Winter Travel Sources and Resources:

Trail conditions:

Sno-parks I-90 corridor: Select your park at <https://www.parks.wa.gov/459/Blewett-I-90>

Grooming report for Cabin Creek & Crystal Springs: <https://www.kongsbergers.org/GroomingReport>

Trip reports:

Mountaineers: click “Activities”, then “Trip Reports”:

<https://www.mountaineers.org/activities/trip-reports#b_start=0>

Washington Trails Association: <https://www.wta.org/go-outside/trip-reports>

Mount Rainier National Park Website: nps.gov/mora. MRNP Visitor Update, Winter 2022-23.

Chains, cables & auto socks: in Rainier see <https://www.nps.gov/mora/planyourvisit/tire-chain-faq.htm> .

In the passes, see <https://wsdot.com/travel/real-time/mountainpasses/tiresandchains>

National Weather Service Home page: [www.weather.gov](http://www.weather.gov)

# NWS Forecast Office Seattle/Tacoma, WA page with links to detailed local forecast, past weather data, and the Mount Rainier Recreational Report: <https://www.weather.gov/wrh/TextProduct?product=recsew>

Check past weather data for 2000 through 2022 for trip planning. Schedule your trip for a date when acceptable weather is at least possible: <https://www.weather.gov/wrh/climate?wfo=sew>

Mount Rainier Recreational Report: <https://www.weather.gov/wrh/TextProduct?product=recsew>

Air temp change with elevation: about 3F (moist air) to 6F (dry air) per 1,000 ft. Higher is colder. Wind at crest of summit, ridge, pass, etc. is often double the speed at lower elevations.

National Weather Service, lenticular clouds: <https://www.weather.gov/abq/features_acsl> *Mountaineering: The Freedom of the Hills*, Chapter 27, “Mountain Weather” in seventh edition. Current edition is ninth.

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Photos: Mike Forsyth, © 2023. Mt. Marcy, Adirondack High Peaks; ADK Loj Heart Lake trailhead parking lot, Adirondack High Peaks. Ski trail: Viking Loop, Cabin Creek, WA. Blowdown trail: Lower South Fork of Skokomish, Olympic National Forest. White-out trail: Mt. Colden, Adirondack High Peaks. Ice axe: Orebed Brook slide, Adirondack High Peaks. Overlook: Dial Mtn., Adirondack High Peaks. Mountaineers in Cougar Rock Campground, Mount Rainier National Park. Mount Rainier with lenticular cloud, and sky with broken halo and clouds, MRNP.