

2022 Course Schedule



**THE
MOUNTAINEERS**

Students often complete the program in one year, although up to 2 years are allowed to meet the requirements.

Required equipment includes all-weather clothing, a sturdy day pack, proper boots, ice ax, climbing helmet, the ten essentials and a few carabiners. Snow shoes and crampons will be needed for some trips; current rental opportunities in Olympia are limited.

We suggest you wait to purchase some of these items, as we will discuss recommended equipment in depth during the first lecture.

Course participants must be at least 14 years old. Those under 18 must have a parent/guardian consent form for trips and a successful interview with the Alpine Scrambling chairperson.

The cost of the Alpine Scrambling Course is \$250.00. Wilderness Skills Course offered in January 2022 is a prerequisite to this course.

- Tuesday, February 22: Intro to AS (Lecture*)
- Tuesday, March 8: Mountain Winter Hazard (Lecture*)
- Tuesday, April 12: Snow Travel (Lecture*)
- Saturday, April 23: Snow I (Field Trip)
- Saturday May 7: Snow II (Field Trip)
- Tuesday, May 31: Rock Scrambling (Lecture*)
- Saturday, June 4: Rock Scrambling (Field Trip)

*Lectures run 6:30 - 9:30 p.m.



For more information
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**2022 OLYMPIA ALPINE
SCRAMBLING COURSE**
OLYMPIA BRANCH



The 2022 Alpine Scrambling (AS) course consists of 4 lectures and 3 field trips.

- Mountaineering-Oriented First Aid (MOFA) or WFA (Wilderness First Aid) is a course co-requisite and is offered in the spring and fall each year (separate registration).
- The Navigation Course is an AS course co-requisite and is offered in the spring. (Separate Registration)
- Four club-led experience trips (a conditioner and three scrambles) are required (one snow, one rock, and one of your choice) and a one-day stewardship project is also needed to graduate.

Alpine scrambling is non-technical climbing that involves off-trail travel, often over rock, snow and/or brush, to mountain summits. Many, if not most, Northwest summits are accessible by scramble routes.

Alpine scrambling is a form of mountaineering that falls somewhere between high altitude hiking and rock climbing. Ropes and other aids typically are not needed.

A competent scrambler is in good physical condition, can navigate in the backcountry, can select the proper food/clothing/equipment for the current season, knows and can use the ten essentials, recognizes and can avoid mountain hazards, practices wilderness ethics and is proficient in snow and rock travel, self-arrest and other basic mountaineering skills.



Students without prior mountaineering experience that are interested in taking the more technical Basic Climbing course are recommended to start with Alpine Scrambling. Skills learned in this course, such as ice ax arrest and snow travel techniques, will form a solid foundation for Basic Climbing.