

Liz McNett-Crowl – Foothills Branch Board of Directors Representative Candidate Statement

I have been a member of the Mountaineers since 2013. I became a Mountaineers volunteer in 2014, serving as a leader, mentor and instructor for several courses and activities including hiking, backpacking, snowshoeing, naturalists and urban walking for the Foothills and Seattle branches. I have been serving as the Foothills Branch Board Director since January 2023.

In 2020, I partnered with Christina Buckman to create and co-lead the Foothills GoHike: Beginning Hiking Course, later we added the GoHike Alumni Course. I am a member of the Urban Walk Council and was instrumental helping to draft activity standards and leadership training for Urban Walking and to work through the process of creating a new Urban Walks activity of The Mountaineers. Since 2021, I have served as Chair of the Urban Walks Committee. In 2023, I partnered with Lori Heath to develop a Leadership Development seminar on Leading Mindful Outdoor Experiences, presented on Mindful Outdoor Experiences at the 2023-2024 Leadership Conferences and lead Mindful Outdoor Experience trips.

I am a native Washingtonian and have been a resident of Skagit County since the early 1960's. I am retired, following a 45+ year career in public health and as a fitness professional. I have enjoyed being a volunteer with The Skagit Land Trust, Skagit Council of Governments Non-Motorized Advisory Committee, chair, Skagit County Parks Board, and was a co-founder of the Skagit Women's Alliance and Skagit Runners. I am a mixed media collage and textile artist, adventurous cook and enjoy tending a large cut flower and native garden.

I believe that my professional experience, nonprofit leadership and engagement with The Mountaineers have prepared me to fulfill the commitment and skills needed to serve as a Branch Board Director. I am honored to serve on the Foothills Branch Council and represent the Foothills Branch on the Mountaineers Board of Directors. I appreciate having the opportunity to continue to contribute to the club and to speak for our branch volunteers and members.