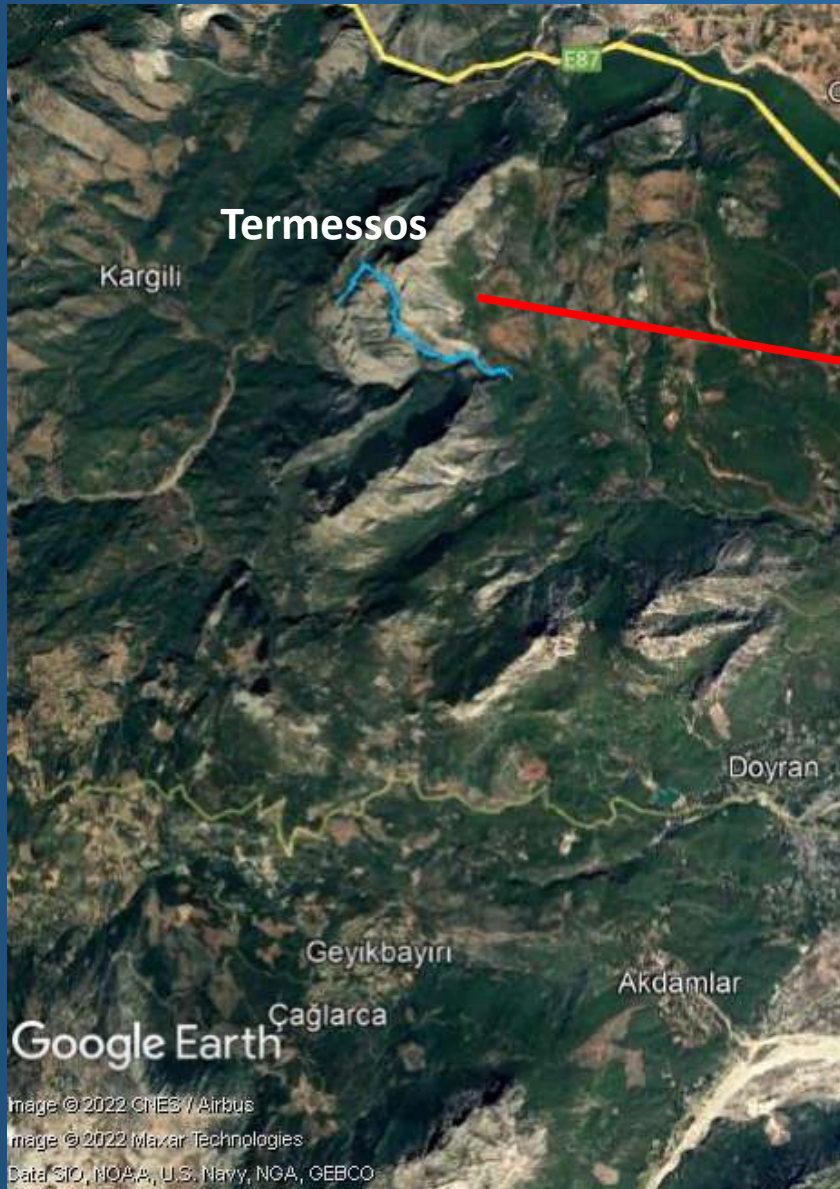
Day 12: Hike up Tahtalı Dağı, drive to Antalya



Day 12: Hike up Tahtalı Dağı, drive to Antalya



Day 13: Tour Termessos ancient city, visit Karain neolithic cave



Day 13: Tour Termessos ancient city, visit Karain neolithic cave



Antalya's medieval port, old city and archaeological museum



Wrap-Up:

The Carian Trail is a great trip for you if....

- You love aqua-blue coastal panoramas and beaches
- You have good balance and can travel confidently on very rocky terrain
- You enjoy a wild and remote experience
- With your own transport you can selectively hike the most beautiful sections and stay at a lovely beachside pension or hotel every night, with glorious food!
- Or if you have the time and fitness to carry overnight gear and walk between larger towns as far as you want to go, camping where you choose and stocking up on food and water in town.

The Lycian Way is a great trip for you if....

- You want to experience amazing panoramas over the Mediterranean
- You are fit to cover long days with quite a bit of elevation gain and loss
- You are confident walking on very rocky sometimes quite steep terrain
- You want to experience village life and amazing food of Mediterranean Turkey
- You'd enjoy exploring amazing archaeological sites and unique relics as you go along
- You'd enjoy regular hotel/pension stays and ready availability of transport and support options along the way....
- OR an exciting, unique multi-day thru-hike combining views and fascinating history

Questions?



Don't miss our next exciting Walking the Wild event: Hiking Ireland's 111-mile Dingle Way, with Sheri Goodwin of Transformational Trekking

October 6, 2022 from 7 to 8:30PM on zoom

Get your advance ticket now by going to www.mountaineers.org and searching Events