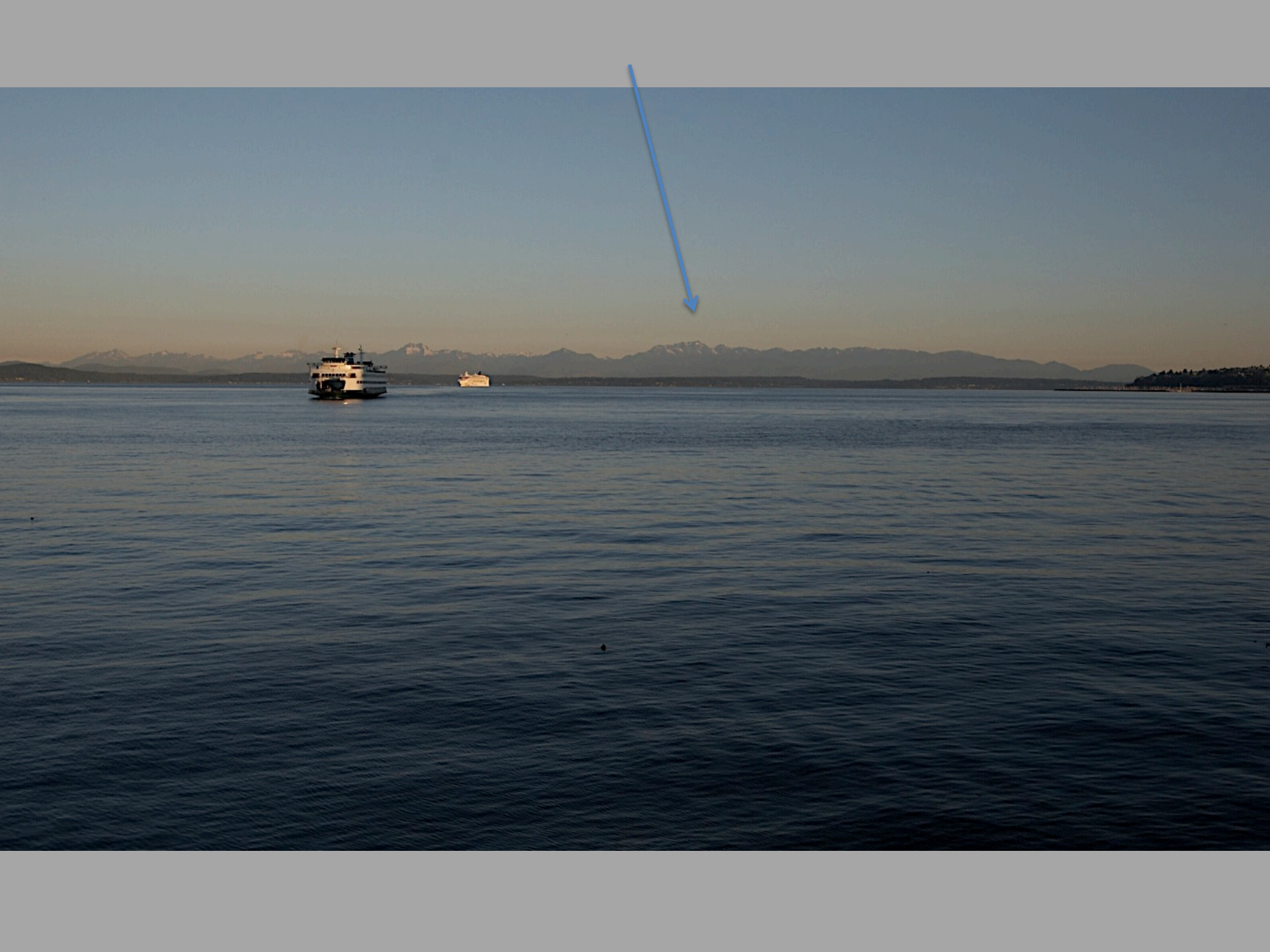


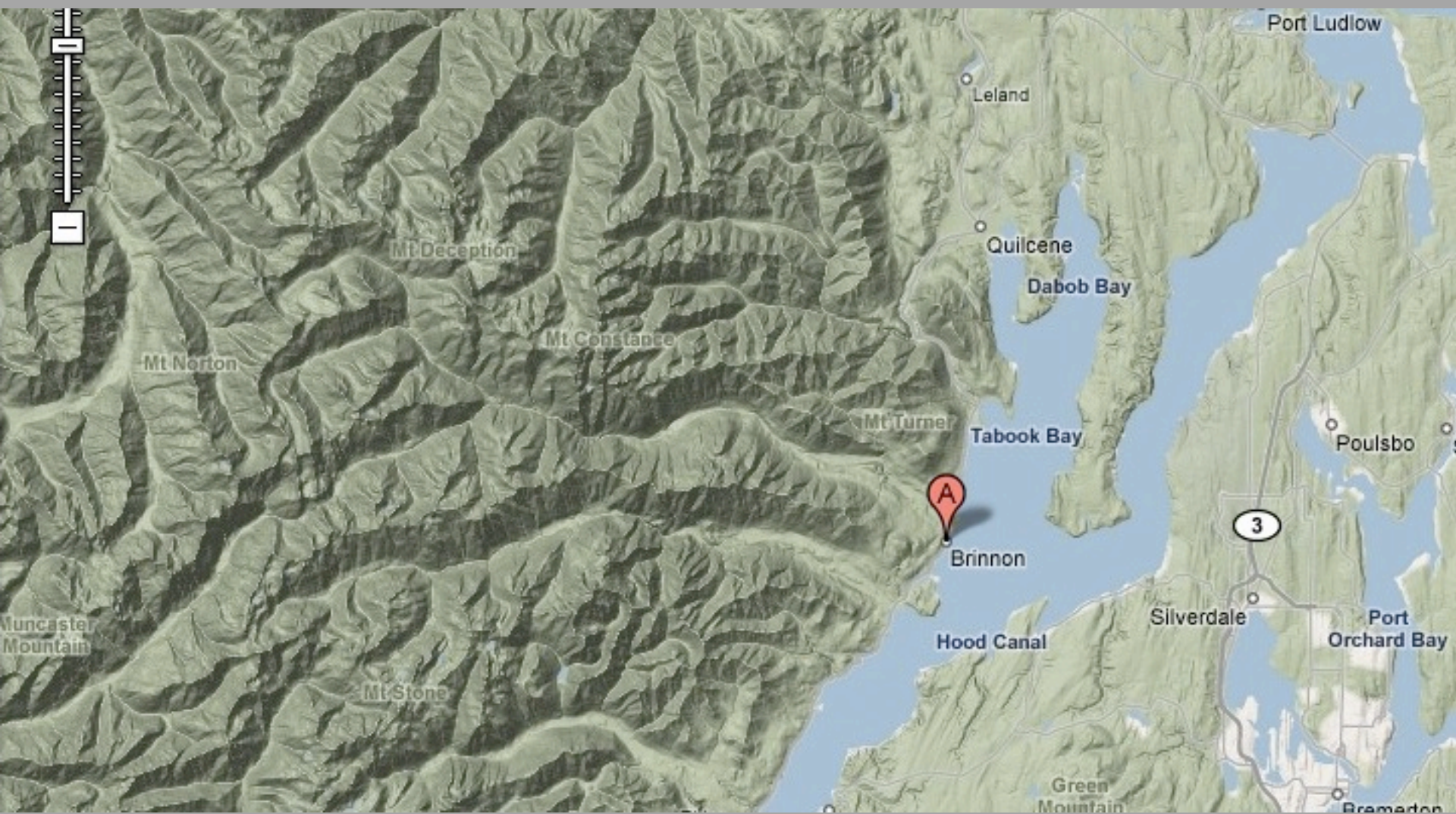
MT CONSTANCE

“THE GODDESS”

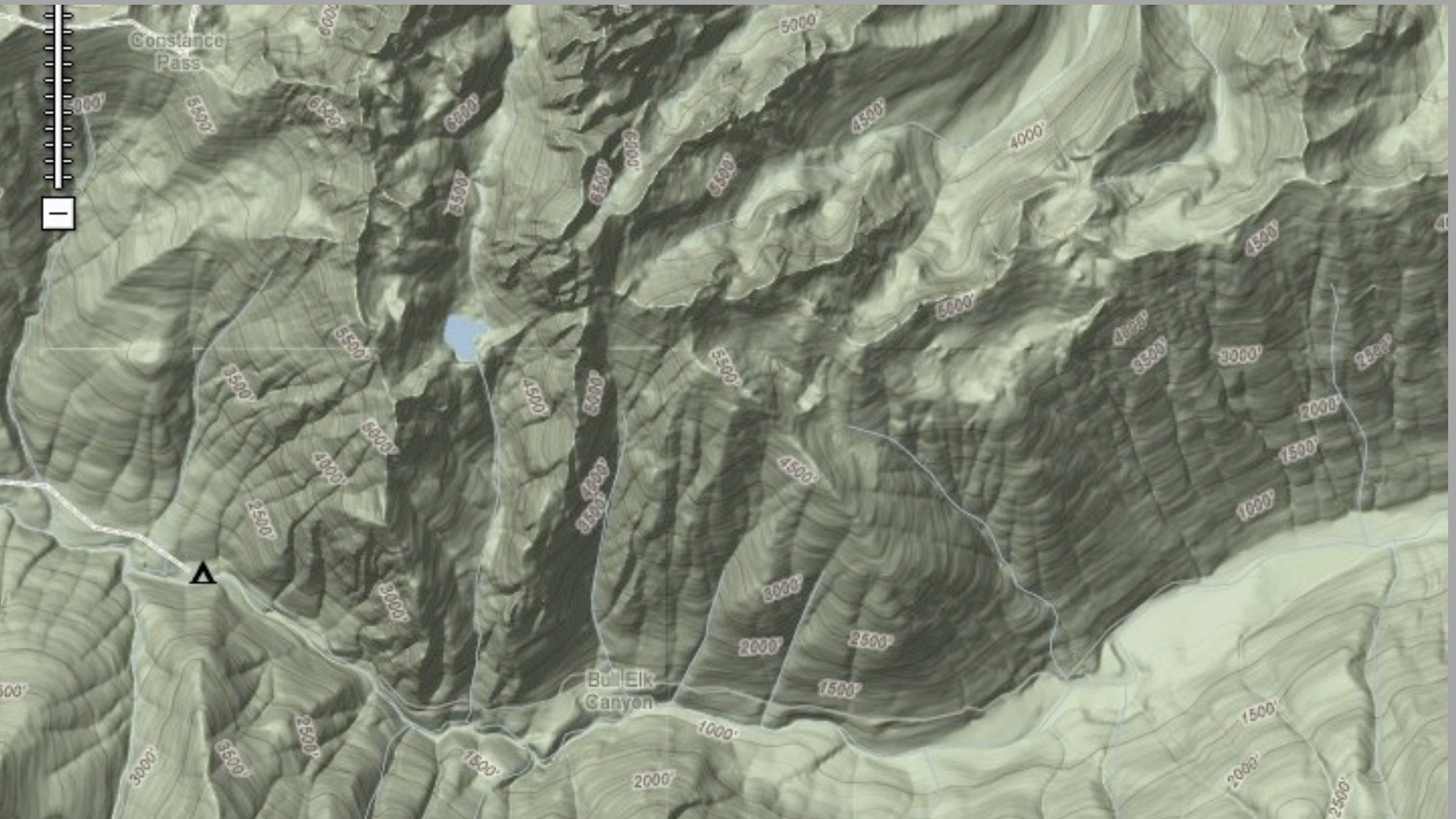
QUEEN OF THE EASTERN OLYMPICS







Five miles of road, then the infamous Mt. Constance “trail”



Bikes for easy exit



3400' Gain in Two Miles





Beautiful
Lake
Constance

Permits
Required!



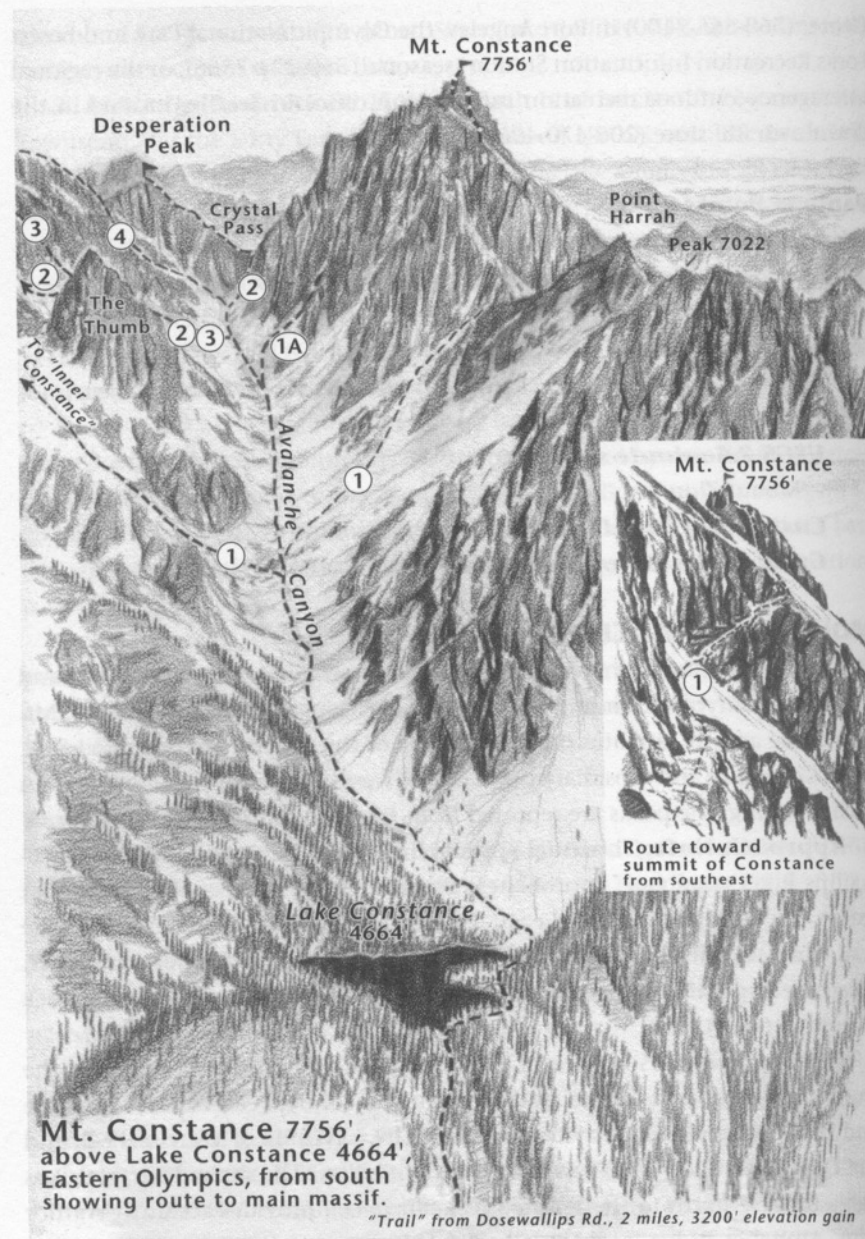


Avalanche Canyon



From Olympic Mtns. Climbing Guide.

Mountaineers Books



Mount Constance 7756 (2364 m)

Mt. Constance is the highest and most massive peak in the eastern front

Toward the “Cat’s Ears”

First of two long scree fields ...



... but this is your reward



Rugged terrain. Route-finding is critical



Lots of scrambling
with “a bit” of loose rock



Route from the Terrible Traverse





Summit Block



Class 4 +
but
exposed,
so we
rigged a
top-rope



On the summit. Rather airy



Greeting the Goddess



... and it's a long way
down



A two page supplement to the Climbs Guide route description is on the beta-brews-presentations web page

ROUTE FOR MT. CONSTANCE, UPPER PORTION

By Cebe Wallace

Hands down, my favorite local climb is Mount Constance in the eastern Olympics. Known to her devotees as The Goddess, she is courted only with great effort and care, but rewards her suitors amply. Seen from Seattle, Constance is the massive peak to the right of The Brothers, the one that ramps up to the right, then falls off abruptly on the north end.

The best campsite is beautiful Lake Constance.

NOTE: Permits are needed and places are limited. Get reservations from Olympic National Park

A washout on the Dosewallips road adds five miles to the approach, followed by the infamous Lake Constance trail, gaining 3400' in just two miles. Camp at the lake in the company of goats. The climb is a classic rugged mountaineering route, long and quite exposed in places, not technical or needing much hardware, but demanding skill and careful movement. Most of the elevation is gained up steep scree or snow slopes, after which the route traverses several notches and gullies, including one officially known as the Terrible Traverse. Final scree slopes lead to the