

Carabiner Wrap to isolate direction of load

Apply this to your most bomber piece in a hanging belay anchor

- Set two opposed pieces
- Clip the bottom piece with a runner
- Feed the other end of the runner into the carabiner of the top piece... into the wall and out through the legs of the runner towards you
- Keep the runner loose with lots of slack
- Feed through one more revolution... through the carabiner into the wall and out the legs
- Pull tight, the slack in the runner will now begin to bind up and lock on itself
- Tie a quick overhand to secure the carabiner wrap
- Clip the loose end of the runner

