



Magazines for Mountaineers:

Find all of your inspiration in these up-to-date publications at Timberland **Regional Library.** Click the title to start your exploration!

- ✓ Place holds on specific issues & get notification when your holds come in.
- ✓ See **online articles** from the comfort of your home.
- Interested in **Hiking, Climbing & Scrambling**? Take a look at these magazines:

Backpacker (1-2 years of issues at Lacey, Olympia, Tumwater, Shelton, and Yelm Libraries. From 1994present online via TRL Databases.)

Climbing (1 year of issues at Lacey Library. From 1999present via TRL Databases.)

Rock & Ice (5 years of issues at Olympia Library.)

Coming this Spring: Alpinist (Olympia Library).

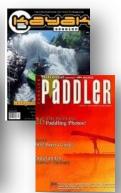


Canoe and Kayak (1-3 years at Olympia, Lacey, Tumwater, Aberdeen & Montesano Libraries. From 2010-present via TRL Databases.)

Kayak (From 2005-present via TRL Databases.)

Paddler (1-5 years at Olympia and Shelton Libraries)

Sea Kayaker (2-3 years at Olympia & Aberdeen Libraries)



Alpinist



Outside (1-3 years at Olympia, Shelton, Centralia & other Libraries.)



Ethics Issue



Skiing?

<u>Ski</u> (From 1988-present online via TRL Databases.)

Skiing (1-3 years at Olympia, Lacey, Tumwater, and Shelton Libraries. From 1988-present online via TRL Databases.)





Follow your dreams with these other sports & fitness interests:

Running & Triathlons

<u>Runner's World</u> (1-3 years at Olympia, Lacey, Tumwater, Aberdeen and Shelton Libraries. From 1993-last month's issue online via TRL Databases.)

Triathlete (1 year at Olympia Library)



Cycling & Mountain Biking

<u>Bicycling</u> (1-3 years at Olympia, Lacey, Tumwater, Centralia and Shelton Libraries. From 1993-present online via TRL Databases.)

<u>Bike Magazine</u> (From 1999-present online via TRL Databases.)

<u>Mountain Bike</u> (1 years at Ocean Park. From 1999-last month's issue online via TRL Databases.)

Mountain Bike Action (2 years at Tumwater, Shelton and Aberdeen Libraries.)



Yoga

<u>Yoga Journal</u> (1-3 years at Lacey, Tumwater, Shelton, Yelm, Aberdeen and other Libraries. From 1998-present online via TRL Databases.)

Coming this Spring: Yoga International (Olympia Library)



Fitness & health

<u>Men's Health</u> (1-2 years at Lacey, Tumwater, and Shelton Libraries. From 1993-present online via TRL Databases.)

Men's Fitness (1-3 years at Olympia, Lacey, and Centralia Libraries.)

<u>Natural Health</u> (1-2 years at Olympia, Lacey, Shelton and more Libraries. From 1993-present online via TRL Databases.)

<u>Self</u> (1-2 years at Olympia, Lacey, Tumwater, Centralia, Shelton and other Libraries. From 1997-present online via TRL Databases.)

<u>Total Health</u> (3 years at Olympia Library.)



Looking for more?

- Timberland Regional Library magazines are findable online @ www.trl.org.
- Click on "Research", "Reference Databases", then "TRL Magazines & Newspapers".
- Log in with your library card number & PIN (last four digits of your phone number).

Questions?

With TRL's Ask A Librarian service you can speak with a TRL Librarian six days a week. You may also <u>email your question</u>, or <u>chat</u> in real time 24/7 with trained librarians prepared to help find the information and resources you need.

Ask by Phone:

704-INFO (360-704-4636) in the Olympia calling area

1-800-562-6022 (Toll free outside Olympia calling area)

