

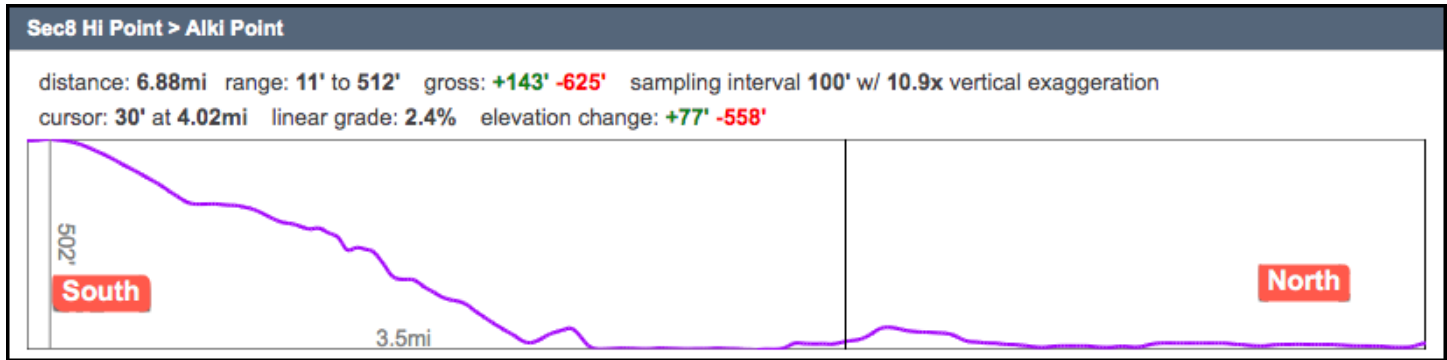
Seattle Olmsted 70 Trail – Section 8

S6 11.7km, 234m	S7 9.6km, 189m	S8 11.1km, 44 m	S9 8.6km, 130m	S10 9.5km 104m	S11 9.6km, 107m	S12 10.8km, 237m
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Seattle High Point to Alki Point

Walking distance: 11.1 km (6.9 miles)

Elevation gain: 44 m (143 ft)



Section 8 of the Seattle Olmsted 70 trail begins at Seattle's High Point, corner SW Myrtle Street and 35th Avenue SW

You can split Section 8 into two shorter walks. Section 8 South, loses altitude to sea level from Seattle High Point to Lowman Beach Park 6.4 km, (4 mi) and Section 8 North finishes at Alki Point (4.7 km, 2.9 mi).

For public transit options, public bathrooms and treats see directions, last page.



Bird on a Wire Mural – Photo P Hendrickson

Section 8 South

Walking distance: 6.4 km (4 miles)

Elevation gain: 23x m (77 ft).

Walkers are responsible for their own safety on Seattle Olmsted routes.

Note: The route is stroller friendly if comfortable with up and down park trails.

- Starting at Seattle's High Point (520ft) walk south down 35th Avenue SW. Realfine Coffee [beckons](#) at SW Kenyon Street. Don't miss the **Bird on a Wire** mural ([food, toilet](#)) at SW Henderson Street.
- Turn right (west) at SW Barton Street for one block to turn left (south) at 36th Avenue SW.

- In a block, right (west) onto SW Cambridge Street leading you into **Fauntleroy Park**. [Strollers may wish to stay on Henderson Street](#).
- Trails are braided. Bear right at first intersection and cross Fauntleroy Creek to head north avoiding exits to the park until you pop out across California Avenue SW from the [Fauntleroy Hall](#).
- Take the sidewalk downhill past **Kilbourne Park** (a deep ravine) to the triangle intersection. Grab your Bag O'Beignets ([in season](#)) at **Endolyne Joe's** where regional menus change quarterly.
- Bear right onto SW Wildwood Place [and](#) Fauntleroy Way SW [past Wildwood Market \(coffee, sandwiches...\)](#)
- Captain's Park**, [where salmon return brings Salmon Drumming](#) across the street from the Fauntleroy Ferry Terminal

with service to Southworth and Vashon Island (plus fine public bathrooms).

Private Shorelines? *Washington law stiff-arms public beach access. Where most states define the boundary of lands available for private ownership at the high tideline, Washington allows for private ownership of lands down to the low water mark. See [Beach Walk Criminal?](#)*

- Continue north up Fauntleroy Way (since you're not in Oregon and can't walk the beach, no matter the tide).
- Turn left (west) into Lincoln Park to follow the shoreline with a fine collection of bathrooms, picnic shelters and views across the Salish Sea to Blake, Vashon and Bainbridge Islands.

*We are on the traditional land of the **Coast Salish** peoples who live here and steward these lands and waters as they have for time immemorial.*

- You're on the "Whale Trail" so please don't disturb resting seal pups. [Stay by the water to pass](#) Point Williams and saltwater Coleman Pool. [Keep your eyes peeled](#) for the **Bruun Idun** (2023) wooden troll.



Bruun Idun Troll – Photo Peter Hendrickson

- [Yes, political statements have been made on "Love Rock" since 2016 by local artists.](#)
- Beachside Trail #1 merges all too quickly with Beach Drive SW. Pause for a moment to check Ken Kalberg's fence and home art for sale outside his garage. Hint: Slickered sailor is not a Mountaineer. See [Fine Art America](#).

Tour de Troll. *Some Mountaineers long to visit all six freely accessible Thomas Dambo troll sculptures—NW Trolls: Way of the Bird King. The Danish artist "celebrates the human experience of art by amplifying the connections of cultural heritage between Coast Salish Tribal communities and Scandinavian traditions." Vashon, Ballard and Bainbridge are most accessible from the Seattle Olmsted Circuit. See [Trolls](#)*



Old men gather here – Photo P Hendrickson

- Continue north past more private beaches to welcoming (and public) **Lowman Beach Park**.

You have completed Section 8 South.

Return from this public transportation wilderness (closure of a shore side Bus Route during the pandemic.) Walk up SW Frontenac St to a Bus #22 or C Line stop up Fauntleroy Way SW and SW Myrtle St.

Section 8 North

Walking distance: 4.7 km (2.9 miles)
Elevation gain: 20 m (66 ft)

Note: The final Section 8 North is easy walking but sparse on toilets.

- Continue north [along Beach Drive SW past](#) the fine homes along shore to reach the **Emma Schmitz Memorial Overlook** with beach access. She donated the land to the city in 1945.

*Ferdinand and Emma Schmitz built a home (Sans Souci) across the street on 40 acres they owned. Now **Me-Kwa-Mooks Park**, or "Prairie Point" translated from Whulshootseed. Remnants of their orchard are found abutting the picnic area to the north.*

- The route takes you below the indented **Sound Bluffs Parkway**⁵.
- Pause at the Emma Schmitz Memorial Overlook and continue north along the sidewalk or the beach walk. [Blake and Vashon Islands lie across the water.](#)
- Vest pocket beach parks dot your way north towards Alki Point. Some are street ends, clearly public access.
- SW Orleans Street is developed as **Cormorant Cove Park**.
- [Bear left to continue along Beach Drive SW which follows Constellation Park towards](#) the longest sweep of beach and the Charles Richey Senior Viewpoint.
- You could take 63rd Avenue SW north to regain bus service # 775 and downtown Alki Beach but continue towards Alki Point on Beach Drive SW.

Constellation Park beach is best explored during a low tide (3 or so hours) but minus tide (0 feet or less) is a real treat see [Constellation Park on the sidewalk above to](#) count off the 27 clusters of stars. See [Avenue of Stars](#)

- You're briefly along the northern section of the **West Seattle Parkway**⁴.
- Beach Drive SW by day invites tide pool exploration and at night you may see the constellations outlined in brass along the sidewalk.
- Just a block off your route between SW Admiral Way and SW Hinds St is **Bar-S Playground**⁴, another Olmsted recreation area with two ball fields and toilets.
- At Alki Point you may wish to visit the Coast Guard's Alki Point Lighthouse (1913) for a Sunday afternoon tour (suspended in 2020). See [Lighthouse Friends](#)

Congratulations, you just completed Section 8 of the Seattle Olmsted 70!

Return to High Point? Bus #775 (free) to #21

Note: The Friends of Seattle's Olmsted Parks map display gives five park categories. Our superscripts show: **1**)Pre-1903, **2**)1903-09, **3**)1909-13, **4**)Post 1913, and **5**)Unrealized

Seattle Olmsted Circuit loops 120km (75 miles) via more easterly parks and boulevards (5 Sections, October 2023) connecting with the more westerly Seattle Olmsted 70 (7 Sections, June 2024).

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Seattle Urban Walk Committee
The Mountaineers, Founded 1906

(Rev3 20June 2024/SB_MS,PH)

Navigation Tip: Staple, then fold these two sheets the long way. You can then easily hold them in one hand to follow the turn-by-turn. Some walkers keep their thumb on the bulleted text for their current position.

TRANSIT, TOILETS and TREATS

King County Metro Transit Service Points

Public transport is available at several locations on Section 11 but these points offer the most options.

Light Rail schedule [Light Rail](#)

State Ferry Schedule [State Ferries](#)

Metro Water Taxi [Foot Ferry](#)

Bus Routes [Metro Bus Routes](#)

- **35th Ave SW & Barton** #21, C Line
- **35th Ave SW & High Point** #21
- **Fauntleroy Ferry** C Line
- **Lowman Beach Park** C Line
- **Alki Ave SW & 63rd Ave NW** #50, 56, 775(free)

Suggested Bathroom Stops

Free public bathroom access is good on Section 8 during park and business hours. Stops are listed in order of travel from Colman Docks

- 35th Ave SW shops
- Fauntleroy Ferry Terminal
- Lincoln and Lowman Beach Parks
- Mae-Kwa-Mooks Park (maybe SaniCan)
- Alki Beach

Where to Buy Provisions

Section 11 and nearby have a modest mix of residential, parks and local cafes, bakeries, ice cream parlors, and pubs.

- Seasonal parks, playfield bars
- Along 35th Ave SW
- Triangle shops SW Wildwood Pl & 45th Ave SW
- Alki Village

Other Items of Interest

- **Stewards** for Section 11 are to be named.
- **Kenyon Hall (1916)** first the [Olympic Heights Social Hall](#), hosts community events (dancing, performances, community theater). The [Mighty Wurlitzer pipe organ \(1929\)](#) complements the performance venue including organ-accompanied silent film shows. Next door: [RealFine Coffee and Local Kitchen & Bar](#). Note the Swedish flag motif on the [Swedish Automotive shop across the street](#).
- **Fauntleroy Cove** where Fauntleroy Creek flows into Puget Sound was a Native American clamming and fishing site. A 1907 streetcar line connected the remote settler village to downtown. See [Fauntleroy History](#).
- **Duwamish People** live along these shores and waterways. See [Duwamish](#)
- **Neighborhoods** near or on this route are Westwood, High Point, Arbor Heights, Fauntleroy, Lincoln Park, Gatewood, Seaview, Alki, West Seattle
- **Seattle Walks** (2025, 2nd Ed, Williams) and [Seattle Stairways Walks](#) (2013, Jaramillos) are excellent sources of historical, cultural and natural information.
- For more complete Olmsted Parks information, consult **Friends of Seattle's Olmsted Parks**, partners in development of this trail. Local link is [FSOP](#). The national Olmsted Network is [National](#)
- **Seattle ranks** among the top 10 park systems in the country [Top Ten](#)