



July 2019

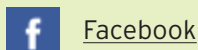
# Naturalists

ONE STEP AT A TIME

## Contents

- In the Native Plant Garden .....1
- May Hikes .....2
- Upcoming Hikes.....7
- Odds and Ends .....9
- Contact Info..... 14

### JOIN US ON:



## Summertime, Summertime, sum-sum-summertime o-o-o-o-oh!

### In the Native Plant Garden

The native plant garden is now enjoying much needed care and rejuvenation thanks to the Washington Native Plant Society local chapter, who are providing leadership in the garden in terms of care, planting and a vision of the garden. The garden is benefitting from their experience in native plant care and propagation.

There will be occasional work parties through the summer. Working alongside native plant society members is an opportunity to learn more about native plant habitats and care. Those of you that are interested in participating can e-mail George Macomber ([georgems@98115.net](mailto:georgems@98115.net)). He will put you on the mailing list for work parties.

Check out the garden. It is just by the climbing rocks on the north end of the Seattle clubhouse.



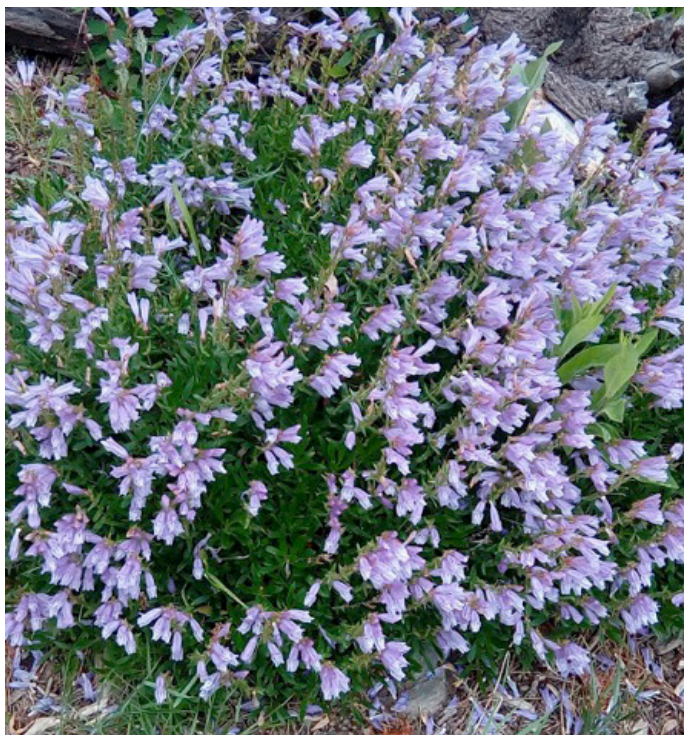
photo by Anita L. Elder

These cinnabar moth caterpillars were found on Orcas Island inside Moran State Park. This non-native species was brought to places in North America to control ragwort, which they love to eat.



# June Naturalist Hikes

JUNE 8 IRON BEAR



Shrubby penstemon



Elegant polemonium

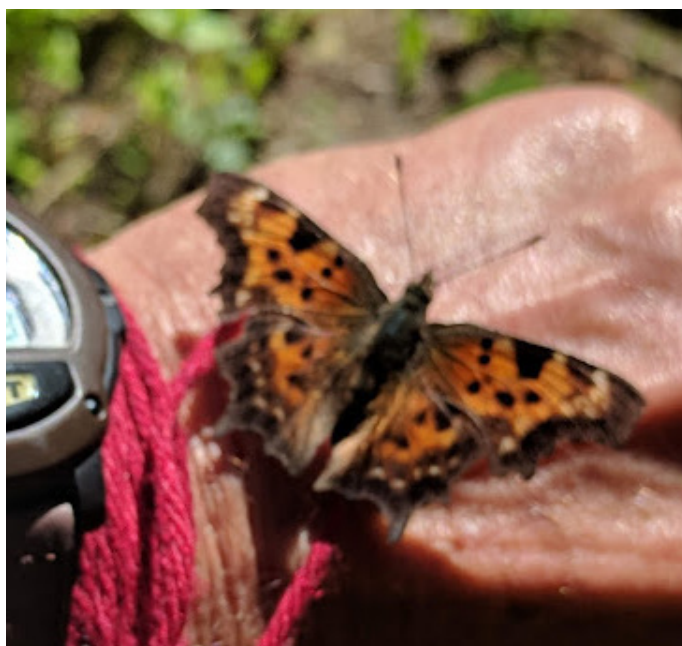


Bitterroot (Lewisia rediviva)

JUNE 10 KACHESS RIDGE



Wenatchee Mtountain lomatium



Tortoise shell butterfly checking time



## June Hikes (Continued)

## JUNE 14 EASTON RIDGE



Photography and nature study



Cliff penstemon abounded



Threadleaf phacelia



Mat buckwheat





### June Hikes (Continued)

#### JUNE 15 TABLE MOUNTAIN WITH GARY BRILL

On June 15th, nine of us did a field trip to Table Mountain via Reecer Road out of Ellensburg. The trip was largely based from the cars although several of us took one longer walk. This area was badly burnt in 2015 and consequently large areas of forest are silvered snags. But sage areas (primarily *Artemisia cana*) survived the burn, and the meadows were stunningly beautiful. There is huge elevation change on this drive and hike and consequently there is an amazing diversity of species. We began in a riparian area along the road that was absolutely loaded with mostly songbirds and butterflies. Flowers, not surprisingly, were past peak low on Table Mountain, were near peak from about 4500 to 5000', and were just coming in near Lion Rock at the 6000' level. We were blessed with nearly ideal weather, neither too cold, nor too warm.

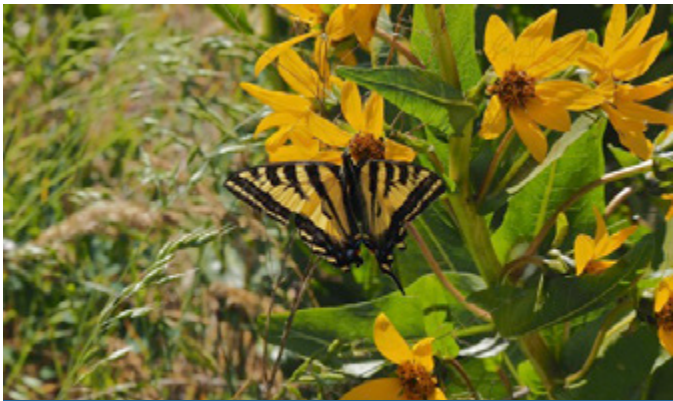
We counted 30 species of birds, 50 species of wildflowers, and 9 families of butterflies. I am sure we missed many. It was a great day!



#### JUNE 19 – TRONSEN RIDGE



Tweedy's Lewisia



Mules ears and swallowtail butterfly





## June Hikes (Continued)



Yellow penstemon



Prairie smoke



Wenatchee valerian



Scarlet gilia with friends



A picture is worth 1000 flowers



Homo sapiens (F), thompsons cryptantha  
and low hawkbeard



## June Hikes (Continued)

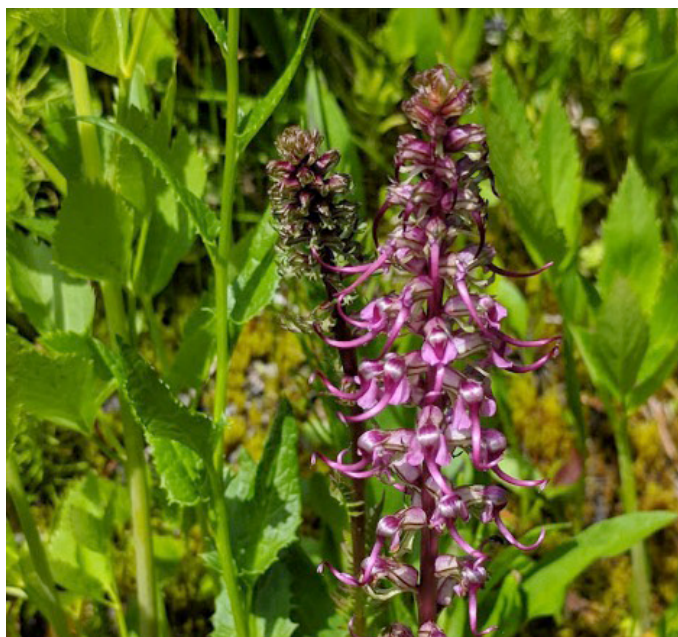


In wonder at a magical day

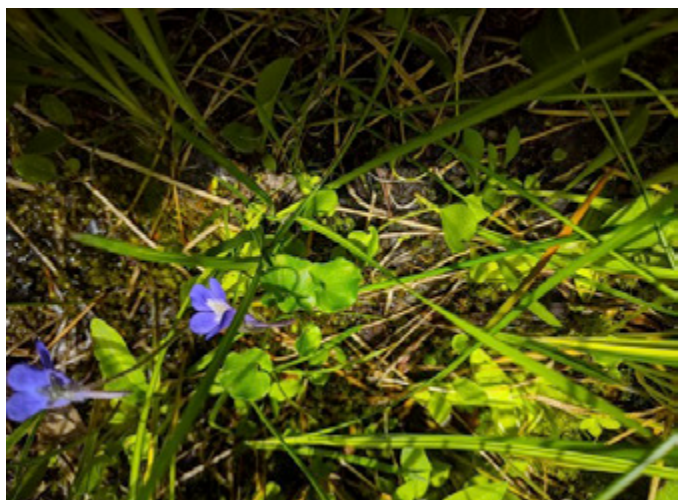
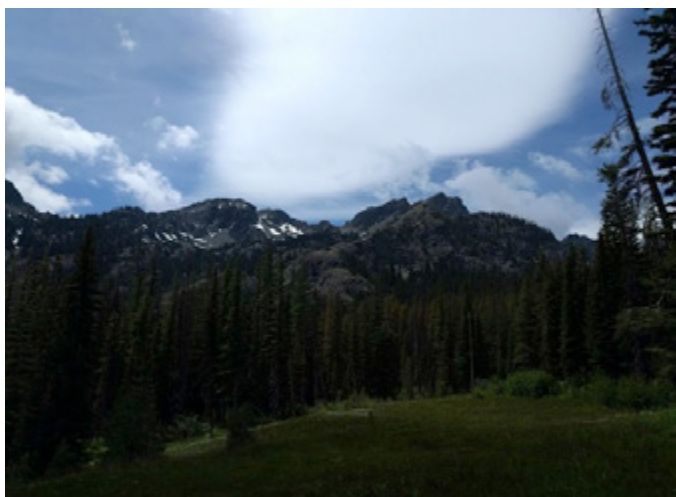
## JUNE 22 - ESMERALDA BASIN



Shrubby cinquefoil



Elephant head lousewort



Butterwort (insectivorous)



## Upcoming Hikes

Sign up online under *Explore, Find Activities* and check exploring nature (or click the register buttons below).

The mountain hiking season is nigh upon us, and we nats have many offerings to enjoy.

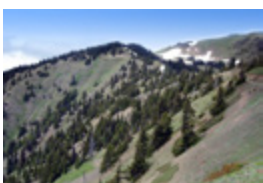
Activity Listings - Click for Full List



### Mason Lake and Ira Spring Trail

**JULY 5 - GORDIE SWARTZMAN**

Great views, long traverses and a lovely alpine lake, in the Western cascades and close to home.



### Hurricane Hill

**JULY 21 - CHRISTINE GRENIER**

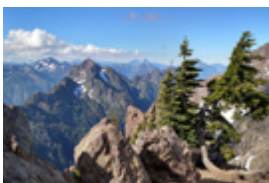
A classic hike to a flowery hill above Hurricane Ridge.



### Summerland

**JULY 26 - GORDIE SWARTZMAN**

Woods, tall meadows and summerland with the moonscape above with its alpine gems. Feast your eyes while you rest your 'dogs'. A good chance for mammal sightings.



### Mount Ellinor

**JULY 26 - BECKY ANDRADE**

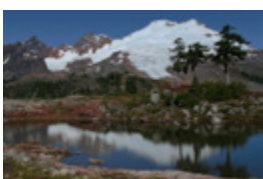
This Mt. Ellinor hike is sponsored by the Olympia Naturalists' Hiking Subcommittee, and is being led by Joanne Schuett-Hames and Becky Andrade. We'll explore the natural history of Mt. Ellinor including wildflowers and endemic species.



### Crystal Peak

**JULY 30 - JOHN BELL**

Hike noted for the large number of conifer species seen (and identified). Flowers are pretty good too and the views are eye popping.



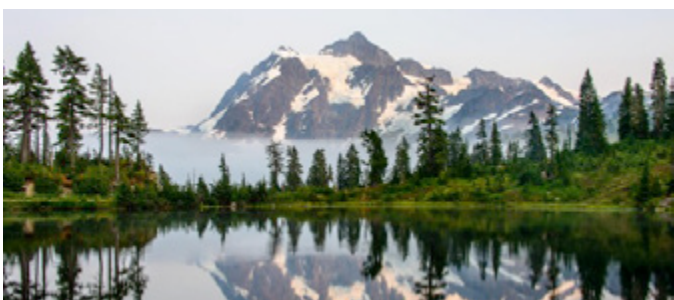
### Scott Paul Trail Mt. Baker

**AUGUST 2 - GORDIE SWARTZMAN**

Open spaces beckon with glacier loaded streams and swaths of wildflowers typical of the north cascades. See Mt. Baker shine.

## Fall Colors, Geology, & Beautiful Scenery – Mt Baker

**SEPTEMBER 21 AND 22**



Come see the fall colors and geology of the North Cascades. Hike these spectacular mountains near the Baker Lodge. The lodge is open Friday and Saturday night. Saturday we are headed to [Lake Ann](#) and Sunday to [Hannegan Pass](#). The geology is fascinating, the fall colors should be great, and the scenery special. You can make reservations to stay at the lodge for either or both nights.

[Friday, September 20th at Baker Lodge](#)  
[Saturday, September 21st at Baker Lodge](#)

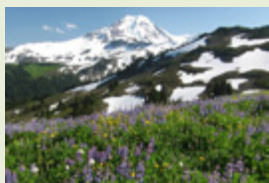
## Upcoming Hikes (Continued)

### Register Now: Naturalist & Photo Weekend at Baker Lodge

**AUGUST 9-11**

We are planning a big hiking weekend on Mt. Baker August 9-11. **This will involve three or more fabulous hikes and a stay at the Mt. Baker Lodge.** Make reservations at the lodge now (before all the spaces are taken).

[Reservations for Baker Lodge](#)

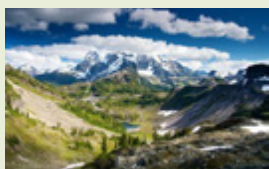


### Skyline Divide

**AUGUST 9 - GORDIE SWARTZMAN**

This is part of a weekend at Mt. Baker lodge, joint with photography. The flowers should be primo and the views splendid, even up into Canada. This is a naturalist hike so we hike slowly and stop for flowers and other natural splendors.

[Register Now](#)

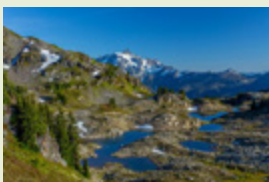


### Chain Lakes Loop

**AUGUST 10 - GORDIE SWARTZMAN**

This hike will begin near the mountaineers lodge and is the middle of 3 hikes to explore the mount baker area fauna, flora and geology. Priority will be given to hikers who sign up for at least two of the hikes. This is a naturalist hike so we walk slowly and stop to examine what we are seeing.

[Register Now](#)



### Yellow Aster Butte

**AUGUST 11 - GORDIE SWARTZMAN**

This strenuous hike provides views, flowers and lovely water features, going through several elevation zones with wide ecological diversity. The lakes below the butte are like pearls on a skein, as close to heaven as we can get. This is a naturalist hike so we hike slowly and stop to identify plants and other biota.

[Register Now](#)



## Odds & Ends

### Naturalist facebook group:



The Facebook Group is a group of Mountaineers who have a passion for the natural world and want to learn more about it.

It is called The Mountaineers Naturalist Group. It is open to Mountaineers Members who are affiliated with the Naturalist Program, either as a current or past student of the Intro to the Natural World course or as a member of the Naturalist Study Group. It provides a place for members to share photos of their hikes and trips, as well as to help with identification of species.

People can search for it on Facebook and ask to join. If they are a current member of The Mountaineers and affiliated with the Naturalist Program, they will be added.

The group is open only to Mountaineers Members as it helps us build camaraderie among our members. (There are many other Facebook groups open to all such as the Washington Native Plant Society and Western Washington Birders.).

## Poetry

**PAUL LAURENCE DUNBAR**

The oriole sings in the greening grove

As if he were half-way waiting,  
The rosebuds peep from their hoods of green,  
Timid, and hesitating.

The rain comes down in a torrent sweep  
And the nights smell warm and pinety,

The garden thrives, but the tender shoots  
Are yellow-green and tiny.

Then a flash of sun on a waiting hill,  
Streams laugh that erst were quiet,

The sky smiles down with a dazzling blue  
And the woods run mad with riot.

**JOHN VANCE CHENEY**

I question not if thrushes sing,  
If roses load the air;  
Beyond my heart I need not reach  
When all is summer there.

## I Wandered Lonely as a Cloud

**WILLIAM WORDSWORTH**

I wandered lonely as a cloud  
That floats on high o'er vales and hills,  
When all at once I saw a crowd,  
A host, of golden daffodils;  
Beside the lake, beneath the trees,  
Fluttering and dancing in the breeze.

Continuous as the stars that shine  
And twinkle on the milky way,  
They stretched in never-ending line  
Along the margin of a bay:  
Ten thousand saw I at a glance,  
Tossing their heads in sprightly dance.

The waves beside them danced; but they  
Out-did the sparkling waves in glee:  
A poet could not but be gay,  
In such a jocund company:  
I gazed—and gazed—but little thought  
What wealth the show to me had brought:

For oft, when on my couch I lie  
In vacant or in pensive mood,  
They flash upon that inward eye  
Which is the bliss of solitude;  
And then my heart with pleasure fills,  
And dances with the daffodils.

## Invitation

**SRI AUROBINDO**

With wind and the weather beating round me  
Up to the hill and the moorland I go.  
Who will come with me? Who will climb with me?  
Wade through the brook and tramp through the snow?

Not in the petty circle of cities  
Cramped by your doors and your walls I dwell;  
Over me God is blue in the welkin,  
Against me the wind and the storm rebel.

I sport with solitude here in my regions,  
Of misadventure have made me a friend.  
Who would live largely? Who would live freely?  
Here to the wind-swept uplands ascend.

I am the Lord of tempest and mountain,  
I am the Spirit of freedom and pride.  
Stark must he be and a kinsman to danger  
Who shares my kingdom and walks at my side.



*Odds & Ends (Continued)*

## “Nature” Is What We See

EMILY DICKINSON

“Nature” is what we see—  
The Hill—the Afternoon—  
Squirrel—Eclipse— the Bumble bee—  
Nay—Nature is Heaven—  
Nature is what we hear—  
The Bobolink—the Sea—  
Thunder—the Cricket—  
Nay—Nature is Harmony—  
Nature is what we know—  
Yet have no art to say—  
So impotent Our Wisdom is  
To her Simplicity.



Mystery plant – 2500' elevation in eastern Washington  
June 26



## Photographs

PHOTOS BY ANITA L. ELDER



Coastal manroot



## Odds & Ends (Continued)



Thistle



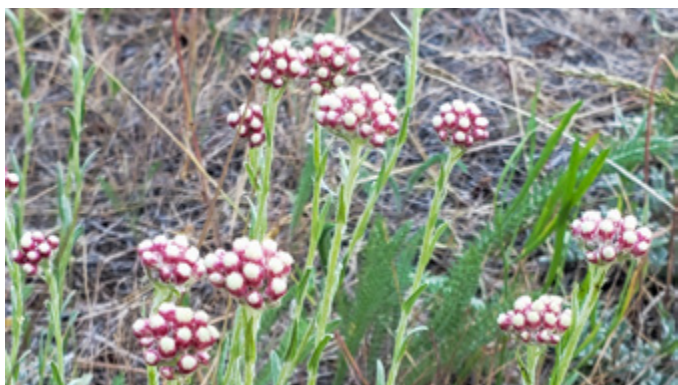
Foxglove close-up



Balsamroot at Table Mountain



Beautiful lupine at Table Mountain



Rosy pussy toes at Table Mountain



Sticky currant at Table Mountain





Gary Brill explaining how to identify flowers in the pea family by Anita Elder

## Seattle Naturalists Committee Officers and Subcommittee Chairs

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